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Letter from the Publisher

Happy Summer NEWLIFERS,

I hope life is treating you all well. As for me, the beach is great and the water is getting warmer.

With the world in turmoil, we are definitely fortunate to live in America. Hopefully our economy, our water and our air all will improve soon. If we start innovating and producing new products to help purify our environment, America would be healthier and more prosperous.

Dr. Sorge and Richard Diaz in their feature articles both demonstrate that we have to purify and raise the vibration of our own body first. Only then can the world evolve into a more conscious space. When you delve through their articles you will end up with a glowing smile.

We are planning our next NEWLIFE Cruise and please join us on an adventure you will remember always. The speakers, exhibitors and passengers all had an exquisite journey.

Our cover this issue is of Himalayan yogi Yogiraj SatGuruneth Siddhanath. Most of the true Masters have passed on. You should check him out and bathe in the vibration. My time with Swami Satchidananda, Swami Vishnudevananda and Swami Bua definitely had an enlightening impact on my life. I am sad to say that another one of my teachers and a favorite at the expo, Master Sunyata, has also passed. We have so many special angels watching over us.

And our next NEWLIFE EXPO in NYC which will be better than ever, is on October 17-19. If u have never been to an expo, please join us. I guarantee that your life will never be the same.

And Remember.....

Om Sholom

MARK BECKER

NEWLIFE

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Plant Intelligence and the Imaginal Realm
By Stephen Harrod Buhner

One of the great minds of modern herbalism, Stephen Buhner has written several best-sellers on plant medicine, including Herbal Antibiotics and Healing Lyme. This new book by Buhner offers the culmination of his thought-provoking plant intelligence series, the first three books in the series being Sacred Plant Medicine, The Lost Language of Plants, and The Secret Teachings of Plants. Despite this connection to his previous works, Plant Intelligence and the Imaginal Realm is definitely a stand-alone masterwork.

The book is large, but reads like a conversation with your favorite teacher. Buhner explores in great detail the vast network of life that is Gaia’s mind, providing a broad range of vivid examples, such as the relationship between the human brain and psychoactive mushrooms, the flower-like soundwave patterns of whale and dolphin songs, and the ecological purpose of invasive plants. He shows how we can not only communicate with plants but also directly interact with the complete Gaian system of which we all are part, forming deep connections with all life around us from microbes and bacteria to animals to other humans. The key is to consciously widen your mode of perception to become aware of the communications flowing all around us and initiate communications in return.

Buhner’s unconventional writing style, peppered with asides and quotes, serves as an initiation into the imaginal perception necessary to experience the living intelligences in Nature and the Gaian network. As he has done in the other books in the series, Buhner illuminates as he entertains, weaving transformative insights into a rich and compelling tapestry of revelation about the complex network of life that forms the heart and soul of Nature. Highly recommended.

— MERIKAH ROBERTSON
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Yogiraj SatGuruneth Siddhanath

www.siddhanath.org

“Achieve: Earth Peace through Self Peace.
By realizing: Humanity, our uniting religion,
Breath, our uniting prayer, Consciousness,
our uniting God.”

— YOGIRAJ SATGURUNATH SIDDHANATH —

Yogiraj SatGurunath Siddhanath was born siddha and went into spontaneous enlightened states from the age of 3. For over 40 years, Yogiraj has healed and transformed millions all over the world with his transmissions of Kundalini Shakti energy and has shared freely his own Samadhi (enlightened state) of peaceful bliss-consciousness. Yogiraj has taught yoga and spirituality to world leaders and has given experiential discourse before the United Nations, yet he prefers nothing more than to sit in the simple pristine forests and mountains and meditate on God in tranquility.

He is one of the rare Siddhas known to us who is broadly accessible and can impart direct Shivapat, means his soul consciousness of a still mind state of knowingness, sowing the seeds of peaceful co-existence. He bestows three distinct graces:

1. Shaktipat – Healing energy transmission, where he transmits his kundalini energy.
2. Pranapat – Cleanses your karma from the root cause, where he breathes through your breath.
3. Shivapat – Shares his own Samadhi (still-mind state of soul awareness), which boasts your spiritual evolution.

The practices of Yoga are universal in spirit and complement all faiths and religions. The Kriya Yoga originated by Shiva-Goraksha-Babaji, the Himalayan Mahavatar, is the crest jewel of spiritual techniques, flowering the practitioner with lightning speed into the likeness of one’s own divinity.

Yogiraj’s 2014 World Tour includes a Healing & Enlightenment evening Workshop and a full day workshop – THE SOUL HEALING EXPERIENCE in New York City, and a New Life Awakening Retreat in Himalayan Institute, Mt. Pocono. For more information about Yogiraj and his US Tour, please visit: www.siddhanath.org or contact us via email: info@siddhanath.org See his illuminating discourses in YouTube at www.youtube.com/hamsayogi
Ava’s Yoga Bags
www.avasyogabs.com

Transporting all of your supplies to class has never been easier now that you can keep all your things in one very fashionable yoga bag that is both practical and Eco friendly. These unique bags are made with love from recycled, distressed denim and have all been blessed. These chic bags have an adjustable and removable strap (that also doubles as a stretching strap during practice) and are loaded with pockets and brightly colored zippers. Tired of carrying multiple bags to yoga class? These carefully crafted yoga bags will hold up to two standard size or one large thick foam mat and a 20-ounce water bottle and you will still have lots of extra space for miscellaneous items like a cell phone, clothing and a towel.

Kacelia Tru-Align Body System
www.kacelia.com

The Kacelia Tru-Align Body System is the first of its kind holistic, self-care treatment system. It comes with everything needed for all heights and weights (from 90 – 350 lbs). It’s assembled in the USA from medical grade materials, and it’s easy to set up on the floor or a massage table.

Specially engineered cushions support the body at key points allowing gravity to exert a downward pressure restoring the spiral curves and good posture. Using the Tru-Align for 20 minutes daily decompresses, limbers, reshapes and encourages alignment of the jaw occipital, neck spiral, shoulder sacroiliacs and hip joints. The effectiveness of disc decompression is exponentially increased when the proper spinal curve is restored at the same time.

Research shows that restoring good posture improves scoliosis, respiration, blood flow and arthritis. It reduces the incidence of heart attacks and high blood pressure. Testosterone production is increased resulting in increased libido, confidence and muscle and bone building. (Low T results in high blood pressure, heart attacks, obesity and feeling sickly). Cortisol the fight or flight hormone is greatly reduced.

Correcting forward head posture, which is running rampant due to the use of computer and hand held devices, has astounding effects. FHP causes jaw pain, headaches muscle strains, disc herniation’s, arthritis and pinched nerves. It adversely affects the entire digestive tract, and causes endorphin production to be greatly diminished. Endorphins are the opiate-like substances producing the brain that turns down the intensity of pain and turns up the feeling of well-being.

The Kacelia Tru-Align has been clinically proven to alleviate pain and stiffness of the groin, sacra-iliac, neck, shoulder, TMJ (jaw), upper, mid and lower back. It also reduces or resolves headaches, sinus pressure, pinched nerves, disc problems, sciatica, depression, low energy, trouble sleeping and pregnancy discomforts.

For more information go to Kacelia.com. You will be able to experience the Kacelia system at the next NEWLIFE EXPO in New York City, October 17-19.
Delicious Summer Fruit Fun!

- Peach and Blueberry Spicy with Custard Topping
- Blueberry Marzipan Tart with Orange Glaze

Fruit desserts can offer you many sugar-free alternatives to satisfy your cravings for sweets—and keep you cool. Many varieties of fresh fruit and specialty fruits are abundant at this time of the year making summer a special time for dessert making and eating.

Often times when you are craving a sweet it can be a need on your body’s part for protein or quality fat. Paying attention to this need as well as providing healthy alternatives that do not include white sugar which causes you to further crave sweets will be your healthiest way to incorporate sweets.

Delicious summer desserts can be easily made with ingredients such as agar (a sea vegetable gelatin) mixed with full-bodied fruit juices from the health food store (others are watered down and barely have any flavor) and fresh berries. Top a gel dessert with some real organic whipped cream or a nut butter sauce. Try fruit lightly poached in all-fruit juice simmered with cinnamon sticks, cloves, and coriander pods. Serve a crisp biscotti alongside. (Pamela’s makes sugar and gluten-free ones.)

Frozen bananas are always a hit! Just peel ripe banana’s (must have brown spots on the skin), cut into pieces and puree in the blender or processor with a little juice until creamy. Serve topped with roasted pecans or almonds for flavor and crunch.

Berries are a special treat from the spring into the summer—among the many varieties there are strawberries, blueberries, raspberries, blackberries, and cranberries. Eat raw or incorporated into a cake, muffin, or—berries are truly a delight at any time of year. And if you have a neighbor with a mulberry tree—don’t miss these! (All berries can be frozen for future use.) To get some additional sweetness, add a small amount of apple or apricot juice, plus a few drops of real maple syrup or honey, if needed. Mash a few of the berries to further flavor the juice with the natural berry taste. Serve in a wine goblet and drizzle with fresh cream. For a little extra glamour top with a sliced fig and a sprig of mint!

To wash berries, fill a bowl with cool water. Add the berries and remove any floating stems and leaves. Using your hands, lift the berries into a colander to drain. With each handful, look at them closely and remove any non-edible pieces. For strawberries after washing, use a paring knife or strawberry picker to remove the green leaves. Spread a cotton cloth on the counter. After the berries are well drained, pour them onto the cloth, to further dry. When using peaches to cook for cobbler or poaching, choose those that are slightly under ripe and still firm. Once baked they will soften and sweeten from the cooking process.

Nutritionally, fresh fruits in season have many minerals and vitamins that are beneficial for their antioxidant value as well as specialty nutrients. There are two hundred protective phenols each with different antiviral components and physiologic effects. Anthocyanosides found in blueberries and black currants are anti-inflammatory, and ellagic acid is a powerful anti-cancer inhibitor in strawberries and some nuts. Their names may sound less than appealing yet ellagic acid, tannin, gallic acid, vanillin, chlorogenic acid, folic acid, etc. seem to in general protect body tissues from harm. Some coat virus particles and neutralize them, others stop free radicals from damaging cells, still others shut down the formation of carcinogens and increase the body’s detoxification defenses.

You don’t need to know how to say it or spell it—just munch on some fresh fruit or prepare a healthy sweet and you will receive the many benefits that are hidden in seasonal foods.

PEACH AND BLUEBERRY ASPIC WITH CUSTARD Topping

YIELD: 4 SERVINGS

Try this easy-to-prepare dessert with a combination of juices, such as apple and orange juice, or pineapple and apricot juice, or try one of the many sugar-free flavor combination juices that are available.

1. In a medium-size saucepan, pour in 1/2 cup cold juice, sprinkle the agar or gelatin over and stir. Heat on a medium flame and stir constantly, until the gel is completely dissolved, about 3 to 5 minutes. Add vanilla and cook another 30 seconds.
2. Remove from the heat and stir in the remaining juice. Add the fresh fruit and stir to cover with the juice. Pour 1/2 cup liquid and a small amount of fruit into a heatproof bowl. Pour remaining fruit mixture into 4 individual goblets distributing the fruit evenly or pour into a single mold. Chill until set, about 2 hours.
3. Place the gel from the heatproof bowl into a blender. Add the almond butter and puree until smooth. It will be light lavender in color. Top each goblet with a spoonful of custard. Top with a strawberry.

Note: Agar, a seaweed derivative, is available in natural food stores and offers a vegetarian alternative. It comes as a powder, flakes, and bar. The flakes and bars take a little longer to dissolve when cooking. Unflavored gelatin, made from animal sources, is widely available from the grocery store.

BLUEBERRY MARZIPAN TART WITH ORANGE GLAZE

YIELD: 1 TART

It’s beautiful, full of luscious fresh blueberries—and easy to make. This is sure to be a favorite for company. They won’t even know the refined sugar is missing—and you don’t have to tell them!

2 teaspoons plus 2 tablespoons unsalted butter, organic preferred, at room temperature
2 tablespoons whole grain pastry or gluten-free flour
1 1/2 cups raw almonds
3 eggs, organic preferred
1/2 cup real maple syrup
1 teaspoon pure almond extract
Pinch sea salt
2-pints blueberries, stems removed, washed and dried on a towel
1 kiwi, peeled and sliced
1 cup unsweetened apple juice
2 squirts vanilla stevia
4 tablespoons all-fruit orange, apricot, or peach conserves
2 oranges, organic preferred, zest grated and juiced
2 tablespoons arrowroot or kuzu powder
Real whipped cream, organic preferred

1. Position the oven shelves to fit a spring form pan in the center. Preheat the oven to 350 degrees, © Lissa De Angelis
Lissa De Angelis, MS, CCP is co-author of Recipes for Changes: Gourmet Wholefood Cooking for Health and Vitality at Menopause. She can be reached at lissad@optonline.net.
F. Grease the entire pan with 2 teaspoons butter, and dust it with flour. Tap any remaining flour out of the pan.

2. In a blender or food processor, grind the almonds into a fine powder. Add the eggs, maple syrup, almond extract, and salt. Blend until very smooth.

3. Place the spring form pan on a baking sheet. Pour the batter in. Put in the oven and bake until the top is golden and firm to the touch, about 20 minutes. Remove from the oven and place on a metal cooling rack until juice is ready.

4. In a small saucepan, heat 3/4 cup apple juice and add 2 squirts vanilla stevia.

5. To the juice, add 2 tablespoons orange, apricot, or peach conserves, remaining 2 teaspoons butter, and orange zest. Stir until dissolved.

6. Dilute the arrowroot or kuzu powder in the remaining 1/4 cup apple juice. Pour into the pot and cook until clear and then 30 seconds more, stirring constantly.

7. Carefully toss the blueberries onto the pre-baked crust. Place the kiwi slices in a decorative manner onto the blueberries.

8. Using a small ladle, spoon the hot juice over the fruit making sure all the fruit has a thin layer of the juice gel on top of it.

9. Place in the refrigerator for 15 to 20 minutes to allow the gel to set.

10. Place the pan on a large serving platter. Remove the spring form outer wall. Using a sharp knife Cut slices and enjoy.
Conscious Sexuality and Relationships

My Self and

What is Conscious Sexuality and How Does It Create Fulfilling Relationships?
By Richard Anton Diaz

Having trained and performed for 20 years as a professional dancer, I acquired (as I am sure most dancers do) an unusual, animal-like, instinct and perception of movement in even the most simplest of tasks throughout the day. It is less, an increase in my own intelligence, and more of an awareness of another intelligence that I am in partnership with. An intelligence, I feel, that has always been present yet rarely ever paid attention to. I call this intelligence, my Self as a Body.

My perception in this experience called Life, is that we are both, an Awareness of infinite possibilities, as well as a finite sexually-differentiated body with a reproductive system. I regard these two aspects of myself, the unchanging infinite awareness that I am, and the ever-changing finite body that I experience this life through, each having their own unique intelligence as well as their own specific goals that quite often conflict with one another.

“The Spirit is Willing, but the Flesh is Wise”
– Bert Hellinger, FOUNDER OF FAMILY CONSTELLATION

Early on in our modern history, the idea of Consciousness, or Spirit became more valued over our physicality as a Body, and organized religions viewing our existence as either punishment or sin denounced sensual pleasure as both primitive, animalistic, and a major distraction back to God. Sexuality in any form was denounced other than for the purpose of procreation. Today, most notably in America, we have swung to the other side of that pendulum. Sensual pleasure is now being proclaimed as a “birthright,” our sexual appetites are now supported by an extensive menu of choices on how we consume pleasure, and same-sex marriage has now legitimized sexual preference as a human and legal right.

“Sexuality is not limited to the heterosexual relationship between man and woman, but that is where it has its roots and its goal.”
– Dieter Dumm, THE SACRED MATRIX

We are all conceived through a union between a man and woman, and brought into the world through a woman’s body. From the second that our father’s “winning” sperm merges with our mother's “inviting” egg, we begin our existence as a body, first, as a single cell, multiplying and dividing, eventually into a trillions of cells, and ultimately dying, to make room for a new cells. The sexual act begins an ongoing process of life and death transforming into one another!

But let’s go back to those cells. Each of those cells carry information including parts of our consciousness and awareness. Whenever we learn new patterns they organize into memory units that now make up brand new connections in our brain. So here is where the rubber meets the road so to speak. Whenever sexuality is exchanged between two people and especially brought to a high level of orgasm, our sense of wholeness and well-being will first resonate and attempt to find balance with our body’s original sex experience, our conception. Additionally, that activated sexual energy will attempt to fulfill the body’s survival oriented goal, to procreate so that whenever we engage in sexual activity, especially with another person, our mental and...
emotional mechanisms will be hijacked by the body’s procreative survival biomechanisms to insure it’s future survival. In short, all sexual interactions we have, no matter how recreational they may be, will rally the body’s goal to have a future. So you might think about the next time you engage in sex for fun with a stranger because the second you do, your body is in a full blown relationship with that person and the body-mind will quickly begin to either solidify or sabotage that relationship based on the potential genetic strength of that future offspring. And without any regard whatsoever to your emotional happiness.

A great insight on this subject is presented by Terry Burnham and Jay Phelan in their book, *Mean Genes: From Sex to Money to Food: Taming Our Primal Instincts*. It explains so brilliantly why we want and do so many things that are bad for us!

I would like to offer one last insight on Conscious Sexuality and Relationships before closing. We commonly say that you cannot really love another person fully until you can, first, love yourself. I believe there is even one step before that. And that is, unless you can first fully love the man and woman that gave you life on this planet, you cannot fully love yourself. For THEY, for better or worse, are YOUR BODY. Love is the interface between our Conscious Self and our
Body. Once we have, even energetically, thanked our mother and father, with total gratitude and humility, for our Life, we can now come into relationship with our Body. Once we establish a conscious loving relationship and partnership with our body, we now have the foundation to a relationship with others that we can create a future with.

Richard Anton Diaz is the founder of Sexy Spirits based in New York City. He is also a Relationship and Sex Coach as well as a Business Coach and Mentor for Entrepreneurs. Diaz will be speaking at the NEWLIFE EXPO in New York City, October 17-19. You can contact him through his website at www.LiveAnInfiniteLife.com, RichardAntonDiaz@gmail.com, or by phone at (212) 581-2640.
It's Exasperating To Me

If you keep doing what you've always done, you'll keep getting what you've always got.

In many cases, this will include pig-like obesity, uncontrollable high blood pressure, cholesterol and diabetes, undue fatigue, loss of libido, enthusiasm for life and ambition, insomnia, hypothyroidism, adrenal burn-out, nervous breakdown, immune overrun, heart disease, loss of memory, stress, anxiety, depression, more and more deleterious prescriptions and more and more misery and pain, pain, pain!

The secret is to change. You've got to change to get change! I believe that is what NEWLIFE Magazine, the Expo and the holistic movement is all about; what it's designed to accomplish.

What gets me excited is to see sick people pickup on the holistic philosophy and transform their lives. This is why I write these articles and speak at the Expo's! I was one of those sick people that the orthodox medical profession gave up on. Their famous last words to my parents, after they almost drugged me to death was, “We did everything medical science could do.”

My parents took me to a naturopathic doctor who immediately started me on a fast, colon hydrotherapy and naturopathic detoxification. This was followed with raw juice therapy, ozone therapy and hyperbaric oxygen therapy. This was followed with a naturopathic food plan and mega doses of food-based food supplements, vitamin supplements and progressive resistance weight training. What was the result? In 10 years I went from my death bed to the victory platform, winning 1st place in the Mr. North America contest. Fifty (50) years later, I am still practicing naturopathic medicine in spite of being charged 17 times for practicing medicine without a license and being called every name in the book by the establishment. I believe alternative/naturopathic medicine is a way of life. Why? After treating over 100,000 patients over 50 years, I know it works. I have fought orthodox drug medicine since they almost killed me in 1949. I was the first soldier in U.S. history to be court marshaled for refusing to submit to inoculation shots in 1961. In 1964, I was charged with practicing medicine without a license for administering whirlpool treatments. In 1968, I
took a stand against the medical profession for using colon hydrotherapy. The medical board claimed that colonics were a medical procedure. I challenged the medical board at a considerable cost. I challenged them to show me one medical school where this procedure was taught. I have been taking a stand against the orthodox medical profession ever since because I believe in naturopathic medicine as a way of life.

THINK ABOUT THIS

Our true scientists tell us that 95% of all diseases are preventable, treatable and curable! What is your orthodox drug medicine doctor doing? Is he/she preventing disease? Curing disease? The answer is no. In fact our true scientists are telling us that iatrogenic disease is the 3rd leading cause of death in the U.S., after heart disease and cancer and comes from seeing your medical doctor.

What is iatrogenic disease? It is a disease that never would have occurred until the doctor or doctoring drug instigated it. The Journal of American Medical Association admitted there are over 100,000 deaths a year caused by medical doctors practicing medicine by the book. In short: Doing exactly what they are supposed to do.

Our true scientists tell us that chemotherapy is 4% effective. They tell us that it suppresses the immune system, setting you up for cancer to return more furious than ever. Yet what do people do who get diagnosed with cancer? They leap into chemo without the slightest thought of building the immune system to prevent the cancer from returning.

In 1900, less than 2% of our population died from cancer. In 1920, it increased 500% to about 10%. More and more drugs, more and more cancer research, more and more money, more and more cancer. In 1971, under President Richard Nixon we declared a war on cancer. According to the people who keep records of these things, at the rate we are going, in the next 18 months, cancer will surpass heart disease as the number one cause of death in the U.S. Fifty percent (50%) of our nation will have died from cancer. Every other member of your family will die from cancer at the rate we are going.

Keep in mind that in some countries of the world there
is no cancer. It doesn’t exist. To date, we’ve spent 2 trillion dollars on medical research and medical treatments. What have we gotten? Cancer continues to increase exponentially under the control of orthodox drug medicine. These are the hard facts of 100 years of orthodox drug medicine. We know these things. We have 100 years of outcome. We’ve gone from first in the world in overall health, first in longevity, last in infant mortality to 27th in infant mortality, 28th in longevity, 29th in overall health, first in obesity, diabetes, cancer, heart disease, nervous breakdowns and drug addiction. Knowing this, does it make sense for an intelligent person to do nothing, wait until they are diagnosed with a medical condition and then place your trust in orthodox medicine?

It is easy to put off doing nothing and wait for a crisis. It takes common sense, character and courage to act. The 500 year old English proverb states, “An ounce of preventive medicine is worth a ton of drug medicine.” We have the laboratory technology now to detect cancer at the anti-body stage, 10 years before it is diagnosed. Does it make sense to wait for an official medical diagnosis? Is the small investment in these blood tests worth it to your peace of mind?

The same is true for every named medical condition. There is a cause for every effect. We believe that every symptom is a sign of nutritional deficiency; often times multiple nutritional deficiencies. Do you know what your nutritional deficiencies are? When is the best time to learn about them and to address them? Does it make any sense to wait for disease to gain a foothold? We believe that every named medical condition is a sign of long term nutritional deficiencies either ignored, lived with or worst suppressed with a drug.

The same is true for diabetes. It’s running amuck. Diabetes is 100% preventable, treatable and curable without drugs. The same is true for high blood pressure, heart disease, memory loss, etc.

The diagnostic laboratory technology is 10 years ahead of the orthodox medical drug profession. For example, cellular blood analysis is available. This is a test that will tell us if your cells are hypoxic (oxygen deficient.) We have known since 1910 the cause of cancer. In 1931 the doctor that discovered the cause of 100% of all cancers won the Nobel Prize for medicine. He won the Nobel Prize again in 1950. His science was so impermeable that his thesis has not been impeached to this day.

In 1931, Nobel prize winner, Dr. Otto Warberg proved to the world that cancer was caused by lack of oxygen at the cell level (cellular oxygen.) We now have the diagnostic technology to test for cellular oxygen through the blood. Has your doctor tested you for hypoxia? Does he even know that this is the cause of 100% of all cancers? When do you think it would be a good time to do this test, after you are diagnosed or 5 or 10 years before? The reason I ask is, it takes 10 years for cancer to grow in your body before it can be diagnosed.

WHAT TO DO NOW

STOP PROCRASTINATING. It’s the thief of time and life. Nutrition testing and personal evaluation is a highly specialized alternative to orthodox drug medicine. This is not a service that can be done by your family doctor or local hospital. Don’t be fooled by taking a blood test by your orthodox drug doctor. They’re completely different. His/Her blood test is for pathology purposes. Nutritional testing and personal health evaluation is designed for prevention and high level wellness.

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Dr. Robert H. Sorge, a Doctor of Naturopathic Medicine, is the Director of Abundalife Medical Nutrition testing clinic in Asbury Park, NJ. He can be contacted at 732-775-7575, by email at abundalife@abundalife.com or visit www.abundalife.com. You can find these products in most health food stores or if you prefer to have the convenience of a single Pac contact Dr. Sorge at your convenience. Dr. Sorge will be speaking at the NEWLIFE EXPO in New York City, October 17-19.
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