Sifu Matthew's
Answer to
Aches and Pains

The Power of Leptin
to Transform Your
Body, Looks and Life

Mandatory Vaccines:
Are They Scientific?

Samasati:
A Costa Rican Sanctuary
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Hello NEWLIFERS,
Welcome to our awesome issue which combines NEWLIFE Magazine with the NEWLIFE HEALTH, WELLNESS, YOGA, RAW FOOD EXPO Magazine so you can have one double issue where you can not only see what is happening in the expo at the Hotel Pennsylvania on 7th Avenue & 33rd Street on Saturday, June 11, from 10am-9pm, but also read articles from and about some of our keynote speakers. Sifu Matthew is back again this year all weekend at the expo and his article explains how by changing your frequency you can change your life. After reading his article you will be lining up to see him at the expo.

If you haven't experienced Kat James yet, read her article and learn how by managing the foods you eat which will enhance the hormone leptin in your body, your pounds and neuroses will melt away and then visit her at the NEWLIFE EXPO to learn more.

So join us at the NEWLIFE EXPO on June 11 and meet these exciting speakers and over 50 others, enjoy the exhibitors, lectures, classes, panels and natural food for a day that will change your life. Please bring a friend and help make this NEWLIFE EXPO the most awesome expo ever.

Dr. Robert Sorge's article will enlighten you about how the government is making us take vaccinations even if it is against our will or religious beliefs.

Our reviews on books to read, music to listen to and places to visit should keep you buy for the whole summer. After you visit Samasati in Costa Rica, even though you many never come back home. But please do so and visit us at our fall expo is October 21-23. So mark your calendar now for a weekend you will remember forever.

And remember,,,,, It's a NEWLIFE !!!!!!!
Om Sholom,

MARK BECKER
Cosmic Connections Live
By Deva Premal & Miten with Manose
WHITE SWAN RECORDS/PRABHU MUSIC
www.devalpremalmiten.com

If you’ve ever attended a concert with devotional music superstars Deva Premal & Miten, you know: it’s like going on a magic carpet ride. The duo’s new album, Cosmic Connections Live, gives yoga practitioners, meditators, and music lovers an opportunity to experience the transcendent energy of Deva Premal & Miten’s live concerts anywhere, and anytime.

Recorded during the duo’s 2014-2015 world tour with their longtime collaborator, Manose, Cosmic Connections Live begins and ends with Deva Premal’s haunting rendition of the auspicious mantra Om; it frames the album’s journey into mystic realms. Eight live tracks including ancient mantras chanted in the Buddhist and Hindu traditions (lovingly lead by Deva Premal) and moving ballads by longtime singer-songwriter Miten (who has toured with Fleetwood Mac and Lou Reed). His one-of-a-kind lyrics about surrender, gratitude, and treading lightly on the earth are delivered with heartfelt presence and a Bob Dylan flair.

Most of these songs are embedded in East-West fusion soundscapes that soar on luminous notes of the bansuri (courtesy of Nepalese maestro Manose). Multi-instrumentalist Joby Baker (whose production credits include the Cowboy Junkies and Tony Childs) lends backup vocal, bass, and percussion to the mix, and British musician Spencer Cozens plays piano and keyboards. The effect is magical.

The songs on Cosmic Connections Live are remarkably intimate, even when they’ve been recorded with audiences of 3000 people. If you feel inspired, you can “Om” along with the audience during the last live song. And don’t forget to listen to the trippy bonus track: a studio rendition of “Om Mantra (The Cosmic Yes).”

As Deva Premal & Miten explain, “These mantras, or ancient sound healing formulas from India... are an invitation to create a space of inner peace in this troubled world. A bridge to a Cosmic Connection.” And that says it all.

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Dr. Efron attended Tufts University School of Dentistry School of Dental Medicine and has been practicing Holistic Dentistry for 10 years. Patients will be able to ask the right questions and get the answers they need when it comes to planning their treatment. Topics that will be covered include – when it is time for a filling what is the best treatment? Gum disease diagnosis/prevention. Non surgical gum treatment, filling materials, root canals.

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IN ORDER TO SAVE YOUR HEALTH, YOU MUST SAVE YOUR TEETH
Healthier Dentistry

VISIT DR. SHVARTSMAN AT THE NEWLIFE EXPO IN NYC, JUNE 11

In just a few short months, The Center for Healthier Dentistry will open its doors in Smithtown. The purpose of this new state of the art dental office is to provide dentistry in a way that is healthier, painless, and minimally invasive.

Incredible improvements in technology, materials and techniques have revolutionized dental care in the past 20 years. Unfortunately, due increasingly lower insurance reimbursement rates not many dentists are able to afford to upgrade their offices. Corporate dentistry is taking over the dental field; dental clinics providing quick, “fast-food” dentistry are spring up lowering customer service and cheapening the quality of care, treating you as a number.

To make matters worse, every dental school teaches and most dentists practice dentistry based on the techniques and concepts developed in the early 1800’s. Most of which have not changed much in the past two centuries. Teeth are still drilled down to nubs for crowns as if they were little white rocks. Metal fillings that crack teeth are still widely used and recommended. Toxic materials such as nickel in crowns and braces, mercury and Bisphenol-A in fillings, cadmium in dentures, formocresol and Clorox bleach in root canals are just some of the materials that are commonly used today in most dental offices.

The Center for Healthier Dentistry in Smithtown follows a health and comfort focused integrative approach to dental care, fusing state of the art technology with a more natural approach to oral health, while maintaining a high level of customer service and care. Dr. Alex Shvartsman is not only a dentist, he is also a Naturopathic Physician, whose passion for dentistry and quest for health has led him to develop a healthier approach to modern dental care.

Today there is a growing awareness by the public about how the food, medications and toxins affect our health. It is time we all educated ourselves and became our own health care advocates. The Center for Healthier Dentistry welcomes patients that question, inquire and want more information.

People are living longer, and in the future as health care changes, we will be living well into our hundreds and our teeth have to last us longer than any time in human history. This is why keeping our teeth for a lifetime is becoming more of a challenge. The old fashioned destructive approach of shaving teeth down to nubs for crowns, drilling away healthy parts of teeth to place mercury fillings are highly tooth destructive and can significantly reduce the tooth’s and your survival. That is why all dentists at The Center for Healthier Dentistry are trained in Biomimetic Dentistry, which is a modern revolutionary approach to minimally invasive tooth reconstruction, where the materials used mimic the natural tooth.

The staff is made up of friendly, happy people who take pleasure in helping others. A team of dentists and specialists has been brought together to provide healthier dental care for all of your dental needs. We welcome you to visit our website www.healthierdentistry.com or our office and learn more about our healthier approach to dental care.
BOOK REVIEWS

By Carl Johan Calleman
BEAR & COMPANY
www.innertraditions.com

This awesome book explains how our brains receive consciousness from the global mind, which upgrades human consciousness according to a preset divine time frame.

Carl reveals how the Mayan Calendar provides a blueprint for these consciousness downloads throughout history. He examines the mind shift in humans and the development of pyramids and civilization in ancient Egypt, Sumer, South America, and Asia beginning in 3115 BCE.

He explains how each culture in the history of civilization can be tied to the arising of one concept in the human mind: straight lines. Straight and perpendicular lines are not found in nature, so where did they come from? What shift in consciousness occurred around the globe that triggered the start of rectangular building methods and linear organization as well as written language, pyramid construction, mathematics, and art?

Offering a detailed answer to this question, Carl Calleman explores the quantum evolution of the global mind and its holographic resonance with the human mind and examines how our brains are not thinking machines but individual receivers of consciousness from the global mind, which creates holographic downloads to adjust human consciousness to new cosmological circumstances. He explains how the Mayan Calendar provides a blueprint for these downloads throughout history and how the global mind, rather than the individual, has the power to make civilizations rise and fall.

Templar Sanctuaries of North America
By William F. Mann & Scott F. Wolter
BEAR & COMPANY
www.innertraditions.com

Drawing on his access as Grand Archivist of the Knights Templar of Canada and his own role as a descendant of both Sinclair and the Anishinabe/Algonquin tribe, William Mann examines new evidence of the Knights Templar in the New World long before Columbus and their mission to protect the Holy Bloodline of Jesus and Mary Magdalene. He reveals the secret settlements they built as they moved westward across the vast wilderness of North America, evading the European Church and Royal Houses. He explains how the Templars found refuge in the Sacred Medicine Lodges of the Algonquins, whose ceremonies and rituals bear striking resemblance to the initiations of Freemasonry. He reveals the strategic intermarriages that took place between the Natives and the Templars, furthering the Holy Bloodline and continuing the lineage of blood-guardsians. The author explores how Sinclair’s journey from Nova Scotia across America also served to reactivate the sacred rose lines of North America through the building of “rose castles” and monuments, including the Newport Tower and the Kensington Rune Stone. Pinpointing the exact location of the Templar treasure still hidden in North America, the author also reveals the search for Templar sanctuaries to be the chief motivation behind the Lewis and Clark expedition and the murder of Meriwether Lewis.

Zecharia Sitchin and the Extraterrestrial Origins of Humanity
By M.J. Evans
BEAR & COMPANY
www.innertraditions.com

This new book of Zecharia Sitchin may be the best. Known for his provocative interpretations of ancient Sumerian and Akkadian clay tablets, Zecharia Sitchin (1920-2010) read the words of our most ancient ancestors as fact and, through decades of meticulous research, showed that these ancient tablets revealed a coherent narrative about the extraterrestrial inhabitants of Earth and the origins of modern humanity.

Drawing upon her many conversations with Zecharia Sitchin over nearly 20 years, M. J. Evans, Ph.D., longtime Sitchin friend and colleague, provides an in-depth analysis of Sitchin’s revelations about the Anunnaki, focusing on Anunnaki activities on Earth and Earth’s future. She explores the genesis of Sitchin’s interest in the Nefilim, the leaders of the Anunnaki, and the controversy caused by the publication of Sitchin’s first book, The 12th Planet. She examines Sitchin’s research into the Nefilim family tree, the Anunnaki arrival on Earth to mine gold to profit from the rise of modern humans as workers for their mines and to build their civilization on Earth. She shows how, in the context of 21st-century technological capabilities, Sitchin’s work casts a different light on ancient events, with implications for our future. The author reveals the details of the love and lust proclivities of the Nefilim gods Anu, Enil, and Enki and the goddess Ishtar/Inanna and shows how we inherited these tendencies from our Anunnaki creators as well as their use of war for problem solving.

Concluding with an examination of Sitchin’s prediction of a nuclear event on Earth in 2024 AD, she shows how we would be repeating the aggressive warlike behaviors of our Anunnaki creators, who may very well become our saviors when Nibiru next returns to our solar system.
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VISIT DR. LANE AT THE NEWLIFE EXPO IN NYC, JUNE 11
The Power of Leptin to Transform Your Body, Looks and Life

By Kat James

As of this writing, over 8000 studies on the “master hormone” leptin have shown how leptin regulates immunity, hormonal, metabolic, digestive, skin, and neurological issues, heals addiction, and more. So why haven’t you heard about it?

Only a low-carb, high-fat diet can result in proper leptin functioning in the body, which literally triggers the body to use fat as its primary fuel instead of sugar. Most people reading this, even if you don’t eat sugar per se, are still running primarily on sugar (whole grains, vegetable juices, and countless other surprising foods rapidly turn into sugar). When people cut down on sugar they tend to increase protein rather than fat and that’s where they miss the boat in terms of recovering leptin function. Think of insulin resistance. Leptin resistance is a result of the same dietary choices that cause insulin resistance and diabetes. Eating more fat doesn’t mean eating tons of fat, since once you “flip” in to fat burning your appetite plummets. This was a shock to me when it happened to me in spite of my raging eating disorder back in 1990 (four years before the hormone was even discovered).

While the science on leptin is conclusive, the practical dietary guidelines among leptin researchers and authors, including myself, is a new frontier, and vary greatly. Most of the experts understand that high fat is key, but how low the carbs must go is varied among individuals and controversial. From my perspective of seventeen years of hands-on, retreat-based human observation over five-day periods —something no one else has done—I see insulin resistance, leptin resistance is a result of the same dietary choices that cause insulin resistance and diabetes. Eating more fat (as peanut butter, fasting (works in some but not in most), most fruits, alcohol, juicing (even vegetable) and even less obvious caveats like too much protein or large portions of cooked vegetables, tinctures, coffee (and substitutes) and other surprising ‘deal-breakers’ that just don’t allow what I call the “flip” into that miraculous cravings-free, fat-burning state.

Popular new diets, such as low-glycemic, gluten-free, and ‘Paleo’ are certainly improvements over the Standard American Diet (SAD), or anything low-fat but are still full of “loophole foods” that are invariably abused by the more food- or metabolically-challenged people who are most vulnerable to, and affected by them. The athletic or naturally-slim experts don’t tend to acknowledge where peoples’ thresholds differ. People with diabetes or obesity in their family history, for example, will have a lower threshold for having their blood sugar spiked by the same food, for example, which stops proper leptin functioning. Even ketogenic diets generally fall short of optimizing leptin function, due to excess protein intake, which, again, spikes blood sugar, among other health hazards. Real life practice is very different than just knowing the science. And the guidelines must be individualized. A good and bad food list won’t work here. Of course grains and starchy foods and vegetables and sweet fruits are out, but the above deal-breakers give you an idea of how much further the metabolically-challenged people need to go. And when you’ve succeeded you’ll feel that “flip” where cravings and appetite virtually vanish along with swelling, inflammation, and for most, cloudy thinking. Energy evens out and sleep deepens. Usually right away if done correctly.

In fact, this “master hormone” secreted by every human’s white fat cells, has proven, dramatic impact on thyroid, sex hormone balance, mental clarity, weight, tissue healing and inflammation of all kinds, ADHD, fertility, energy, digestive, mood, skin, allergies, or other issues, as a quick Pubmed search on it will show you. Without functioning leptin (and very few in this country have functioning leptin) all of these issues are predisposed to progress in the wrong direction.

Not surprising to me was the discovery of leptin’s impact on eating disorders and all addictions, via its balancing effects on dopamine pathways and ability to grow the cerebral cortex (our self-control center). Or its ability to balance the parasympathetic and sympathetic nervous systems, explaining why most people who re-sensitize to it describe a sudden clear-headedness and calmness. Its immune-modulating effects explained why my autoimmune thyroid and skin problems cleared up and why so many quickly lose their food sensitivities—even to dairy. Leptin even frees up testosterone, improving muscle to fat ratio independent of exercise as well as libido, in both men and women.

You have to wonder why so few hear of this hormone whose recovered function could make every blockbuster drug obsolete and everyone’s food consumption and doctor bills plummet. And no, you can’t take a leptin pill. Maybe that’s why we haven’t heard much about leptin.

Kat James is an award-winning author, nutritional pioneer, and syndicated radio host who transformed herself beyond recognition after autoimmune, liver, and eating disorders nearly took her life. Called a “master of self-transformation” by SELF magazine, her original Total Transformation® regimen is now recommended by doctors around the world and has been featured in hundreds of radio, magazine and TV interviews. Learn more at www.InformedBeauty.com. Visit Kat James at the NEWLIFE EXPO in New York City, June 11.
CRIMINAL MAL-PRACTICE IS LEGAL!

Mandatory Vaccinations: Are They Scientific? Are They Really Safe?

By Robert H. Sorge, N.D., Ph.D.
DOCTOR OF NATUROPATHIC MEDICINE SINCE 1964

California now leads the nation when it comes to vaccines – all childhood vaccines are now mandated for all kids to get into school whether public or private – a direct form of medical tyranny. Not yet satisfied, vaccine makers are now hot to get lots more vaccines mandated via legislation. The latest is that anyone working around children or in health facilities must be fully vaccinated. And there will be lots more legislation coming up to mandate lots more vaccines.

This was pushed on the unwary public using the usual lies, fear-mongering, and half-truths… that all vaccines are safe and effective, that anyone who does not vaccinate their child is putting other children at risk, and that a high percentage of the public must be vaccinated to maintain the health of everyone else – the disproven herd immunity theory.

And the vaccine makers cannot legally be held responsible for any damage caused by these safe and effective vaccines. Instead, if you are damaged, you must present your case via a specialized lawyer to the National Vaccine Injury Compensation Program created by Congress to let vaccine makers off the financial hook. If you are lucky enough to get this far, you will be steered to the U.S. Court of Federal claims (aka the vaccine court).

If you make it this far you are up against professional medical lawyers, no court of your peers, and costs and time that would derail just about anyone. But since – according to the CDC, FDA, and all other medical and governmental agencies – vaccines are supposed to be safe, the Claims court shouldn’t even be needed and should rarely, if ever, pay any claims for vaccine damage. Right?

NOT-SO-SAFE “SAFE” VACCINES

Well, according to the HRSA – a division of the U.S. Department of Health and Human Services that published Statistics Reports for the period ending September 3, 2013 – the data proves that vaccines indeed do damage and kill. The U.S. Court of Federal Claims (aka the vaccine court) paid out $2,569,336,538.59 for compensable claims and $104,202,681.85 for attorneys’ fees representing those claims. The court also paid another round of attorneys’ fees totaling $56,375,431.34 for dismissed claims, plus $15,190,454.29 for interim attorneys’ fees.

Read those numbers again. They are in the billions and millions of dollars – for safe vaccines! And those payments were made by a court that is difficult to even get to, where it is nearly impossible to win (if you drop dead or suffer irreversible neurological damage within an hour of your shot, you might have a chance), and a court that just about no one damaged by vaccines even knows exists. And of yes, those billions of dollars – representing a tiny fraction of the real damage – were paid out by you and me. The vaccine makers paid nothing… not one penny! So much for completely safe and effective.

No doubt about it, we’ve got the best politicians money can buy!
THE ANSWER to ACHES & PAINS

By Sifu Matthew

Is pain controlling your life? Have you injured yourself through sports, dancing, yoga, or simply sitting improperly and have not been able to get into your healing groove? If you have tried many forms of rehab and have not been able to heal, there are reasons why and when you know them you can begin to heal quite quickly.

Growing up, I was involved in many forms of competitive sports. Through overdoing it in my early teens and twenties, I accumulated a list of injuries that literally left my bones and joints in a position that was called beyond repair by X rays and MRI’s. I was hit by a car, fell off porches and ruptured organs and broke bones in so many places there was no room to lay pins! That's only a fraction of my list. By the time I was in my late 20’s I was in constant discomfort and pain, almost all of the time. I tried many modalities but never got anything to stick for me. My body did not heal until I engaged the fundamental healing forces within and around my body that I discovered through the precise science of the Martial Arts. Now I do not have pain. Years of injuries and internal disturbances are gone!

I have not only healed myself but have been able to transfer my wisdom and system of Martial Arts of Wellness to healing numerous others.

THE KEY TO HEALING

Disease at a fundamental level, that means all imbalances, including sore hips, torn knees, immune disorders and nervous system problems, they are a problem with your electromagnetism.

Your body at its core is an electromagnetic generator that requires constant fuel and motion through absorbing new elements and minerals that ensure proper integration and motion. When the body stops healing or absorbing and stays in pain as its resting state you are no longer capable of receiving new forces. In this troubled state the body will only reshape itself by healing its core electromagnetism and attracting the elements it needs to literally move you through the condition.

INTRODUCING NEW ELEMENTS

It is not enough to take supplements, Iv’s, colonics or even physical therapy and strength conditioning. You must engage and replenish the electromagnetic forces directly that are responsible for the repair of the body. Without them the body never really finds its stability zone for healing because it cannot ground itself to make a connection to its healing forces.

These forces are the movers and shakers of all parts of nature and can be engaged through precise postures and proper directions that stimulate the body’s signaling and polarity needed to interact with the healing forces for rapid repair. These forces, known as elements carry the minerals and particles your body needs to move it out of pain. They can be stimulated and absorbed directly through the Martial Arts of Wellness. They are the answer for aches, pains and injuries.

Sifu Matthews, founder of the Martial Arts of Wellness, is a King Fu Sifu (Master) and wellness facilitator. See Sifu Matthews at the NEWLIFE EXPO in New York City, June 11.
Whether you want an authentic travel experience, are on a healing quest, or seeking a deeper understanding of yourself and the natural world, Samasati is the perfect destination for your journey.

The visitors who come to Samasati, come for more than just a place to retreat. They come for an awakening of the senses and a healing of the mind, body, and spirit. At Samasati’s 250 acre rainforest sanctuary, the majestic beauty of Mother Nature has no demands; yet, like a calming mandala, she draws attention to her serenity. She silences the constant ‘thought-chatter’ in the mind and allows for one to take a break from the craziness of our noisy world. When visiting this magical place, your whole being relaxes as you expand into the natural landscape and begin to feel at one with all things.

When one books a stay, there is opportunity to live within one of the most bio-diverse ecosystems on Earth without hiring a mule, sherpa or having to machete your way through the jungle. You’ll find a true eco-therapy experience - studies have shown that nature immersion reduces stress hormones and pain, improves blood pressure, increases the activity of cancer-fighting cells, improves sleep patterns, and elevates energy levels.

Samasati does not sit on the main strip, nor is it near any city; it’s perched 1400 feet high above sea level overlooking the Caribbean Sea and requires a 4X4 vehicle for entry. There’s something indescribably special about coming into contact with the wilderness here. Being among this incredibly stunning eco-system, you realize you belong to a rich and intricate network within the web of life. It literally sits off the beaten path - yet provides you with the comfort and convenience of a modern Eco-lodge. Including an open air restaurant with delicious vegetarian and Costa Caribbean cuisine, A Healing House that offers a variety of blissful therapies, An outdoor Jacuzzi, An Infinity Deck overlooking the Jungle & Caribbean Sea, Accessible jungle trails on our private 250 acres biological preserve, Two meditation/yoga studios (yoga classes offered), Beach transportation.

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Each of these elements is integrated harmoniously into the Rainforest and is designed to reinforce your connection to nature. There are no air conditioners here, but the Rainforest regulates the temperature naturally; the screened ventilation in your accommodation lets you breathe clean, natural air; there are no TVs on the property but wifi is available at the restaurant and lounge areas. Below the Eco-lodge and Retreat Center lies more to discover, the lively beach town of Puerto Viejo, known for its Afro-Caribbean indigenous flavor, laid back vibes, and healthy living. People who prefer to travel off the beaten path are drawn here to celebrate life and enjoy an authentic travel experience. Puerto Viejo has become a preferred destination for travelers due to its rich culture, stunning Caribbean beaches, tropical flora, abundant wildlife and its proximity to national parks. The region attracts an international crowd of nature lovers, foodies, yogis, surfers, artists, teachers, entrepreneurs, adventure seekers, and solo travelers. Puerto Viejo is not a typical tourist destination and provides a unique experience for the following reasons:

There are no Fast food chains. However, you’ll find some of the most delicious Caribbean dishes found in Costa Rica. Many restaurants offer veggie, vegan, and gluten free options. Generally, the locals try to live a conscious lifestyle including a healthy diet, so finding these items in many restaurants is easy. Riding a beach cruiser bike is the easiest and most chosen way to get around in Puerto Viejo. You can rent a bike in town around 6 USD/day, with weekly or monthly options available. The region has some of the most beautiful beaches found in the Caribbean. The beaches are peaceful and quiet most days and feel secluded with the surrounding jungle. Adventures are found around every corner in this region of Costa Rica. Water activities include kayaking, rafting, paddle boarding, snorkeling, surfing, and scuba diving. Zip lining, wildlife sanctuaries, and nature parks are a short drive from Samasati. The area is culturally rich and a variety of tour experiences with the local indigenous tribes in their forest villages are offered. Call 800-563-9643 or find out more at the newLife Expo in New York City, June 11.
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I've been in private practice since 1988 with current offices on Manhattan's, Upper West Side and in Nassau County, Long Island. I am a Doctor of Clinical Psychology, a NYS Licensed Mental Health Counselor and a Certified Bioenergetic Therapist. The integration of my extensive performing arts background with my clinical training and years of experience has deepened my understanding of human expression enabling me to help others find resolution and healing for a broad range of problems.

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Optimal Fruits and Veggie plus is a highly potent antioxidant and phytonutrient rich powder available. We start with 24 raw organic pesticide, chemical free fruits, vegetables and herbs, sources from 15 different countries, freeze dried then ground into a powder and combined together. Blended in a great tasting easy to mix formula Fruits & Veggie plus reduces systemic inflammation in organs and tissue throughout the body. This amazing powder also neutralizes all 5 free radicals that cause over 60 known disease. It’s a extremely potent Anti-aging drink that reduces oxidation damage cause by environmental pollutant and daily stress. It also reduce and prevents: glyca- tion, inflammation, stress and heart disease. One serving of Optimal Fruits and Veggies plus has over 13 times the antioxidant potency the average American gets per day with over 20,000 antioxidant units per 15 gram serving and contains only 5 grams of organic sugar. Go to www.MHFL.com for more information or call to placed and order 646 320-8999, 227 Mulberry Street New York, NY 10012

Abunda Life Medical Nutritional Testing Clinic
208 Third Ave. Asbury Park, NJ 07712
(Sips to the Ocean and NYC bus stop)
Call for Free Phone Consultation: 732-776-7757
Or pre-recorded information message
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Colonic Irrigation at its finest, disposable apparatus, triple-filtered hyperactive oxygenated water; Kiva process, a new method that biologically cleans for greater detoxification and purified through ultraviolet sterilization.

Intestinal cleansing may eliminate years of accumulated toxic wastes and stop the unnecessary recycling of poisons that build up in the large intestine. Diluting toxic load may reduce stress on the liver, allowing greater functioning of the eliminating organs. The quality of water used is particularly important in this process. It is Kiva processed to become soft and carries balanced electrolytes in conjunction with negative ions. The pH is balanced into a more natural state.

Clean — Safe — Painless
• Nutritional Counseling
• Candida Diet
• Ear Candling
• Parasite Cleansing
• Gluten Intolerance
• Oxygenated Steam Sauna • State of the Art Hyperactive

Mention NewLife and get $50 Off your first Dental Treatment, including periodontal (gums) and oral cancer screening. My patients receive very high quality service and the most affordable fees in NYC. I have 20 years of experience and can help you to save your natural teeth. I’m an accredited Member of the International Academy of Oral Medicine and Toxicology.

My patients enjoy a warm and friendly environment, where they can easily discuss their oral health concerns. I take the time to explain WHHY treatment is needed and use a special camera to SHOW it to the patient!

I experienced with patients who are very nervous and can quickly help them become more comfortable. I receive many referrals from friends and family of delighted patients, after receiving treatment at my office. I truly offer a personalized approach, where you are not just a number.

In addition to being a “mercury-free” and “mercury-safe” office, I believe in the use of hypol allergenic and non-carcinogenic materials. I follow the Dr. Hal Huggins Protocol, including nutritional and detoxification support.

My practice offers a clean and modern setting, offering many advanced services in addition to Holistic dentistry. Cosmetic, Invisible Braces and “metal-free” crowns, just to name a few. To protect your health, I always exceed the ADA sterilization guidelines.

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