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Hello Newlifers,

It was a long cold winter and we plan to warm you up with inspiration, education and new ideas. Life is full of change and we hope you join us as we take you through a journey for an exquisite adventure.

The first journey is through the pages on this magazine. Two of our biggest speakers at the NEWLIFE EXPO are Gail Thackray and Sean Morton who both blessed this issue with two amazing cover stories. Gail explains how to get rid of our psychic cords, which keep the same negative patterns occurring in our life over and over again. Sean’s article explaining why America is going through an upheaval is an exciting read. And Dr. Sorge’s article on why most drug medicines we take don’t really work will blow your mind.

The second journey is through the NEWLIFE EXPO happening on March 21-23 at the Hotel Pennsylvania in New York City. Our 150 exhibitors and speakers will educate and inspire you to the point where you will never see life the same again.

Our final journey happens on April 7-12, where we take you to Labadee Island off of Haiti and to Jamaica, on the NEWLIFE CRUISE TO ENLIGHTENMENT. Gail, Sean, Judy Satori, Kerry Cassidy, Susan Shumsky, myself, and other speakers will take you on a trip that you will never forget.

Hopefully, you will join us on one or all of these adventures. All I can guarantee is that …..

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Angels of New York
A Meditative Photographic Journey
By Sylvia Moss
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How often do New Yorkers take a moment out of their busy days to glimpse the hidden art treasures the city has to offer. The book, Angels of New York, an extraordinary celebration of the city’s outstanding angel artwork and architecture by photographer and healer Sylvia Moss, is a timeless classic for healers, art lovers, and spiritual seekers everywhere. Readers can experience the angel art from the comfort of their homes or take a walking tour of New York with the book, discovering unknown treasures. The experience of the angels can transport viewers out of the mad rush of daily life, quiet the mind, slow the body, and nourish the soul.

An unusual feature of Angels of New York is its gorgeous original sound track, downloadable from the book’s website. Angels of New York features astonishing inspirational images in over 25 architectural landmarks and museums. Venues include The Metropolitan Museum of Art, The Cathedral of St. John the Divine, the facade of the Bayard-Condict building on Bleecker Street, and Central Park’s Bethesda Fountain.

The book has garnered attention in over 70 media outlets, such as CNBC, Bloomberg Business Week, Market Watch, Wall Street Select, New York Business Journal, and other outlets and cities in the United States. This book is intended for your pleasure. View it as a work of art, a guidebook, or a personal tool for ongoing meditation and transformation. Visit the angels any time you need peace, solace, or beauty. Your gift of downloadable music awaits you.


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He♥rtgasm!  
Increasing Intimacy & Ecstasy with Your Beloved  
By Toni De Marco  
BALBOA PRESS  
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What would it take to be a successful “super model”/actress, seemingly having everything, but regardless of appearances be desperately unhappy? Toni’s retreat from her sadness consisted of lying back in her bathtub looking out over a beautiful valley — with tears streaming down her face....

You’ll soon start to understand when you read author, Toni De Marco’s book, He♥rtgasm! — Increasing Intimacy & Ecstasy with Your Beloved. What created the scene above? — Toni says it was a lack of communication that caused her husband to abandon sex, eventually resulting in her seven years marriage ending in divorce. And that was just the beginning: With her next partner, a completely different kind of guy, she had a seven year relationship that ended in that exact same way.

That’s when Toni realized it was not about the husbands, but something about herself (the message she was broadcasting) that was creating this undesirable outcome.

In her book, she goes on to explain much more about unconscious messages she calls family patterns, and how to recognize and change them before possibly ruining some of the best years of your life.

In fact “He♥rtgasm!” is much more than a book: It’s a five-part system with processes you can practice with your mate or even a same-sex friend, intended to move you quickly and seamlessly through the really important things you’ll need to know about having a relationship made in heaven.

According to sex anthropologist, Leanna Wolfe, in her video review on He♥rtgasm!, “If you follow Toni’s system and practice all the components as suggested, it will bring you to having a satisfying and enlightened relationship with your partner.”

Toni’s book is published by Balboa Press/Hay House — listed on Amazon as both a hardcover and paperback.

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I love to take volunteers on stage and do demonstration healings and I am so looking forward to being at the NEWLIFE EXPO. I work off intuition and I am guided to see where people have not only health problems, but also have blocks in their relationships and finances. I am seeing more and more psychic cords and attachments on clients. These really cause tremendous health problems as well as emotional stress. The good news is it is just energy and very easily resolved. I often find “miraculous” results just from removing psychic cords.

What Are Psychic Cords and Where Do They Come From?

Psychic cords are invisible strings of energy that carry great emotional pull. As we go through life we experience and connect emotionally with others, including romantic relationships, family, friendships, etc. Each leaves an emotional impression or energy imprint on us, which can be good, bad, or a mixture. A strong impression may develop psychic cords between us.

Not all psychic cords are bad. Some may be positive silver cords of love and spiritual connection. We always feel good when we think about that person. However, some are grey or black negative cords and this is when we feel negatively charged by the thought of them. We can also have both negative and positive cords with the same person.

Do You Have Negative Cord Attachments?

A yes answer to one of the following questions likely indicates the existence of negative cords.

- Do you have a difficult or trying relationship with someone and your buttons seem to be pressed for no reason?
- Do you seem blocked from achieving your life goals, having the career you want, or making money?
- Do you have a negative pattern in your romantic relationships? Do you repeat the same patterns with different people or attract mates with the same negative characteristics?
- Do you have a relative who just irks you, annoys you, or you can’t stand to be around?

Where Are Psychic Cords Located?

Most often I see cords regarding romantic relationships attached to a person’s Sacral Chakra. If this is quite intense they can even have stomach and intestinal problems. Women often suffer with
fibroids and other problems in the womb that are related to negative sacral cords.

The other area I see a lot is at the Base Chakra. This often causes a person to put on extra weight around the hips and thighs. They could exercise and diet all they want, they will never be able to remove the excess weight because it is a protection from the cords. The good news is a quick spiritual intervention can release years of fat without diet or exercise. My audience loves to hear this!

Another favorite is to remove cords from the lower back area. Cords here can block us financially and removing them puts us back in the flow of money.

I can work on the entire room even with just one person on the stage as a surrogate and so I get wonderful results not only from those who volunteer but even those just seated in the audience.

I love to take volunteers on stage and do demonstration healings and I am so looking forward to being at the NEWLIFE EXPO. I work off intuition and I am guided to see where people have not only health problems, but also have blocks in their relationships and finances. I am seeing more and more psychic cords and attachments on clients. These really cause tremendous health problems as well as emotional stress. The good news is it is just energy and very easily resolved. I often find “miraculous” results just from removing psychic cords.

So come on down! Let me see where your cords and blocks are and let’s remove those things!

Gail is an incredible psychic and healer with a powerful connection to spirit. People have reported spontaneous healings just from attending her events. Gail will be doing free demonstration readings and healings at the NEWLIFE EXPO in New York City, March 21-23. She Will Also Be Teaching a workshop on how to become a medium and healing channel. Gail has written many books on spiritual healing and mediumship available on Amazon. Check out Gail’s website for more information at www.GailThackray.com.
omfoolery Medicine: Your chance of normalizing your blood pressure with drugs is far less than 50%. Not very good odds when you take into consideration all of the so-called side effects (poisoning effects.) Our true scientists (not on Big Pharma’s payroll) tell us that blood pressure medications are useless for the vast majority of patients.

Four scientific studies comprising of nearly 9,000 patients, demonstrated that using prescription drugs showed no benefit in preventing stroke, coronary heart disease, cardiovascular events and death. In short: this means that even if your blood pressure is thought to be under control with blood pressure medication and your blood pressure is brought down to normal, they do nothing to prevent stroke, cardiovascular emergencies or death, which is the main reason patients believe they are taking the drugs for. Amazing isn’t it?

It Sounds Crazy, I Know

These blood pressure drugs can actually raise your blood pressure! A new study by Albert Einstein College of Medicine at Yeshiva University proved it. The researchers gave a group of hypertension patients, today’s leading blood pressure medications and then monitored their effect. The results were a total shock. Nearly 8% of the patients including 16% on beta-blockers or ace inhibitors actually experienced higher blood pressure levels.

By Robert H. Sorge, N.D., Ph.D.
Doctor of Naturopathic Medicine Since 1964
Blood Pressure Drugs Linked To Cancer!

New study: Women taking blood pressure drugs have 2.5 times more breast cancer. Ask your doctor, “How long will I be on this prescription?” The answer usually is, “For the rest of your life.” How’s that for a business? A make believe drug that artificially brings your blood pressure down, but does nothing to prevent crippling stroke, sudden death heart attack while you think you’re o.k.

What The Researchers Found Was Shocking!

They discovered that women who use blood pressure medications had a significantly higher risk of developing breast cancer. How’s that for a kick in the head? You’re told you have hypertension. You’re told that this condition is known as the silent killer. You’re put on a drug that does nothing but artificially bring the number down but it has nothing to do with the effects of high blood pressure. You find out, after it’s too late, that the useless drug causes cancer.

Where Did We Get The 120/80 Model From?

Doctors and drug manufacturers are obsessed with driving your blood pressure down... down... down. But is this necessary or even healthy? The fact is the so-called "perfect normal" blood pressure of 120/80 is an arbitrary number that orthodox drug doctors pulled out of a hat with the help of Big Pharma’s think tank (marketing geniuses.) It’s a different story in Europe where the drug industry influence is not as strong. Doctors allow their patients’ blood pressure to rise higher than the U.S. without any risk of consequences.

Is Your Doctor Giving You High Blood Pressure?

A new Duke University Study, found that 20 million Americans with a doctor diagnosis of hypertension actually don’t have high blood pressure at all. There is a one (1) in four (4) chance the Duke Study showed that blood pressure measured in doctor’s offices and hospitals are so unnerving that the numbers temporarily raises ones pressure without the patients or their doctors realizing what is happening.

The White Coat nightmare: One (1) in three (3) patients with white coat hypertension are mistakenly labeled as drug-resistant. This is scary! It means that drugs don’t work so their doctors prescribed one drug after another, while tinkering with the dosage, believing these patients are drug-resistant, hypertensive, when White Coat hypertension is the real cause.

In the Duke Study, researchers found that 37.5% of patients labeled as drug-resistant were actually innocent victims of White Coat syndrome and didn’t need any medication at all.

The Plain Truth At Last

You may never have heard this before with the media flooding of drugs. The fact is: High blood pressure is one of the easiest medical conditions to cure and you don’t need a drug to do it. High blood pressure is usually caused by a faulty diet, toxicity, stress, nutritional deficiencies, and obesity, lack of fitness, hypoxia and lifestyle choices. High blood pressure usually corrects itself when the patient’s lifestyle gets into harmony with God’s design for the human body, mind and spirit.

Lower Your Blood Pressure Without Drugs

In the future, young medical students and doctors will be educated like they were in the past, naturopathically. They will learn about the value of good nutrition, nutrition supplementation and lifestyle improvement are the very best medicine for curing hypertension. Unfortunately, most people with high blood pressure may not live to see that day.

The good news is, you won’t have to wait for your doctor to wake up to the fact that we’re living in a new age. You will now have a huge advantage over drug patients. You can now nudge your blood pressure into the safety zone so you can reduce and eliminate your blood pressure medication with the newest breakthrough in nutritional supplementation and naturopathic food medicine, “Blood Pressure Nutritional Support Formula.” For more info go to the Abunda life website.

Dr. Robert H. Sorge, a Doctor of Naturopathic Medicine, is the Director of AbundaLife Medical Nutrition testing clinic in Asbury Park, NJ. He can be contacted at 732-775-7575, by email at abundalife@abundalife.com or visit www.abundalife.com. You can find these products in most health food store or if you prefer to have the convenience of a single Pac contact Dr. Sorge at your convenience. Dr. Sorge will be speaking at the NEWLIFE EXPO in New York City, March 21-23.
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THE CRUCIFIXION
OF AMERICA

By Dr. Sean-David Morton, PhD

he planet Uranus in Aries will square Pluto in Capricorn (exact) seven times between 2012 and March 2015. Squares are bad. Trines are good. Squares create a palpable, measureable force and tension between the planets which affects us in subtle but powerful ways here on Earth. Trines brings the forces of the Cosmos into a time/space of Harmony, love and power. We may not see many of those in the next few years, but there are squares aplenty.

Squares of the major outer planets also bring us into times of massive upheaval and social change. There were Five squares of Uranus and Pluto between 1930 and 1933. In that time we saw the collapse of the stock market and then the rest of the financial system. The election of a supreme socialist in the form of FDR, the bankruptcy of the corporation we call The United States, the selling into bondage and slavery every man woman and child in the USA over to a foreign consortium of banks called The Federal Reserve, where we were all given up as collateral for that bankruptcy, the end of legal “de facto” money and the wholesale confiscation of gold and silver. This period began one of the worst financial eras in our history that we call the Depression. At that time over 40% of America was rural and still lived on farms, and yet, still, nearly seven million people across the Union died of starvation. The next economic collapse that is coming, American’s will not be anywhere near as well prepared and not nearly so civil. One neighborhood in Louisiana didn’t get its food stamps for a week and burned down a Wal-Mart.

In the 1960s there were three Uranus/Pluto squares that coincided with the deaths of JFK, MLK, and RFK, riots in the streets, escalation in Vietnam and the very beginning of the decline of Western Civilization with the rise of the radical hippie and drug culture.

Coming at us there more and they will be the very worst yet. April 21-23, 2014, December 15, 2014 and March 17, 2015. The April date coincides with what is known as a Grand Cross and begins in earnest with the crucifixion of America.

Thanks to radio shows like mine, wwwStrangeUniverseRadio.com, which airs from 6pm to 8pm Eastern time, enough people began to tune in to the truth of what is going on in the world and Tune Out the M.S.M. – Main Stream Media, which trotted out the same old dog and pony show (and I love dogs and ponies!) that they used in Iraq to try to hoodwink and con the Sheeple of America into another bloody, useless war in Syria. But even sheep can smell a wolf downwind, and the whole world is beginning to wake up and smell what a wolf Barry Sotero, er, Harrison J. Bonnell, er, I mean, Barack Obama (or whatever he is calling himself this week!) is. So the Prizzie of the United Steezie could not sell one more load to lead us into war. This is the radical, revolutionary side of Uranus in Aries. We are not only no falling for it anymore, but will begin to act with armed revolt.

But the presence of Assad and Vladimir Putin are still very troubling in the long term. After all, it was during the previous occurrence of the 79-year Mercury/Mars synodic return cycle to the 1776 chart of the formation of the US (the same cycle occurring again this year) that Hitler first came to power, and we eventually had to deal with him personally during our national Uranus return to its 1776 natal placement in Gemini.

But after April 21-23, 2014, nothing in America will be the same. But there are so many straws that it is hard to tell which exact one breaks the camel’s back!

NYC FLOODED BY 2015
or
WHY YOUR WEATHER BLOWS

Remote Viewing classes I taught for several years in a row at the NEWLIFE EXPO from 1995 to 1997 I did a certain exercise where I took my students into the future. I asked them all to look at New York City in the year 2015. What they saw was remarkable in that it was either a shared vision, or a group hallucination. None of them saw the World Trade Centers, and they saw large sections of the city flooded and underwater, including Flooded Subways and a Waterfall in the whole where the WTCs used to be. A slow evacuation had occurred and New York City just became progressively unliveable.

Here is why your city will flood. Since 1945 magnetic north had been marching inexorably north towards True North or the nodal axis point of the Earth. Due to massive atomic, hydrogen and cobalt bomb testing world-wide this has knocked the planet off its axis and untethered magnetic north from the core of the earth. The Rand Corp. and the US Military believed that when True and Mag North met in 2012 to 2016 we would see a polar or electromagnetic shift of the Earth’s poles.

And coming in 2019 within the Grand Cross we will see a polar shift of 1200 miles if not more. We will see a “Polar Vortex” come in over the North Pole slamming into the East Coast.

Meanwhile, after the Deep Water Horizon dumped millions of gallons of oil into the Gulf of Mexico, British Petroleum and the US Govt., instead of letting the oil sit on the surface, used a chemical called Cor-Exit to sink it to the ocean floor. But this desalynated all the water, and it disrupted and virtually stopped the flow of the warm water Gulf Stream called the Atlantic Conveyor. This warm water comes up from South America, through the Gulf, around Florida and up the East Coast to eventually dump warmth on Europe. Now the warm water and the warm air that comes with it is bearly getting up as high as the Carolinas, and it is slamming into the Siberian Express and creating The Perfect Storm...but this will now be year, after year, after year. (See the movie The Day After Tomorrow?)

Be warned! Stay warm!

Sean David Morton will be speaking at the NEWLIFE EXPO in New York City, March 21-23. For more information, visit wwwStrangeUniverseRadio.com.
Due to massive atomic, hydrogen and cobalt bomb testing world-wide this has knocked the planet off its axis and untethered magnetic north from the core of the earth.
Edible Skin Care

• Skin Cream
• Peppermint Body Scrub

Edible skin care is the care of the skin using natural ingredients that one would also be willing to consume such as herbs, roots, essential oils, and flowers. These ingredients when combined with botanically sourced ingredients as they occur naturally in nature without the use of synthetic chemicals and manufactured in a way to preserve the ingredients integrity without harmful additives. Natural skin care products can be simple and fun to make with ingredients in your home. You can care for your skin in a healthy and more naturally derived way and reduce the costs of over the counter products that may also contain harmful ingredients.

Natural skin care has its roots based in Egypt where a variety of skin treatments were developed for various skin conditions. Ostrich eggs, olive oil, dough, and resins mixed with milk were used for many people with a range of skin types—dry, oily or sensitive skin. The Greeks and Romans, Indians and Asians all have homemade remedies made from common foods that were used over the centuries.

Aurevedic skin care is derived from India beginning over 5,000 years ago. Based on Indian philosophical and medicinal principles the Aurevedic system considers the mind, body, and spirit together. These principles born out of the elements that exist in nature are known as Vata, Pitta, and Kapha and work in harmony to balance the entire body. Along with skin and hair type classifications Ayurveda suggests to modify one’s diet, exercise, and lifestyle. Most products contain ingredients natural found in India, including aloe vera, almond, avocado, carrot, castor, clay, cocoa, coconut oil, cornmeal, cucumber, ginkgo biloba, ginseng, witch hazel and honey.

Honey has natural antioxidants and antimicrobial properties. It retains and absorbs moisture and can help to protect the skin from sun ray damage. Honey’s healing properties are also as an acne treatment, dabbed on spots or used as a face mask.

Cocoa butter and extra virgin coconut oil is the old standby on the Caribbean Islands and in the Pacific Islands. These also leave a trace of the oil’s natural and delicious fragrance on your skin as it soaks in deeply and nourishes. Use either of these in your hair leaving a silkening and softening feel. Rub into your scalp if it is dry and flakey. And to any of these oils the addition of DMAE or Ubiquinone (Co Q 10) helps your body to produce elastin and collagen which slow down in product in your skin as you reach 25 years old.

Some other examples of modern skin care ingredients include jojoba, extra virgin olive or unrefined sesame oils. Shea butter, beeswax, witch hazel, aloe vera and tea tree oil are common ingredients in the products on the store shelves.

Whether you make your own from scratch or add some vitamin oils to what you already have good skin cream is an essential all year round from head to toe.

SKIN CREAM

Based on a recipe from Prescription For Nutritional Healing by Phyllis and James Balch, This can also be good for stretch marks from pregnancy or weight loss.

1/2 cup extra virgin olive oil
1/4 cup aloe vera gel
2 tablespoons extra virgin coconut oil
Liquid from 6 capsules vitamin E
Liquid from 4 capsules vitamin A
1 teaspoon lavender or rose oil (optional)

1. Place all ingredients in a blender whip until emulsified.
2. Place in a wide mouthed glass jar and store in the refrigerator.
3. As general skin care apply on face, arms, neck, etc. For stretch marks, use once a day all over body or in any area affected, abdomen, thighs, hips, etc.

PEPPERMINT BODY SCRUB

2 cups rolled oats, organic preferred
1 cup almonds
2 teaspoons dry peppermint leaves (SEE NOTE)
2 cups white clay or organic cornstarch

1. In processor or blender pulse oatmeal and almonds until a fine meal consistency is reached.
2. Add peppermint leaves and pulse until well mixed in.
3. Add the clay or cornstarch and quickly pulse (or mix in a bowl to reduce powder cloud).
4. To use; Mix 1 heaping tablespoon with water to make a paste. Massage into skin, then rinse or settle into a bath for a further relaxing experience.

NOTE: Open 1-2 peppermint tea bags.
Intestinal Cleansing and Detoxification with Kiva Process

JoAnne Greylen Asher, Director

### COLON THERAPY

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- **Nutritional Counseling**
- **Candida Diet**
- **Ear Candling**
- **Gluten Intolerance**
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