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by Michelle Whitedove

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BOOK REVIEWS

White Spirit Animals  
By J. Zohara Meyerhoff Heronimus

The Intelligence of the Cosmos  
By Ervin Laszlo

The Angelic Origins of the Soul  
By Tricia McCannon

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FEATURES

The Key Subscriptions for Stress Related Emotional Imbalance and Attention Disorders  
By Brian Sheen

Cross the High Passes Within Yourself  
By Judy Satori

It’s Not Fat; It’s Fascia  
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White Spirit Animals
Prophets of Change
By J. Zohara Meyerhoff Hieronimus, D.H.L.
BEAR & COMPANY
Explores the powers and wisdom of sacred White Spirit Animals: the White Bear, White Lion, White Elephant, White Wolf, and White Buffalo and explains how to use shamanic dreaming and trans-species telepathy to communicate with these great spiritual teachers.
Combining sacred elder lore, science, and her own telepathic dreams, Zohara Hieronimus looks at the special role played by White Spirit Animals in spiritual traditions and prophecy around the globe, where they are seen as guardians of animal wisdom, each with a special purpose and gift. She reveals how they have collaborated with humanity since the last ice age, inspiring spiritual practices and conferring shamanistic powers, and are considered the stewards of the great spiritual transformations that occur during transitional times. Sharing the waking vision of White Spirit Animals that called her to write this book, and their message of CPR for the earth—conservation, preservation, and restoration—she explains how to use shamanic dreaming and trans-species telepathy to communicate with these great spiritual teachers.

The Intelligence Of The Cosmos
Why Are We Here?
New Answers From The Frontiers Of Science
By Ervin Laszlo
INNER TRADITIONS
Ervin Laszlo and his collaborators from the forefront of science, cosmology, and spirituality show how the re-discovery of who we are and why we are here integrates seamlessly with the wisdom traditions as well as with the new emerging worldview in the sciences, revealing a way forward for humanity on this planet. They explain how we have reached a point of critical incoherence and tell us that to save ourselves, our environment, and society, we need a critical mass of people to consciously evolve a new thinking. Offering a guidepost to orient this evolution, Laszlo examines the nature of consciousness in the universe, showing how our bodies and minds act as transmitters of consciousness from the intelligence of the cosmos and how understanding science’s new concept of the world enables us to re-discover our identity and our purpose in our world.
Laszlo outlines the new understanding of matter and mind coming to light at the cutting edge of physics and consciousness research and explains how we can evolve consciously, become connected with each other, and flourish on this planet. This book includes contributions from Maria Sagi, Kingsley L. Dennis, Emanuel Kuntzelman, Dawna Jones, Shamik Desai, Garry Jacobs, and John R. Audette.

The Angelic Origins Of The Soul
Discovering Your Divine Purpose
By Tricia McCannon
BEAR & COMPANY
Tricia McCannon explains the six stages of Soul Evolution and how to reawaken to higher vibrations, remember your Soul’s purpose, and embrace the joy and love that reside eternally at the core of your being. Trisha describes the many dimensions between the highest celestial realms and the lower Astral plane and the Genesis Matrix, our angelic place of origin and explains how to discover the angelic realms where the highest parts of yourself reside and become the catalyst for your own path of ascension.
McCannon shares stories from those who have returned from the Otherside, tales of revelation, temples of learning, and crystal cities of light. Presenting the great Course Curriculum of the Soul, the lessons we must master to complete our missions on Earth, the author shows that by remembering our divine essence we can move beyond conflict and struggle to embrace the love and joy that reside eternally at the core of our being.
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W

E ARE IN A CRISIS of epidemic proportions. The inability to focus, self-manage and maintain a balanced, happy and organized life is rampant. Our society has become mentally distracted, emotionally disconnected and physically obese. We are numbing ourselves with handfuls of medications, alcohol or recreational substances to reduce the stress and pain from being in a perpetual state of anxious arousal from keeping pace with the avalanche of information and social interaction. We spend two hundred and sixty billion dollars on prescription medications alone in our country, which doesn’t include over the counter drugs and black market recreational varieties. There are over one hundred million prescriptions written each year in our country for ADHD and antidepressants alone! We have become overmedicated, and under educated about the dangers these lifestyle choices are presenting. It’s time to step back and take a serious look at how we can take back control of our bodies and mind to live a healthy life without becoming dependent on our local pharmacist, bartender and drug dealer!

To do this, it is important to understand why this is happening. We are all too aware how we are constantly inundated by beeps, vibrations, and alerts from our smartphones and computers demanding we give our attention to the virtual world inside the flashing digital screens. Whirlpools of incessant information over demand we give our attention to the virtual world inside the mind to live a healthy life without becoming dependent on our local pharmacist, bartender and drug dealer!

Local developers have now become so effective with their ability to engage users and hook them into their games and social incentives, that people now receive bursts of the fight or flight hormones cortisol when a person spends too many minutes away from their phone! A handful of app developers are shaping our thoughts and feelings as they take control of our attention. Our society has been habituated for constant stimulation that prevents downtime and personal reflection creating a constant state of anxiety with all the adverse consequences this brings. This has gotten so far out of hand that many hear phantom vibrations even when their phone is shut off!

In effect, our phones are hijacking our attention by rewarding us with new followers, likes, tags and maintaining streaks. Our attention is being bulldozed by friends, followers and especially app developers who financially profit each time you use their apps. And there’s a serious cost to this because research has shown how every time we interrupt each other, it takes us about 23 minutes, on average, to refocus our attention.

Adding to this intrusion of our inner peace is, of course, the constant assault of 24/7 sensationalized news media bombarding us through our phone, computer and television (all readily available through our phone) of both “real” and “fake” news filled with international genuine and potential threats, disasters and acts of terrorism.

The quality of the information received, and the interpretation is given it determines if it ignites feelings of safety or threat, trust or betrayal, peace or frustration. Our interpretation instantly triggers our repressed memories of how we experienced similar information before either ignite feelings of pleasure or pain, hope or despair depending on how we coded this event and each of its elements. THIS is our challenge.

This is the primary understanding we all must learn; whatever we give our attention to and how we process it instantly accesses our inner pharmacy to initiate either a relaxation and pleasure response or a stressful and fear response. Our body’s cells are each surrounded with receptors that vibrate with the mental and emotional state we become absorbed in. New research suggests that our memories are contained within each cell’s receptors. These cells, in turn, create internal cellular substances to align themselves with the ones mental attitude and state. If our perceived experience is threatening in any way, real or imagined, our heart rate increases and breath becomes held as increased levels of adrenaline, cortisol and blood sugar amongst other inner pharmacy responses occur. If we perceive safety, peace or pleasure, our inner pharmacy fills a different prescription and gives your body serotonin, dopamine, and other feel-good endorphins.

Perhaps our highest purpose for living is to find an empowering way to live by developing personal mastery of the inner pharmacy prescriptions we send ourselves to maintain emotional wellness and intelligence, health and vitality.

Brian Sheen xxxxxxxxxxxxxxxxxxxxxxxxxx. he will be speaking at the NewLife Expo in New York City, October 27-29.
O YOU FEEL that there is knowledge, or a special purpose within you that is waiting to express...if you could just discover how to access it and how to get it out?

Recently I took a group of 22 people from several different countries on a 12 day journey to the remote province of Ladakh, in the high Himalayas of Northern India. Our purpose was to search for, and hopefully find, a more positive, capable and confident aspect of self.

Our spiritual guide on the journey was the Buddhist Goddess Tara, bodhisattva of love and compassion, who is usually known in her white or green Tara emanations. However, we were searching for a new aspect of Tara, a “Golden Tara”. As a conduit for spiritual energy and multidimensional information, I was told that Golden Tara would guide us into our future self.

Golden Tara’s presence may have been unseen, but her energy was certainly felt by everyone! From beginning to end we were put through our paces and forced by environment and energy to confront and break through many barriers of mind.

We crossed several very high mountain passes in Ladakh, one of which, the Khardung La Pass at an altitude of 17,581 feet, tested us physically and emotionally. But crossing high mountain passes was nothing when it came to crossing even higher mountains within ourselves, as limiting emotional blocks and old outmoded beliefs surfaced and then released. The journey was not for the faint hearted!

However, on the last day as we sipped masala chai under the apple trees of our Leh hotel garden, we all agreed that we had crossed a great divide within ourselves and had come to a place of clarity and renewed inspiration about our future path.

The inner changes we experienced with Golden Tara were so immense that as I write these words three weeks after leaving Ladakh I am still acclimating to the energy.

Fifteen years ago a very rapid energy language suddenly began to stream forth from my mouth. I had no idea that I would ever speak such language and I feel the same energy of change moving through me now. To give you some background: I have worked with Spirit as an energy conduit and channel for 20 years. During this time I have connected to and transmitted energy from ascended masters, angels and extraterrestrial races from this galaxy and beyond. I speak and transmit very rapid “Languages of Light”. These energy words create change within the body and mind and recalibrate energy. These transmissions are automatic and unrehearsed.

We are energy beings, spiritual beings having a physical, human experience. I have noticed over the years that when people are impacted by the sound and vibration of the energy languages they change in positive ways. Energy is affected by energy, which is the power behind the words that I speak and transmit.

I am told by Spirit that we are entering a time period on Earth of great change and positive evolutionary advancement.

From where we sit right now this prediction seems rather obtuse. Global climate change, hurricanes, floods, earthquakes and the persecution of many of the world’s people tend to nullify the good news.

However, this is the message from Spirit:

“Do you realize that you are so much more than you know yourself to be?

In the beginning of four cycles of Earth precession, approximately 100,000 years ago, energy words were spoken that allowed for the creation of a more upgraded species of life to be seeded on Earth. This is the human being. It required 100,000 years for all of Earth’s indigenous peoples to take the human star-seeded and God-created DNA into their existing genetic code.

“It is time to express your humanity in a more expanded and empowered way and to access your true human potential.

Earth itself has entered a new time and is throwing off karmic burdens and becoming recreated. What you see as decay and damage is only illusion. As the karmic dross of Earth is cleared and removed, so too will the physical body of Earth come to reflect a greater purity and radiance and be regenerated.

What is happening to Earth is also to be reflected within all of you in human form.

Karmic burdens and limitations are being cleared and removed. You are almost ready for advancement. The new energies coming to Earth require clarity of vibration within the body if they are to do their work of activating what is dormant within human DNA and allow for the true potential and capacity of human beings to come forth.

This new energy will begin to be felt in October and will come forth in New York City, as so much of what is new for the Earth is also incubated here. Trust and have faith in the journey you are embarked on. Just by reading these words you are being spiritually and humanly advanced.”

Judy Satori will lecture and hold events at the NewLife Expo in New York City, October 27-29. She will also be taking a group to Ladakh in 2018. Visit www.JudySatori.com for more information and to experience your own re-genesis when you listen to Judy’s free audio transmissions: “Opening to the New You,” “Breaking the Limitation Matrix,” “Golden Tara’s Transmission for Joy”.

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NE OF THE MEN I interviewed for this article had been a Navy Seal demolition expert. He wanted to build muscle as quickly as possible. He succeeded, and his legs, especially his thighs, became like steel posts. But the man also developed debilitating, non-stop pain in his legs. The official medical opinion (kudos to the doc who even knew about fascia at the time) was that his fascia had not grown as quickly as his muscles, and they were not stretched out sufficiently to adequately contain the musculature. The man’s body was not able to make the accommodation to the needs of his fascia, and he, ultimately, had to quit the Seals because of the near-constant pain.

Fascia is connective tissue that forms a latticework structure throughout the body, and it is the most prevalent tissue in the body. Fascia is what gives shape to us, and its function is to connect all bodily things to all other bodily things (organs, bones, veins, arteries, muscles). It’s everywhere and interfaces with all other bodily systems (muscular, circulatory, cardiovascular, nervous, digestive, immune).

We are born into, and develop from our fascia. Fascia is the very first group of cells that are formed in our journey from zygote to human. All of who we will become, and all of who we are presently, began in the womb with our first fascia.

Fascia happens to be the most pain sensitive tissue. If you are in pain anywhere in your body, it is likely that fascia that has become twisted and tangled is involved.

Besides pain, another symptom of tangled (unhappy) fascia is cellulite. Because cellulite has been traditionally thought of as a non-dangerous condition, it has not garnered much respect or interest within the medical community. Instead, the beauty industry has coopted the concern. The manifestation of cellulite is, indeed, an unsightly look of the skin—lumpy, dimply, dented skin, usually in the legs and buttocks. Contrary to medical thought on cellulite, though, it is by no means, an innocuous cosmetic condition. To the contrary, it reflects an underlying bodily disturbance that demands attention.

Women are, traditionally, the ones who care most about cellulite, because 90% of us look down at our legs and see it. Only 10% of men have cellulite. The reason for the discrepancy in gender stats has to do with the difference in how men and women’s connective tissue and fat cells are arranged. Fat cells in women are typically arranged vertically under the skin. When the tops of fat cells protrude through the connective tissue (fascia), the recognizable skin dimpling is caused. Fat cells in men, however, are usually arranged horizontally and lay flat against each other, without any bulging.

It has been commonly thought that excess or larger than usual fat cells are the problem in cellulite. Yet, any woman who has had even just a passing interest in cellulite has noticed, on any given beach, that thin women are just as likely to have cellulite as overweight women.

It is now understood that cellulite is a fascia problem, not a fat problem. And because men are more concerned with muscle strength and building, fascia pain may be an even more common problem with men.

**Why Sitting Is the New Smoking**

Sitting uses a small muscle called the psoas, also referred to as hip flexors. The psoas is located deep in the front of the hip, and it connects the legs, pelvic area, and abdomen. Without hip flexors, we would not be able to bend over, climb stairs, kick a ball, or walk.

We misuse our psoas most of all when we are sitting because sitting shortens our hip flexors, leading to tightening. Sitting also throws the body into the survival fight/flight mode. Because the hip flexors enable us to run away from a lion (or speeding car), they tighten when we sense we are in danger. Adrenalin is then released to give us a surge of energy to either run for our lives, or fight ‘till death do us part. Even though you may feel relaxed when you are sitting, or even drowsy, some parts of your Body/Brain system are wide awake, and in an intense state of fear specifically because of the position of your too-tight hip flexors. Sitting for long stretches of time every day, as many of us do during our workday, communicates to the Body/Brain that we are in constant danger.

Additionally, when we sit, our body goes into fat storage mode. Fat storage cells are distributed throughout the body, but they really love, most of all, being in the abdominal area. That’s why people who have too much fat (aka, overweight) accumulate fat in the mid-section, the abdomen. Then, if food suddenly disappears, there will be, at least, enough fat available within the body to be able to burn off some of that stored fat, and get some needed energy to continue living and moving.

Of course, if you’re not really in danger, and not starving for food, then the fat storage capacity of the body works against you, and you never get rid of the stored fat. Then, adrenaline (a stress hormone) keeps on surging, and our adrenals (which produce adrenaline) finally get too tired to continue functioning well. Our immune system responds in kind, too tired to continue the good fight. And it all goes downhill from there. All from sitting at that damned desk all day.

The best therapies to stretch and lengthen the fascia is Rolling, body Rolling and Cellusage. These treatments untangle hurt fascia and lessens fascia-related pain. It also reduces cellulite, gives a smoother look to the skin, increases blood flow, improves nerve activity, breaks down scar tissue, reduces vein appearance, stimulates detoxification, improves organ function, improves flexibility, inhibits pain, and improves over-all well-being.

*Dr. Jane Goldberg is a psychiatrist, author of eight books, and owner of La Casa Spa & Wellness Center, in both New York City and Peurto rico. She will be speaking at the NewLife Expo in New York City, October 27-29.*
EARLY TWO THOUSAND YEARS AGO in the ancient city of Alexandria the wise philosopher Plotinus declared, “humankind is poised midway between the gods and the beasts”. I think he got this right and I think modern neuro-science confirms it. We humans have an unconscious, primitive lower region of our brain, whose purpose was to insure our survival in a dangerous, brutal and hostile world. This old part of our brain evolved at a time when the environment was predator rich. Although predators are no longer lurking around every rock and tree, this ‘Stone-Age’ brain of ours still functions at an ever-vigilant capacity, and usually without our conscious knowledge or choice. In the modern world, continuing to live from a ‘lower brain’ center of gravity has devastating consequences. The primitive lower brains unconscious responses to life, halts our development into higher consciousness and stifles our potential for more creativity, insight and meaningful lives. We are continuously cycled back into a life of familiar (even if negative), thoughts, circumstances, relationships and environments, because to the lower brain, sameness equals safety.

In our 21st century lives these primitive lower brain survival mechanisms are at odds with the potential of our ‘higher self’, a potential that lies slumbering in our most newly emerged, yet largely dormant, higher brain. The higher human brain seeks creativity, change and growth, but below our conscious threshold the old lower - and still dominant - brain has its grip on our life. The unconscious lower brain reacts to the prospect of significant life change (even if positive) as though it were going headlong into the unknown, an unknown that may very well harbor dangerous predators. Thus the lower brain is ‘change adverse’ and always defaults to life strategies that would have kept us safe in a pre-modern, hostile, predator rich world. Safety, to put it simply, means ‘stay the same’.

So here we are, poised “midway between the gods and the beasts”, midway between the higher and the lower brain. Stuck. Seeing glimpses of our transcendence and yet always pulled back down into old familiar patterns. Are we destined to live in the lower brain states of fear, sameness, stress, anxiety and apathy, merely ‘sur-viving’? If so, why are we equipped with this largely dormant higher brain? Modern Neuroscience informs us that the higher human brain, particularly the ‘prefrontal cortex’ when energized is associated with intuition and insight, elevated emotional states and advanced states of consciousness, and yet, this remarkable capacity of our brain slumbers.

Our Higher Brain is largely silent, and as remarkable as that is, it appears as though it isn’t the only thing that slumbers in the human body. Perhaps you have heard of a ‘dormant energy’ in the body, an energy that’s awakening has been the subject of sacred doctrines since time immemorial. This quiescent energy has been known of for millennia and revered by ancient healing arts and wisdom traditions east and west. Sacred texts inform us that when this energy is activated it flows along pathways in the body, positively impacting health, wellbeing and expanding consciousness. Imagine what changes await us if this energy were better understood and could be consistently mobilized and cultivated as an ‘activation energy’ for the Higher Brain. What if, bear with me here; this energy source in the body had actually evolved concurrent with the new higher brain structures and was part of a circuit that could bring much needed fuel to evolutions most advanced accomplishment, the higher human brain? What if, however, the arresting pull of the lower brain had never quite loosened its grip enough so that this sublime energy could come ‘on-line’, complete its circuit to the higher brain and bring to life the revolutionary potential locked within the highest aspects of our central nervous systems?

Imagine a world where the lower brain would still be available to protect us if needed, but the brain’s ‘command center’ would shift to the higher more recently evolved new brain. This highest part of the brain would awaken in all of humanity and the associated higher states of consciousness could be directed towards all areas of life. Could joy, purpose, passion and meaning, become our new baseline in life? Even enlightenment? Could we create heaven on earth? I believe we can. If a ‘significant minority’ commit to this shift from the lower stress brain to the higher enlightened brain and learn to live from this new awakened state, influence spreads beyond that significant minority and the ultimate result could only be a beautiful new world for all of us.

Roland Thomas xxxxxxxxxxxxxxxxxxxxx. He will be speaking at the NewLife Expo in New York City, October 27-29.
Have you ever heard the old saying “Cleanliness is next to Godliness”? Well it's true, but this reference is not merely about hygiene. Purity of body, mind, and spirit is an
important element to get through tough times. Too often people can become tainted by their environment, which in turn, affects your being on a physical, mental and spiritual level. Your home and workspace is an important aspect of life while on the physical plane.

Since the beginning of time, prayer ceremonies have been used to transmute negative energy. Many religions believe that it’s important to bless your home, to clear any negativity, cleanse the space, bless it and protect your personal environment. I would suggest that you not only do some domestic cleaning but follow up with a spiritual cleansing too. Consider a clearing and blessing to remove any negativity and bring in the light. This will raise the vibration of your surroundings with the added bonus of protection so that you can spiritually thrive.

**STEP 1**

**Prayer & Meditation**

Say a Prayer to God and Archangel Michael with faith, sincerity, and with a pure intent. Tell God what you are trying to accomplish, be specific. With certainty give thanks for their help in clearing negative and residue energies. Meditate and listen for answers and messages as you pray. Light a red candle for Archangel Michael, who is the protector of the physical body and your soul. (Do not blow out the candle, let it burn out. Be sure to use a fireproof vessel) Petition Archangel Michael to protect your family members and yourself. Feel free to use a personal power object, a rosary, Star of David, or four directions cross that has sacred meaning for you.

**STEP 2**

**Cleansing & Smudging**

First smudge yourself. Then as you move into each room, pray and meditate with faith and certainty, and begin to smudge each room with sacred smoke in a clockwise direction. Smudge with white sage and cedar. What is Smudging? In a fire proof burning bowl, (use a natural sea shell) light the sage on fire, as soon as it starts burning, add the cedar then gently blow out the fire. Smudging is cleansing the area with sacred smoke. It’s not a fire; it is the smoldering of smoke. Blow on the glowing embers or fan with a feather to create constant smoke.

**STEP 3**

**Blessing**

Give thanks and bless each room with Holy Water. Sprinkle water in the sign of the four directions. Did you know that Archangels are in charge of the four directions?

**STEP 4**

**Protecting the Space**

With prayers to God and Archangel Michael, put a drop of the Dragons blood oil on your finger and draw a small cross on EVERY window and door, in each room. Dragons Blood is strong protective oil made from the sap (tree blood) of the Dragon palm tree. You can get this at your local New Age store.

**STEP 5**

**Sealing the Space**

Give Prayers of thanks as you seal the space. With Kosher salt or natural sea salt, seal the space by pouring a small mound of salt in all four corners of each room. Then connect the corners with a line of salt below your baseboard, complete by drawing a line across each doorway. For extra protection: take a box of salt or two outside and put your home in a circle of salt by walking around the perimeter. Never remove the salt since it evaporates naturally.

After this prayerful ceremony, know that you have consecrated your sacred space by giving it to Father/Mother/God. You will be able to feel a difference. There will be shift to a positive vibration of love and God’s protective light.

Celebrity psychic Michelle White dove is a world-class medium whose mission is to empower humanity as a spiritual teacher and visionary. As an author and expert Whitedove has been featured on HBO, Bravo, Lifetime and PBS-TV. She will be speaking at the New Life Expo in New York city, October 27-29. www.MichelleWhitedove.com
MILLENNIA AGO, enlightened sages, through the help of Lord Shiva, gained the power of clairvoyance. These Maharishis used their divine powers to look into the future and predict the lives and fates of millions of people. Their insights were put down on dried Palm Leaves and have been utilized by Indians throughout history helping them find their destiny and overcome past karma.

These Great Saints predicted that western society would be in desperate need of their help and support at our present time. And now that it has finally found its way to the west, there is a simple way for you to tap into this powerful wisdom from the comfort of your home.

It is a very easy 3-step process to get those answers:

1. SEARCH
   
   THE KEY PERSON is the Reader. He has the knowledge to help find and interpret your Palm Leaf. All a Reader would need in order to start the search for your Palm Leaf is a clear impression of your thumbprint. Each thumbprint carries certain characteristics, which helps locate the bundle in which your Palm Leaf might be. (Similar souls = Palm Leaves travel together in bundles).

2. MATCHING
   
   IF A BUNDLE, which might contain your individual Palm Leaf, was found, then the so-called matching process starts.

   In this process the Reader goes through the leaves of the bundle one by one in order to find your matching leaf. He reads statements that are either correct or not correct. For example: you have kids. Or, you are married. These are not questions but statements as each Palm Leaf represents a soul. And if a statement is incorrect then this is not your Palm Leaf. If all statements are correct, then indeed your matching Palm Leaf was found. But as soon as a statement is incorrect, then he moves on to the next Palm Leaf in the bundle.

   I can assure you that you will know that the Reader has found your exact Palm Leaf as it will have very detailed information about you:

   e.g., your correct DOB, your first name, your parents’ names, and other major life events that you can verify. It is quite an overwhelming experience that all of this can be determined by only knowing your thumbprint.

3. READING
   
   THIS FINAL PART deals with your life; from the moment you get the reading until the end of your life.

   The reading is based on one’s karmic past as well as on star constellations and unveils information about your future in blocks of 2-5 years. It contains information about relationships, career, health, your children and overall life’s trajectory.

   The Palm Leaf is written in a way to help you gain deeper understanding of your situation and to provide you with guidance so that you can make sense of what is going on in your life, without creating pressure where you would feel trapped and forced to take a specific road.

   If the Reading shows challenging or unwanted circumstances in your future, such as relationship issues or health problems, it would then also provide you with remedies, so called poojas. These poojas can be seen as some sort of a homework where you are being asked to do certain things, such as daily meditation, some donations, or helping people in one way or another. And if you do the poojas as prescribed in your Palm Leaf, then the impact of the challenge can be diminished or even erased altogether.

   Your Palm Leaf will also tell you how you can clean your karma once and for all.

   You could be 18 or 88; there is no age limit to see if there is a Palm Leaf written for you.

   In conclusion, if you feel that you are at a major crossroad of your life or that you are being faced with a big challenge and you need a deeper understanding of your situation and/or some guidance in making a decision then I can highly recommend you to search for your Palm Leaf.

   For more information please visit us at www.indianpalmleafreading.com. Dr. Q Moayad is Co-founder of Indian Palm Leaf Reading Institute. For information, contact him at info@indianpalmleafreading.com. Dr. Moayad will be speaking at the NewLife Expo in New York City, October 27-29.