

AMERICA'S GUIDE TO A HEALTHY MIND, BODY, SPIRIT

NEWLIFE

NEW YORK'S GUIDE TO ENLIGHTENMENT

MARCH-APRIL 2016

**Change Your
Frequency,
Change Your Life**

**The Unspoken
Cause of Dementia**

**The Martial Arts
of Wellness**

**The Shift to the
5th Dimension**

NEXT-GEN MUSIC FOR MINDFULNESS™



UPC: 0-9379180922-8

STEVEN HALPERN Mindful Piano music for meditation

“MINDFUL PIANO is a landmark recording that takes the listener into ‘the present moment of mindful awareness’ *at the speed of sound.*”
— *Music & Media Focus*

“The Mindful Revolution”
TIME Magazine



- Are you seeking an *effortless, effective* and *enjoyable* way to achieve mindful meditation?
- This is the music that makes it easy!

“When I sat down at the piano on January 2, 2015 to record one new song, an entire new album’s worth of music channeled through my fingers. You’ve never heard a grand piano sound this harmonically rich and *multi-dimensional.*

Its tone taps into the ‘universal tone’ energy field that Carlos Santana describes in his memoir.

The music takes you into ‘the gap between thoughts’ within seconds.”
— STEVEN HALPERN

40 YEARS OF HEALING MUSIC FROM STEVEN HALPERN “The most trusted name in Sound Healing”



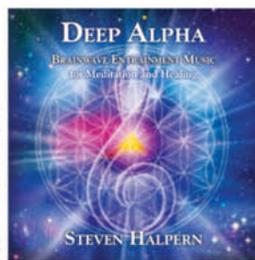
AMONG FRIENDS



UPC: 0-9379180902-9

1975-2015
A 40-Year Retrospective
w/Paul Horn, Jai Uttal, and more

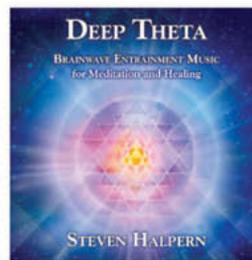
DEEP ALPHA



UPC: 0 9379180482-7

2012 GRAMMY® nominee
Brainwave entrainment
for meditation and healing

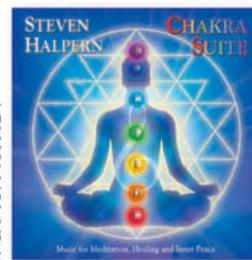
DEEP THETA



UPC: 0 9379180472-8

Theta level entrainment
for deeper meditation,
creativity and healing

CHAKRA SUITE



UPC: 0-9379180002-7

The Original Chakra Bestseller
Voted “the most influential
New Age album of all time”



“One of the 12 most influential artists of the past 20 years...Steven Halpern is the *first and definitive* New Age keyboardist.” — *Keyboard Magazine* 1995 feature profile

1975 **40th** 2015

Available from Amazon, iTunes, and StevenHalpern.com • 1-800-909-0707

AMERICA'S GUIDE TO A HEALTHY MIND, BODY, SPIRIT

NEWLIFE

NEW YORK'S GUIDE TO ENLIGHTENMENT

www.newlifemag.com www.newlifeexpo.com

MARCH-APRIL 2016

FEATURES

Change Your Frequency, Change Your Life 8
By Mas Sajady

The Frightening Unspoken Cause of the Dementia Epidemic 11
By Dr. Robert H. Sorge

Holographic Medium From Light Worker to Light Portal 12
By Antoine The Light Portal

The Martial Arts of Wellness The Warrior Mentality for Rapid Healing 14
By Sifu Matthew

The Shift to the 5th Dimension 15
By Rev. Christoher Macklin

Tooth Loss is Detrimental to Your Health 17
By Dr. Alex Shvartsman

David Young and Soul Ascension Journeys 15
By Michael Peter Langevin

DEPARTMENTS

PUBLISHER'S LETTER 4

BOOK REVIEWS 6

PROFESSIONAL PROFILES 20

Discover Your Mind,
Body and Soul
Connection

On Sale Now!

Find it on newsstands nationwide or OnNewsstandsNow.com

Letter from the Publisher



Hello NEWLIFERS,

Welcome to our awesome issue which combines *NEWLIFE* Magazine with the *NEWLIFE EXPO* Magazine so you can have one double issue where you can not only see what is happening in the expo at the Hotel Pennsylvania's Penn Plaza Pavillion on 7th Ave & 33rd St on March 18-20. but also read articles from and about some of our keynote speakers.

Mas Sajady is back again this year all weekend at the expo and his article explains how by changing your frequency you can change your life. Sifu Matthew is also a great healer and after you read his article on how he uses the warrior mentality to realign the magnetism in your body, you will be lining up to see him at the expo. If you haven't experienced Chris Macklin yet, read his article on how to shift to the fifth dimension and then visit him all weekend at the *NEWLIFE EXPO*. Alex Shvartsman's article on why tooth loss is detrimental to your health helps to explain why he is the dentist of the future. For all of you who still have teeth this is your chance to visit him at his booth and his lecture at the expo.

I almost forgot, Dr. Robert Sorge's article on the Dementia Epidemic is a must read-Don't forget. Dr. Sorge will also be lecturing at the expo.

Last but not least, Antoine's article on Holographic Mediums is almost as exciting as meeting him. In a session with Antoine his face becomes a hologram of one of your loved ones, which is an experience you will not want to miss and will be talking about for years to come.

So join us at the *NEWLIFE EXPO* on March 18-20 and meet these exciting speakers and over 100 others, enjoy the exhibitors and lectures and natural food for a weekend that will change your life. Please bring a friend and help make this *NEWLIFE EXPO* the most awesome expo ever.

And remember,,,,, It's a NEWLIFE !!!!!!!

Om Shalom,

MARK BECKER

NEWLIFE

ISSUE No. 165
MARCH-APRIL 2016

PUBLISHER & EDITOR : Mark Becker
ART DIRECTOR : Andrew Elias

CONTRIBUTORS

Antoine The Light Portal, Mark Becker, Grace Elohim, Michael Peter Langevin, Christopher Macklin, Suji Matthew, Merikah Robertson, Mas Sajady, Dr. Alex Shvartsman, Dr. Robert H. Sorge, David Young

NEWLIFE Magazine & Expo

PO Box 120, Long Beach, NY 11561

TELEPHONE: 516-897-0900

FAX: 516-897-0585

EMAIL: mark@newlifemag.com

www.NewlifeMag.com

www.NewlifeExpo.com

NEWLIFE Magazine™ is published bi-monthly
All rights reserved. Reproduction without permission is strictly prohibited

Subscriptions are \$60 per year. For subscription and advertising information, call 516-897-0900.

The opinions and suggestions of the authors contained herein, are for educational use only. Always consult a trained Health Professional on serious matters.



Like us on Facebook

AMERICA'S LARGEST MIND, BODY & SPIRIT EXPO

NEWLIFE

EXPO FOR REJUVENATION & ENLIGHTENMENT, LOOK GREAT! FEEL GREAT!

STARR FUENTES
{NYC EXPO ONLY}

DR. ROBERT YOUNG

SEAN DAVID MORTON

JILL DAHNE

MARK BECKER

STACIE BREEZE

JUDY SATORI

GAIL THACKRAY

MAS SAJADY

CHRIS MACKLIN

KAT JAMES

SPONSORED BY

150 EXHIBITORS AND 150 SPEAKERS
WORKSHOPS | PANELS | PERFORMANCES | FREE LECTURES | FREE SAMPLES
3 DAYS OF NATURAL HEALTH & ENLIGHTENMENT
OCTOBER 21-23 | NEW YORK CITY
PENN PLAZA PAVILION
NEXT DOOR TO THE HOTEL PENNSYLVANIA | 401 SEVENTH AVE. (AT 32ND ST.)

150 EXHIBITORS AND 150 SPEAKERS
WORKSHOPS | PANELS | PERFORMANCES | FREE LECTURES | FREE SAMPLES
2 DAYS OF NATURAL HEALTH & ENLIGHTENMENT
APRIL 16-17 | PALM BEACH, FL
PALM BEACH CONVENTION CENTER
WEST PALM BEACH - 630 OKEECHOBEE BLVD.

FOR PRE-REGISTRATION DISCOUNTS, EXHIBITING, SPEAKING, ADVERTISING, VOLUNTEERING | INFORMATION FOR FREE BROCHURE CALL 516.897.0900 | WWW.NEWLIFEEXPO.COM

Long Island Center for Healthier Dentistry



Long Island's
ONLY
IAOMT
Accredited
Dentist

Bisphenol A and Mercury-Free Fillings

- Metal-Free CEREC Single Visit Crowns
- Minimally Invasive and Tooth Conserving
- Laser-Assisted Fillings and Gum Treatments
- Drill-Free Fillings: ICON
- 98% Less Radiation
- Digital X-rays
- 3-D Digital Cone Beam X-rays
- Biomimetic Dentistry
- Environmentally Friendly Office
- Zirconia Metal-Free Dental Implants
- Safer Computer-Guided Implant Placement
- Invisalign: Metal-Free Orthodontics
- Cadmium-Free Dentures
- Biocompatibility Testing
- Heavy Metal Testing and Detox

\$100 SAVINGS
toward exam and x-rays
Mention *NEWLIFE*



Dr. Alex Shvartsman

260 East Main Street, Suite 109
Smithtown, NY 11787

631-361-3577

SmithtownSmiles.com

BOOKS

The Book Of Jo'oponopono

By Luc Bodin, MD, Nathalie Bodin Maboy, and Jean Graciet

INNER TRADITIONS / BEAR & COMPANY

www.innertraditions.com

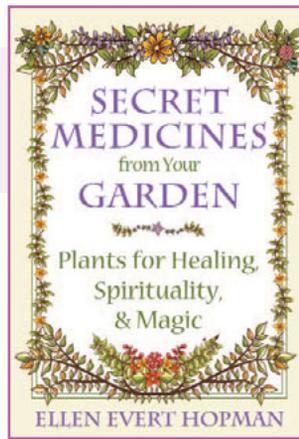
Based on an ancestral Hawaiian shamanic ritual, the healing practice of Ho'oponopono teaches you to cleanse your consciousness of negative memories, unconscious fears, and dysfunctional programming and grant yourself forgiveness, peace, and love. The process is deceptively simple--first you must recognize your own responsibility for creating the events in your life, then you are ready to apply the mantra of Ho'oponopono: I'm sorry, Forgive me, Thank you, I love you. Repeated several times over a dedicated interval, the negativity is replaced with inner peace, love, and harmony--and, as the stories in this book show, sometimes even miracles take place.

In this step-by-step guide, the authors explain how to apply Ho'oponopono to traumatic past events, destructive thought patterns, family dynamics, daily annoyances, or any other disagreeable event in your life, from traffic jams to relationship break-ups. Drawing on quantum physics and epigenetics, they explore how Ho'oponopono works--how thoughts and consciousness can affect the expression of your DNA, the materialization of your goals, and the behavior of those around you.

They explain how negative thought patterns and memories unconsciously guide your life and draw more negativity to you, perpetuating the cycle of bad events and clouding your recollection of the past. By apologizing to yourself, your memory, and the event in question, you can forgive yourself, heal your memories, and cleanse your perceptions. By reconciling with yourself, you open your heart to love for your experiences, yourself, and others and bring harmony to your mind, body, and the world around you.

I have used the mantra of Ho'oponopono while at work and was surprised by the positive results. Issues that have really gnawed at me in the past, just seemed to dissipate into the air after repeating the mantra a number of times. The Book of Ho'oponopono really works.

— MERIKAH ROBERTSON



Marconics The Clarion Call

By Alison David Bird C.Ht.

Balboa Press

www.marconics.com

Marconics: The Clarion Call is the true account of the spiritual journey of two women with extraordinary soul contracts who discover that they are the incarnate leaders of an Atlantean rescue mission 56 million years in the making. This is the story of humanity's origins, the illusionary constructs devised for our experiences on earth, and how we can break free and awaken to return to our true Multidimensional nature.

To answer 'The Clarion Call' is to be of service to our Galactic Founders – as the human collective speeds simultaneously either toward Ascension for those who can sustain it, or destruction for those who choose it. Marconics is a new Multidimensional energy system that arrived on the planet at the end of 2012, marking the final phase of an operation by Galactic Founders to conclude the evolution of the human experience.

Marconics makes individual Ascension attainable through the integration of Higher Selves; deities are returning to Earth to blend with their individualized incarnates in a true union of Divinity and Humanity in the Birth of the Avatar Race.

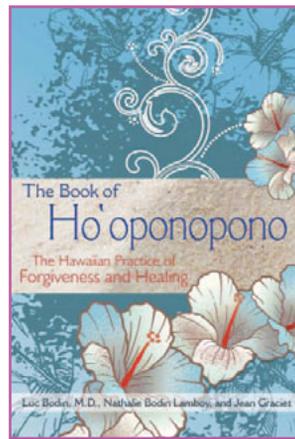
In a return to Multidimensional consciousness we make multiple realities available to experience and learn from. As we raise our individual energetic signatures we impact the human collective and ultimately take our place in the greater macrocosm affecting Ascension throughout the Universe.

The Avatars, Grace Elohim – Redeemer of Souls, and Archangel Ariel – Creator of Worlds, have returned, under Divine Directive, to gather the lost souls of Atlantis and return them home to Source.

"Hail, Traveler. This is your Clarion Call. I have waited for you. You grew weary from the battle and dozed too long in the sun. Now you are awakened by a thundering storm. Have you have forgotten your covenant?"

— GRACE ELOHIM

Alison David Bird will be lecturing at the NEWLIFE Expo on Saturday, March 19 at 11am.



Secret Medicines From Your Garden Plants For Healing, Spirituality, And Magic

By Ellen Evert Hopman

INNER TRADITIONS / BEAR & COMPANY

www.innertraditions.com

Weaving together ancient wisdom, mystical folklore, and modern plant research, master herbalist Ellen Evert Hopman explores the many uses of flowers, trees, common weeds, and ornamental plants for food, medicine, spiritual growth, and magical rituals. She reveals the herbal lore surrounding each plant, drawing on traditional knowledge and remedies from around the world, including Native American, Celtic, and Egyptian traditions. She includes recipes throughout so you can make medicines from wild and domesticated plants easily found in yards, forests, meadows, and hedgerows, and she discusses what to plant to ensure you have leaves, berries, and flowers all year.

The author reveals how to quickly intuit an unknown plant's properties using the signatures of plants--universal indications and contraindications based on the form, color, and location of a plant. She includes an in-depth section on honey and Bee Medicine, allowing you to appreciate the labors of these plant-dependent insects. Exploring the magical role of herbs in ancient ritual, Hopman provides recipes for Egyptian temple incense and their sacred medicine known as "Kyphe" or "Kaphet," used to purify the body, banish insomnia, and promote vivid dreaming. She explores shamanic Plant Spirit and Animal Spirit Medicine as well as herbal astrology. She also explains the "triangle" formula-making system of her herbal mentor William LeSassier to help you develop custom herbal remedies tailored to a person's unique strengths and weaknesses.

Showing how to easily incorporate wild plants into your life to receive their healing benefits throughout the seasons, Hopman reveals the power of the bounty that Mother Nature has provided right at our doorstep. Secret Medicines from Your Garden is a book that I will recommend to all of my friends who are into plants and magic. This is definitely my new favorite plant medicine book.

— MERIKAH ROBERTSON



Elka Boren
Shamanic Healing



The work of Panama shaman healer Elka Boren exemplifies the dimensional shift people are seeking at this time. Gifted since childhood with innate spiritual abilities – studying and being initiated by Master healers from India and Ireland – Elka holds the space for divine beings and frequencies to enter her workshops, sessions and readings. These ascension energies disintegrate stagnant emotional density, even ancestrally, from individuals and groups.

Elka offers chakra cleansing, channeled messages, home, office and land clearings, Rising Star and Prema Birthing Initiation and Training. As subtle & physical blocks are removed in all her services, healing and greater well-being occur. There is a mystical dimensionality to Elka's work – and her honesty & compassion make her presentations compelling & life-transforming.

(607) 345-9642 infoelka@unityangelhealing.com
www.UnityAngelHealing.com

MARCONICS

SPIRITUAL ALCHEMY &
MARCONICS HEALING
SEMINARS

LEVEL I & LEVEL II
MARCONIC 'NO-TOUCH'
PRACTITIONER CERTIFICATION

APRIL 15, 16 & 17,
LONG ISLAND, NY
\$650.00

NEWLIFE EXPO - NYC

Speaker

Alison David Bird C.Ht.
"Galactic Human 3.0"
Saturday 3/19, 11 a.m.



Available at selected bookstores or at:
www.Marconics.com

Internationally Acclaimed Sandy Young

Angel Talk

Over 10,000 Professional Readings Since 1994

Angelic Reading Special

\$55 One Hour

Reg Price \$100



Remote Viewing, Sound Frequency Healing, Radio/TV,
Soul Retrieval Healing, Workshops, Pattern &
Attachment Removal, Healing & Retreat Center & More

Join Angel Talk for Live Radio Wed Evenings
7:30 to 8pm - Archived Shows Available Anytime @
www.AngelTalkRadio.com

1-800-860-6605 or 1-304-567-3354

Website - www.angeltalktv.com

Email - sandysangeltalk@aol.com

R By Mas Sajady

enowned healer and transformation catalyst Mas Sajady is taking part in the New Life Expo in New York City this March in an effort to continue his mission of helping as many people as possible elevate their lives.

His special abilities allow him to tap into a higher intelligence and share the knowledge of how to live a beautiful authentic life. Mas works at the core vibrational level to create dramatic life changes in health, wealth, relationships and spirituality. "Change your frequency, change your life," Mas shares on a daily basis to tens of thousands of people worldwide through online and in-person meditation and healing events.

Mas creates these powerful changes for people because of unique abilities gifted to him after two life-altering near death experiences.

His first NDE occurred in his early twenties when he was crushed in an industrial accident while at work in a warehouse. Suddenly he realized he was looking down from above at his body, and he ascended to a higher plane. However it was not his time, and upon returning to the physical world he noticed immediate changes in his perception of reality. This first NDE gave him abilities to sense future events in the lives of others, and he could see the physical, mental and emotional issues within them. Mas then went on to spend the next twenty years building a successful business and becoming a father to 6 beautiful children, including two sets of twins. During a vacation to Belize with his family, his second near-death experience occurred. As they tubed down a river in the rainforest, he was sucked into an underwater cavern and



Change Your Frequency, Change Your Life



pinned far below the surface. After fighting to escape for as long as he could he left his body yet again, ascending into a higher realm where he discovered being limitless. He connected with the timeless knowledge of the Universe, which he calls Exponential Intelligence or EI for short.

He awoke later on the rocks with no idea how he had gotten there. He had survived another journey beyond this world, and now had powers he could no longer deny; Mas can see the frequencies that make up bodies, minds and spirits, and can edit people's personal vibration to help them tap into the energy that creates our world.

When people are connected with their core energy at such a deep level, they can access EI and transform their lives dramatically and instantly. Everyone is capable of achieving EI fulfillment on their own, but Mas empowers people to connect with these higher energies in a faster and more efficient manner. By working with him, people can be guided quickly to create a life in total alignment with who they really are so that they feel secure and powerful within themselves the abundance that's naturally and rightfully yours."

Mas shares his gifts with the world in many unique ways. He has a powerful meditation he calls Medi-Healing that combines the proven benefits of meditation with potent healing frequencies to change participants' core vibrational blueprint, enabling them to transform their lives into 360 Degrees of Abundance. Medi-Healing can be experienced through his popular 21 Day Medi-Healing program, as well as the many other audio products available on his website. It can also be felt in person at any of his worldwide live events.

Mas emphasizes the importance of being totally self aware within one's own body, and frequently shares the reminder to "notice what

you notice." He explains that appreciating the fine details within your body and surroundings accelerates your ability to transform your reality. He calls this full-spectrum transformation '360 Degrees of Abundance,' and people swear that in as little as five minutes working with him their lives change forever.

Some Testimonials:

"So I just wanted to say that since Mas' forum on business success in September, I have gotten an almost \$90,000 raise," raves 40 year old Naunie Maddox from Austin, Texas.

"Each time I listen to Mas' podcast (Exponential Intelligence) I experience more disconnection from my pain body and go into higher realms," reveals 26 year old Vaibhavi Patel from San Francisco, California.

"I was lying in the hospital immobilized with multiple fractures and found it (the 21 Day Medi-Healing) did help accelerate my healing process," praises 44-year-old Dr. Jaqueline Hobbs from Somerset, United Kingdom.

"My once 'dusty' relationship with my wife has completely renewed itself," exclaims 56-year-old Jay Wagner from Santa Barbara, California.

Mas gives the credit for these positive changes to the people themselves and explains, "We are all created with the instincts to be abundant in all ways. It's our birthright. I just help reconnect you to

For more information on Mas and his work, visit his website at www.mas-sajady.com and sign up for his newsletter to receive two free gifts.

Mas is coming to the NEWLIFE Expo in March 2016 as both a speaker and participant. Register for the Expo at www.newlifeexpo.com

At last! Real reversal of eye & vision problems with nutrition & integrative therapy.

Dr. Benjamin Clarence Lane
Nutritional Optometrist
Fellow, American College of Nutrition



With 6 degrees from major universities, including 3 from Princeton and Columbia, Dr. Lane, offers 31 years clinical and research experience in nutritional optometry. He is the widely reported researcher-author-nutritional optometrist who discovered the importance of the trace-mineral chromium, the chromium-to-vanadium ratio, and the B-complex vitamin "folate" in the prevention and reversal of nearsightedness, the regulation of pressure inside the eye, the energy equations of eye focusing, and the enzymes that prevent and reverse floaters.

Dr. Lane and his supportive staff will help you to SEE to your maximum potential and will help you stay focused for life.

Call now to arrange a consultation or to schedule an appointment for your first preventive nutritional optometry exam!

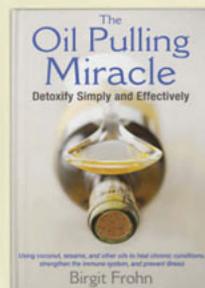
MEDICARE & MANY INSURANCE PLANS ACCEPTED

NUTRITIONAL OPTOMETRY ASSOCIATES
Call (212) 759-5270 or (973) 335-0111

Offices in Manhattan & New Jersey
NY OFFICE: 425 Madison Ave., 8th floor (corner of 49th St.)

EMAIL: Dr.Lane@NutriOptom.com

WEBSITE: www.NutriOptom.com



The Oil Pulling Miracle

Detoxify Simply and Effectively
Birgit Frohn

Using coconut, sesame, and other oils to heal chronic conditions, strengthen the immune system, and prevent illness

\$12.95 • ISBN 978-1-62055-327-5

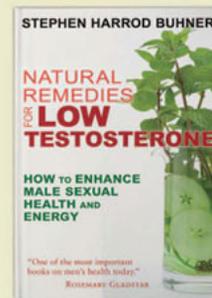
Natural Remedies for Low Testosterone

How to Enhance Male Sexual Health and Energy

Stephen Harrod Buhner

How to maintain optimum testosterone levels for the male body through the use of herbs, nutritional supplements, and diet

\$14.95 • ISBN 978-1-62055-504-0



INNER TRADITIONS
BEAR & COMPANY

Over 1,500 titles for the Mind, Body, and Spirit

InnerTraditions.com • 800-246-8648 •

The Frightening Unspoken Cause of the Dementia Epidemic

By Robert H. Sorge, N.D. Ph.D
DOCTOR OF NATUROPATHIC MEDICINE SINCE 1964

Dementia has increased exponentially in America. It has caught the orthodox medical profession flat-footed. They don't know what to do! The drugs that they prescribe cost over \$3,000 a month and they simply don't work.

There are lots of scary situations in The American Orthodox Drug Care System. For instance, superbugs are the end result of unrestrained, mindless, and promiscuous use of antibiotics. The frightening epidemic of over-fat people, the increasing of heart disease despite the universal lowering of cholesterol, the amazing number of people that come down with shingles (thanks to the chicken-pox vaccine given to children), the increasing number of those who have become invalids (thanks to prescription drugs), and the dangerous policy of vaccinations all accurately demonstrate the result of our modern drug care medicine.

The scariest of all is the drastic increase of people with memory loss, dementia, Alzheimer's, and neurological (brain) problems due to our nervous system's damage. What is causing this health care disaster? Ask the drug medical profession and they will tell you it is in your genes or some other gobbly-goop explanation while dementia has increased 50% in the last 5 years.

Unspoken Cause Exposed

Vaccinations, Junk Foods, and Prescription Drugs are the unspoken causes.

The fact remains; there is a connection between dementia and prescription drugs and the ever-increasing number of vaccines that are laden with brain and nerve toxins. The list of so-called prescription drugs that can cause memory loss is endless.

What your doctor never tells you is that when you take more than one drug at a time, your memory loss becomes multifarious not by the number of drugs but by a factor of ten and vaccines are far worse. If anyone brings up the drug prescription or vaccine connection the medical propaganda system is immediately triggered. You are labeled a charlatan or quack or unscientific. The charade continues not only unabated but expands.

Ten Steps to Preventing Memory Loss

1. Avoid unnecessary drugs over the counter, prescription, psychotropic, and recreational.
2. Say NO to so-called immunizations, vaccines, and the so-called "flu-shot".
3. Follow your NO-NO Food List STRICTLY.
4. Weight Train and Cardiovascular exercise Daily.
5. Stop guessing or trying to be your own nutrition Doctor. Get yourself nutritionally tested and personally evaluated through blood, urine, hair biopsy, saliva, iridology, and the Naturopathic Doctor's 1001 Nutritional

Assessment Questionnaire. Uncover your exact nutritional needs and address them immediately.

6. Follow your personal nutritional plan exactly and as directed.
7. Take your nutritional supplements after each meal religiously for 6 months and then reevaluate.
8. Reduce stress, anxiety, fear, and worry in your life.
9. Maintain a good outlook on life, which includes P.M.A (Positive Mental Attitude).
10. Make time for daily prayer, giving thanks to the Lord. This suggestion should be first and for most in your Total Health Program.

Be Aware: We are Living in a Medical Police State

I thought I would never see the day when the state would do everything in its power to annul our religious rights and force us to vaccinate our children. This is exactly what happened recently in California, Bill SB 277 has been approved. It has already been used as the foot-in-the-door. The next step is to force vaccinations on everyone in the United States. What happens if you stand up for your moral and religious rights by not permitting them to inject you with cow mucus, horse urine, and monkey pus? California is the lead state. The Gestapo just got started. Criminal penalties are written into the law. Refuse to be injected with aluminum, lead, cadmium and other brain and nerve toxins and you could go to jail!

So why not just get shot up and forget it? After you are drugged, after all, the druggers and political world never would mandate anything that would harm you, would they? Lucky, for all of us, we don't have to listen to the medical propaganda of how safe and effective vaccines are or to the so-called scientific arguments. The fact remains; there is no real science behind vaccines, antibiotics, or drugs. They are not safe. They are not effective. All drugging is toxic to the human body. You can easily do your own research these days and find out for yourself just how damaging vaccines and drugs are. The U.K. government paid out over \$100,000,000 to people who suffer from Narcolepsy created by the Flu Vaccine to fight the made up flu pandemic.

Remember the flu pandemics of the past: Swine flu, bird flu, H1N1, and many more. Each one was supposed to wipe out half the world's population. The truth was that the 'pandemic' part of the story was made up to sell the vaccines under the guise of science. This nasty little brain damage side effect, narcolepsy, can be brought on at any time. You can fall asleep anywhere and at any time and is a permanent condition for life. Welcome to the new world of medical science, medical vaccines, and the medical police state. It is already here and expanding.

Dr. Sorge will be lecturing at the NEWLIFE Expo.

Holographic Medium

From Light Worker to Light Portal

It is time for Light Workers to step up and become Light Portals. There is too much unnecessary pain and suffering on this planet. A Light Portal channels a much higher frequency made of Peace, Love, Joy, and Freedom and consequently serves humanity better and faster.

I, and all the light workers I trained into becoming Holographic Mediums and Light Portals, are the living proof that our 5 senses life experience in a holographic reality comparable to a fake "matrix" designed to deceive humans into believing that they are separated from everything else around them.

We need enough people on this planet to awaken to the fact that what most people call "reality" is actually an illusion. For that to occur, you have to quickly realize that "we are not human beings having a spiritual experience. We are spiritual beings having a human experience."

The Light Portal helps accomplish this goal in two primary ways

1. Remote Soul Alignment: From a distance, a properly trained Light Portal can use benevolent forces to open a vortex and identify and remove low frequencies that are blocking the individual from achieving their true soul purpose. All that is required is a text from the patient with a photograph and first name.

2. Holographic Mediumship or "technically" speaking Quantum Transfigurational Mediumship is a powerful, ground-breaking new form of mediumship certain to have an immediate, transformation effect on the recipients. Holographic mediumship sessions successfully release two of the most powerful fears from the human psyche: the fear of no life after death and the fear of being alone. To conduct a session, the individual sits in front of a Light Portal and after about 2 to 5 minutes, physical changes in the Light Portal begin to appear. Progressively, the Light Portal's face (and sometimes the whole body) will get blurry and will disappear, allowing the face of your departed loved ones, spiritual guides, or universal forces of the light (Archangels, Angels, Ascended Masters, and benevolent aliens) to appear in a partial or full physical form to deliver an empowering message for personal and spiritual growth.

While many spiritually-minded individuals are aware of the power of spirit in our lives, the experiences of a Light Portal provide greater proof of the spirit world in ways that are hard for the ego to deny. Participants in Light Portal sessions will fully understand that they are multidimensional, eternal, immortal, infinite, beautiful beings made out of infinite love. They are not what the ego and fear-based entities would like them to believe.

Since the explosion of the ET/UFO phenomena in 1947, speculation about alien intrusion on planet Earth has been rampant. Half a dozen theories dominate the debate, but there is one theory that seems to prevail, based on my spiritual experiences over the past 40 years, as well as



the more recent experiences as a holographic medium.

Interestingly enough, in 1945, French scholar Jean Doresse identified the Nag Hammadi find in Egypt as a cache of rare Gnostic texts. Gnosis ("inner knowing") was a path of experimental mysticism in which the initiates of the mystery schools explored the psyche and the cosmos at large. The wisdom of the Gnostics is unique in that it includes a full-blown explanation of how inorganic alien beings came to be present in our solar system.

The Nag Hammadi material contains reports of visionary experiences of the initiates, including first-hand encounters with inorganic beings called Archons which are predatory, unlike other non-human and other-dimensional beings whom the Gnostics say are benevolent or neutral toward humanity.

Once you achieve that higher state of self realization, the Archons won't be able to deceive you. They cannot compete against the universal life force.

You also should know that Etheric Archons are very allergic to a few things.

First to the energy of Love, especially to Love between a man and a woman. When they see a happy couple, they want to destroy the Love between them.

Second, they are allergic to healthy sexual energy. They suppress this energy in the human population, and when they are not successful in suppressing it, they pervert it. The Light Portal Teachings will empower you by showing you what a healthy sexual life is.

Third, they are allergic to energies of positive ET civilizations and energies of the Ascended Masters. They try to suppress, distort and manipulate these energies whenever possible. The Light Portal Teachings (using the holographic mediumship) will connect you, without distortions, with positive ET civilizations and energies of the Ascended Masters and teach you on how to maintain and strengthen these special relationships with your positive spiritual guides.

The Light Portal Teachings will help you create a higher state of self realization from which you vibrate a lot closer to your spirit. You then emanate more peace, love, joy, and a sense of freedom. You are progressively freeing your consciousness from the illusionary holographic reality called "matrix of separation."

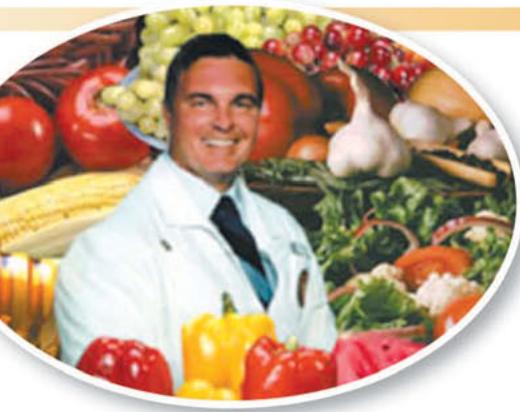
After 40 years of experiences and research, I finally found a way to real freedom and true happiness and published it in a book called Holographic Medium, from Light Worker to Light Portal, volume 1: Introduction. More books will be published fairly soon. The goal is to improve the light workers ability to shatter the Archon matrix by learning how to restore and maintain spiritual integrity for your own sake and for all of humanity.

Feel free to ask Antoine The Light Portal any questions, check out the book and the website at: www.antoinethelightportal.com or Text: 301-768-7374

Antoine The Light Portal will be lecturing and exhibiting at the NEWLIFE Expo.

By Antoine The Light Portal
HOLOGRAPHIC MEDIUM

Nutrition Testing and Personal Health Evaluation



“I can help you!”

Robert H. Sorge, N.D., Ph.D.
Doctor of Naturopathic
Medicine Since 1964

Robert H. Sorge, N.D., Ph.D. has transformed the lives of over 100,000 men and women since 1964. Proper testing through the Blood, Urine, Silva, with Hair Biopsy. Iridology and the Naturopathic Doctor 1001 Nutrition Assessment Questionnaire takes all the guess work out of your personal nutritional needs. Replacing them with an exciting and revealing 50 page computer read out and step by step comprehensive professional consultation with Dr. Sorge that enables us to address your exact nutritional needs with naturopathic detoxification, natural foods, raw juices and a powerful and specific healing food supplements based on your individual bio-chemistry. 🍏

Finally! Scientific Nutritional Support for:

- Diabetes
- Excess Body Fat
- Heart Health
- Fatigue
- Losing Libido
- Circulation Problems
- Depression
- Anxiety
- Bone Health
- Memory Challenges
- Nervous Exhaustion
- Skin Problems
- Premature Aging
- Cancer
- Digestive Problems
- Constipation
- Sleep Problems

Call Dr. Sorge, Doctor of Naturopathic Medicine since 1964



208 Third Avenue • Asbury Park, NJ 07712
Call Now! 732-775-7575
FREE Phone Consultation
www.abundalife.com

“I have come that ye may have life and have it more abundantly.”

– John 10:10 –

The Martial Arts of Wellness

THE WARRIOR MENTALITY FOR RAPID HEALING

By Sifu Matthew

MAGNETISM, POSITION AND HEALING

It can heal rapidly through the laws of physics and science. It absolutely can. Your sciatic-nerve-impingements and prolapsed organs and chronic inflammatory conditions as well as unbalanced nervous systems, collapsed arches, infected uteruses, and much more, can be shifted as quickly as turning your head to the left and rotating your foot to the right.

These are the laws that govern our universe of constant creation and de-structuring. Every move you make connects you to an electro-magnetic field that is creating with elements that harmonize with that field. Diseases are forms and shapes that are being re-created right now through the position and shape you hold within yourself.

By changing your shape and form and knowing how to align with the exact forces that are the healers for that condition your body will do what it needs to find its optimal state of wellness automatically.

The power to heal and live with more ease versus to struggle with misalignments can be shifted by changing your position. Literally, where you stand, the direction you face and your conscious interaction with the elements and forces around you will create a physical/chemical response that can either heal you or harm you.

I have seen thousands of people recover rapidly from chronic injuries that have tried many modalities and had little or no results. I have personally healed ALL of my injuries that were considered irreparable by surgeons and caused constant pain for decades, all through applying a new way of using the Martial Arts. Broken ankles with bone spurs, cluster headaches, twisted pelvises, chronic organ infections, they can be healed using the precise science that is creating them!

MARTIAL ARTS FOR WELLNESS

This wisdom and understanding of electro-magnetism, elements and healing came to me through 44 years of training in the Martial Arts. While moving



through many positions, counter positions and forms and sensing another's position, I became hyper-aware to the magnetism of their body and the forces that were creating balance or imbalance within them. These forces themselves -- called elements -- comprise all matter and are in fact shapes and forms that induce different types of motion-cycles through our personal elements.

The warrior trains himself for an infinite potential of movements that activate creative (not destructive) forces to enhance internal power to deal fearlessly and calmly with each circumstance that presents itself. The warrior learns to harness power of these elemental forces in order to re-shape the unruly elemental forces that are not operating within the universal codes of healing and harmony.

The warrior, shifting his shape in the face of adversity, to manage or overcome the unruly elements, without losing his own force to that element, is the fundamental action in sustaining life and is the primary principal of the martial arts. It is the same for healing. To heal we must first stabilize ourselves and be willing to look at our unruly elements, engage them and be willing to embody the new and precise electromagnetic position needed to overcome or dissolve them. Where there is immobility, healing cannot occur and disease will flourish.

Sifu Matthew lectures and teaches his system of Electromagnetic Healing for healers and doctors. He teaches Kung Fu in Manhattan and conducts private and group healings worldwide. For more information: www.electromagnetichealer.com, www.facebook.com/ElectromagneticHealer, www.instagram.com/electromagnetichealer, twitter.com/Emagnetichealer, or email info@electromagnetichealer.com.

Sifu Matthew will be lecturing and exhibiting at the NEWLIFE Expo.

The SHIFT to the 5TH Dimension



Rev. Christopher Macklin, Ph.D.

ately, you may have heard whisperings of such ideas as: Global shift in consciousness - Spiritual transformation – Ascendance - Dimensional shift.

Yes, this great shift is underway, and it is creating a thinning of the veil between dimensions as humanity undergoes a transcendence of unprecedented proportion. This evolution of consciousness has been taking place for a long while, but is currently speeding up, causing increasing numbers of people to awaken.

This awakening is occurring simultaneously with a raising of vibrations so that individuals are able to recognize the truth of reality and process the falseness of the world they have been living in. As this awakening process takes hold, each individual finds his consciousness raised as he becomes aware of his place in the universe, the nature of his purpose, and the perception that he is part of a new humanity. Awakening is not always an easy process, and for some it can seem confusing and overwhelming. It is important to recognize that what is happening to you is a great blessing, and to move ahead with the knowledge that you are here as a divine being, not a slave to a system which controls and manipulates you at every turn.

The rate that each individual transcends will vary, while some may transcend in this lifetime and others may not. Transcend to what you may ask. Where am I and these other individuals going? To a higher dimension.

A dimension exists in its own time and space and yet it is located right where you are now. Earth as we know it exists in the third dimension. This 3D world is a learning center. Our lessons and experiences here are meant to advance our spirituality with the assistance of our individual free will. The first, second, and fourth dimensions are also learning centers.

TRANSCENDING TO THE 5D UNIVERSE

This third dimension is ruled by money and by how much you have. The 3D world is not one of expanded consciousness, nor one of empathy, nor one of faith. We may find ourselves sympathizing with someone's plight, volunteering for charity, or donating funds and goods. But do we really believe that all human beings are worthy of the same financial remuneration as we are? No, most don't. We live in a pecking-order system where certain jobs are considered lower than others, and those who make reams of money are deemed more worthy than those who don't. In the chain of command, money is at the top, and spiritual, humane consciousness is at the bottom.

There are those outside this third dimension who are helping humanity overcome these issues and the circumstances we find ourselves in. There are

Starseeds who have incarnated here to educate and lift the vibration, and high level-teachers known as Ascended Masters are here to help. There are many working with humanity from esoteric, extraterrestrial, and interdimensional realms, toiling to restore balance to a planet dangerously out of alignment. There are tools, prayers, symbols, frequencies, and sacred structures to help us. But the lifting of our consciousness is in the end up to us, a task to be mastered by each individual on their own.

HIGH VIBRATIONAL FREQUENCY

This high vibrational frequency is affecting each living thing on this planet and mother earth herself. Our bodies, minds and spirits are shifting as our consciousness becomes more perceptive and lighter. Old paradigms are no longer working as we suddenly hunger to say good-bye to unfulfilling relationships or dead-end careers. There's a reason you want to leave that marriage, friend, or job, beyond what may be obvious to you. The reason is, you are changing. What was once good enough, just isn't working anymore. You are stuck and feeling it, gathering the energy to change things.

You come to learn the pursuit of money on its own end is a drudgery, an undesirable course of action. Petty feelings of victimhood, jealousy and deprivation are trivial. If you don't already know this you soon will.

As the earth shifts on its axis a new paradigm is emerging for those who make the effort to transcend. This paradigm operates out of a place of unconditional love, forgiveness and faith. This is a much higher frequency than that of the 3D world. Welcome to the 5D Universe.

Excerpted with permission from Divine Transcendence, by Rev. Christopher Macklin, Ph.D.

Rev. Christopher Macklin, Ph.D., is a powerful channeling medium and healer from England who utilizes Divine Healing techniques. Christopher is able to heal many people simultaneously and is the author of Dissolving the Enigma of Divine Healing and Divine Transcendence.

Christopher Macklin will be lecturing and exhibiting at the NEWLIFE Expo.



Organic, Odor-Neutralizing And Disinfecting Spray

INGREDIENTS: A blend of essential oils, non-ionic emulsifiers and antioxidants. No alcohol (ethanol) is present. Indeed, said product is organic; meaning that, there are no petrochemicals and/or cancer-causing chemicals used in the manufacture.

BEN JOHNSON INDUSTRIES

- ♦ **CELLULAR:** (302) 290-7090
- ♦ **WEB SITE:** www.organicproduceclub.com
- ♦ **E-MAIL:** benjohnson3000@gmail.com

MULTI-PURPOSE STUDIOS AVAILABLE

3 LOCATIONS IN MANHATTAN

- MEETINGS
- CONFERENCES
- PRESENTATIONS
- REHEARSALS
- CLASSES

MAIN LOCATION
36th St. and 8th Ave.
(Near Penn Station)

MID-TOWN LOCATION
56th St. and 8th Ave.
(Near Columbus Circle)

UPPER WEST SIDE LOCATION
72nd St. Between Columbus
and Amsterdam

www.RipleyGrier.com • (212)799-5433



Tooth Loss Is Detrimental To Your Life

By Alex Shvartsman
DDS, ND, MAGD, IBDM, AIAOMT

Missing a front tooth may be emotionally devastating, but missing even one back tooth creates silent havoc on your health. As the number of missing teeth increase, so do diseases and risk of death. Here are just a few of the recent scientific findings: Tooth loss increases your risk of stroke and heart attack, both deadly as well as debilitating diseases. Tooth loss also increases your risk of rheumatoid arthritis, a painful and crippling disease. If you are missing 5 or more teeth your chance of pancreatic cancer is increased by 20%. People without teeth live 10 years less than those with teeth.

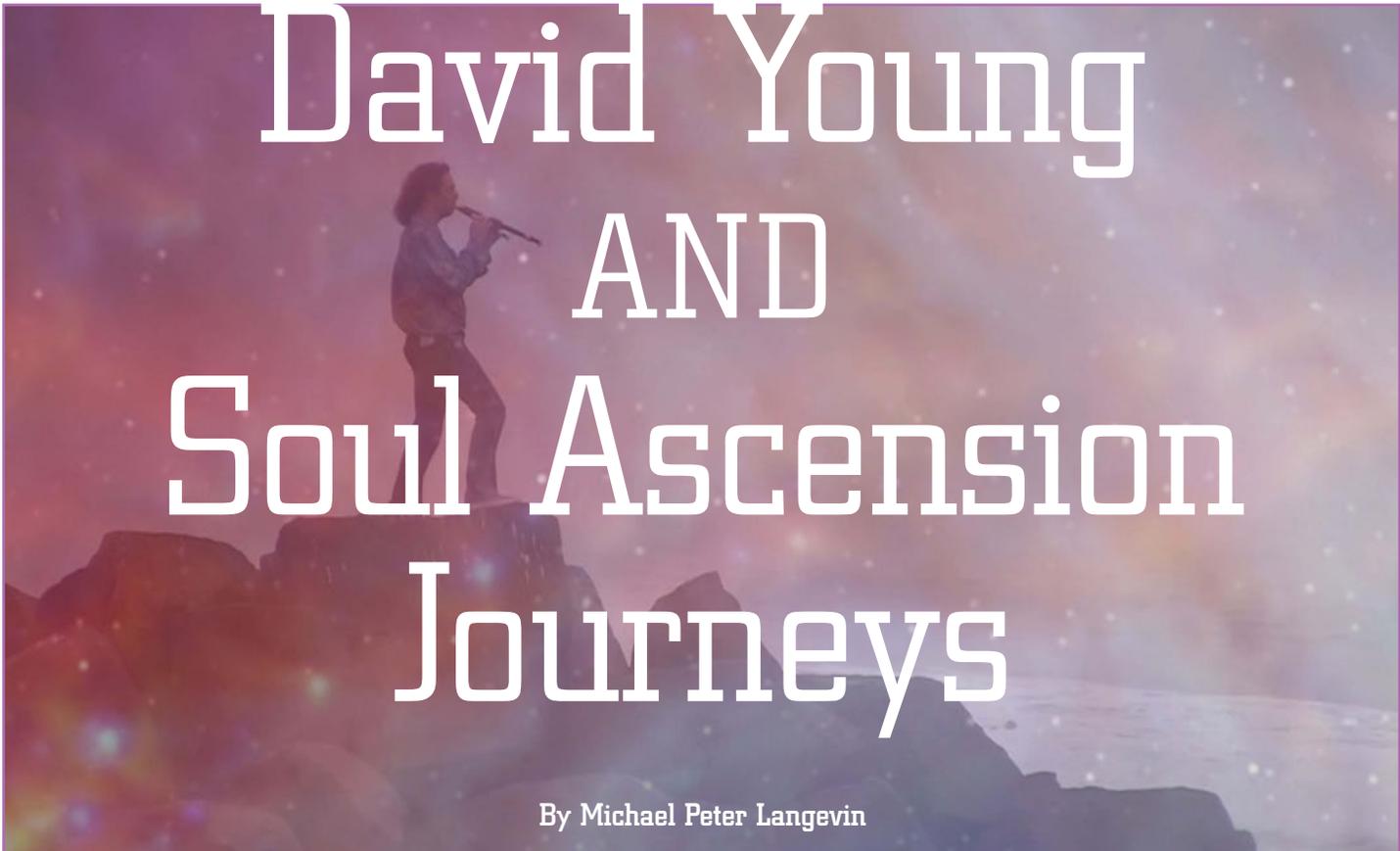
The reason for these associations, are both obvious and yet undiscovered. If you think about it, digestion begins in the mouth. It is of no surprise then, that improperly chewed food has a devastating and far-reaching impact on our health. Food that is not properly chewed may not be fully processed resulting in eliminating half-chewed food and robbing your body of vital nutrition. The digestive tract constantly works overtime trying to digest unnaturally large chunks of unchewed food. Poor nutrition combined with increased stress on the body leads to diseases, suffering, misery and early death. This is not an opinion; this is according to the latest peer reviewed research.

In view of this information, it seems obvious that preserving your natural teeth for your entire life should be one of your life pursuits. , along the lines of eating healthy, exercising, and being happy. Sadly, the odds are against us. Today our teeth have to survive longer that any time in human history simply because we are living longer! This trend will continue, especially with the healthy conscious community, like the readers of this article. The 1800s' techniques, still taught as the standard of care in all American dental schools, worked when you died in your 30's or 40's. They may not be the best choice for people living well past their hundreds!

The cheapest way is with a removable partial denture. (sometimes incorrectly called a "bridge," which we will define next) The advantage of dentures is that for one fee you get all of your teeth back. The disadvantage is that dentures are the least efficient and least comfortable when chewing your food. A bridge is the next best option. For a bridge you need teeth on either side of the missing space. Those teeth are drilled down to stumps to receive a conventional crown. A fake tooth is fused to the crowns making a tooth bridge. While a bridge feels like your teeth, it requires destroying your healthy teeth in the process. It also puts additional extra burden on the remaining, increases the chances for root canals and tooth loss.

The best choice are Dental Implants, which are free-standing artificial teeth. Dental implants restore each individual tooth or multiple teeth without damaging any of your natural teeth. With proper maintenance and home care dental implants should last a lifetime. The Center for Healthier Dentistry offers biocompatible titanium as well as no-metal Zirconium dental implants. With our 3-D scan, computer guided surgery, ozone disinfection and a holistic approach to dental care, having dental implants is comfortable, safe, predictable and convenient. Improve your health by replacing your missing teeth today! Create Happiness,

Alex Shvartsman, DDS, ND, MAGD, IBDM, AIAOMT, is the director of Long Island Center for Healthier Dentistry in Smithtown, NY. Dr. Shvartsman will be lecturing at the NEWLIFE Expo.



David Young AND Soul Ascension Journeys

By Michael Peter Langevin

I attended a 'Soul Ascension Journey' recently, where most of the audience had strong spiritual experiences and many had visions of the Ascended Masters. I could touch the energy in the room, and see the impact on the audience, when they had visions far beyond the expected. The facilitator of the event was David Young. David is a two time Grammy nominee for his lovely flute music. He uses his music and leads guided spiritual journeying exercises, which act as catalysts to bring people to states where they can experience amazing things.

In just over a year, David has presented over 150 "Soul Activation Journeys" around the country. The soothing music of his flutes, along with inspired, guided spirit journeying, lead most participants at the events to what they report as the most profound spiritual experience of their lives. Over the recent months the energy at these events has increased and 80 per cent of event participants now experience encounters with the greatest spiritual teachers through time, these visions being unrelated to the participants religious upbringing, or current beliefs.

At David's events hundreds of people have seen Jesus, Buddha, Mother Mary, Lao Tzu, or Lady Quin Yin. Experiences that people describe running the gamut from deep emotional healings and being shown the heavenly worlds, to encounters that are slightly humorous.

I had a talk with David about his thoughts of what is happening at his events. He said that:

"I couldn't count how many people have shared that their experience with one of the Ascended Masters was not what they thought it would be and how 'normal' it felt. The Ascended Masters actually prefer to be called 'teachers' because we are all masters of our own fate. They are not masters over us. We have the free will to grow or not to grow. They consistently show people that they are accessible and reachable and they are not about the pedestals that mankind created in their names. Those man-made pedestals have only made them seem out of reach to the ordinary person so there would be a need for the religions of the world."

I asked David how it came about that all these important religious figures started showing up for people at his events. He recalled a very important incident,

"It was strange for me when about a year ago three people at an event all saw Jesus standing in the same spot in the room. My logical mind did not know how to handle this because I didn't know that was possible. Then Mother Mary started showing up apparently because she and Jesus were friends." David smiled when he said this and continued " Then Buddha, Lao Tzu, Lady Quan Yin and Gandhi started showing up."

I was of course curious about the fact that these Ascended Masters don't seem to discriminate according to the religious or spiritual background of the event participants. David explained how he sees it,

"Our lower world, small picture logic tend to make us think that they must be in competition in heaven because the religions of the world act like they are in competition to get more followers but since they are all about love, unity, sharing their spiritual knowledge, wisdom and healing, and all have looked to and ascended towards the same source of goodness, what we call God or the creator, they are all on the same team and working towards the same common goal of peace, understanding and oneness."

If people can communicate directly with what was once seen as the privilege of religious and spiritual leaders. What is it that happens at the 'Soul Activation Journeys' that makes this come about? David feels that all people have this capacity naturally, and that he is simply the catalyst, " I help people allow the shift from the limited, logical part of our self, to our unlimited higher intelligence part, our higher self. Our Soul has access to information and experiences that our logical lower part does not have access to. We have all heard that we only use a tiny capacity of what our brain is capable of. I help people access that sacred part of themselves through what I've learned, and by lifting the vibration of the room with my music."

David feels one of the most important messages that the Ascendent Masters have brought through is that they are reachable and accessible to anybody. They will share their wisdom and love if we only reach out to them.

David Young will be appearing at the NEWLIFE EXPO in NYC on March 18-20 and in Palm Beach on April 16-17. To pre-register go to www.NewLifeExpo.com., For more information about David Young go to his website: www.davidyoungmusic.com.



THETAHEALING NYC

Heal Your Body. Create Your Life. Change Your World.

Experience the POWER of ThetaHealing®

The team at ThetaHealingNYC is spectacular. They are highly skilled healers and compassionate, patient teachers...they've helped me to work through some of my most difficult trials and tribulations and provided me essential tools to resolve them on my own.

Hanson Tse, Founder
WAMBI Exploration

Strengthen your healing abilities and achieve a more successful practice by becoming a certified ThetaHealer®

YOUR INVITED TO A
FREE
THETAHEALING CIRCLE
TUESDAY, APRIL 5TH
6:30 PM

.....
BECOME A THETAHEALER
CLASS BEGINS
APRIL 29TH
3 DAY WORKSHOP

ThetaHealing® is a DYNAMIC and SIMPLE technique that accesses the Energy of All That Is to create REAL physical and emotion changes.

To book a session, class or to learn more, visit

ThetaHealingNYC.com



ERIC



SARAH



TARA

thetahealingnyc.com • info@thetahealingnyc.com
212.260.5727 • 1133 Broadway at 26th St, #1107 NY, NY 10010
facebook.com/thetahealingnyc.com @thetahealingnyc

PROFESSIONAL PROFILES

COLON THERAPY



Intestinal Cleansing and Detoxification with Kiva Process

JoAnne Greylen Asher, Director

Colonic Irrigation at its finest; disposable accessories, triple-filtered hyperactive oxygenated water; Kiva process, a new method that biologically cleans for greater detoxification and purified through ultraviolet sterilization.

Intestinal cleansing may eliminate years of accumulated toxic wastes and stop the unnecessary recycling of poisons that build up in the large intestine. Diluting toxic load may reduce stress on the liver, allowing greater functioning of the eliminating organs. The quality of water used is particularly important in this process.

It is Kiva processed to become soft and carries balanced electrolytes in conjunction with negative ions. The PH is balanced into a more natural state.

Clean – Safe – Painless

- Nutritional Counseling
- Ear Candling
- Gluten Intolerance
- State of the Art Hyperactive
- Candida Diet
- Parasite Cleansing
- Oxygenated Steam Sauna

The use of a sauna should be part of any detoxification program. The sauna increases the eliminative, detoxifying and cleansing capacity of the skin by stimulation of the sweat glands and also promotes healthy

skin tone and texture due to increased blood circulation.

- Relaxes and Loosens Muscles, and Oxidizes Toxins
- Stimulates Vasodilatation of Peripheral Blood Vessels
- Eliminates Bacterial and Viral Infections of All Kinds
- Speeds Up The Metabolic Processes of the Inner Organs and Endocrine Glands resulting in a loss of 200-450 calories in a 20 minute session

JoAnne Greylen Asher combines her twenty eight years of study in colon therapy, homeopathy, Reiki, polarity, herbiology, reflexology and massage, and brings to you a personal and comprehensive approach to well being.

Medical doctor on premises.

If you would like more information about colon therapy please call:

JoAnne Greylen Asher, Director
New York Health and Synergy, Inc.
 825 Seventh Ave. Lower Level Suite
 NY, NY 10019 (between 53rd & 54th Streets)
 TEL. 212-582-6400 FAX. 212-582-6404
www.newyorkhealthandsynergy.com
 Providing unsurpassed service since 1986
 Featured in *The New York Times* 911 list

DENTISTS

STEINWAY NATURAL DENTAL

with



Dr. Ana Balica

Holistic & Cosmetic Dentistry

Mention NewLife and get \$50 Off your first Dental Treatment. including periodontal (gums) and oral cancer screening. My patients receive very high quality service and the most affordable fees in NYC. I have 20 years of experience and can help you to save your natural teeth. I'm an accredited Member of the International Academy of Oral Medicine and Toxicology.

My patients enjoy a warm and friendly environment, where they can easily discuss their oral health concerns. I take the time to explain WHY treatment is needed and use a special camera to SHOW it to the patient!

I am experienced with patients who are very nervous and can quickly help them become more comfortable. I receive many referrals from friends and family of delighted patients, after receiving treatment at my office. I truly offer

a personalized approach, where you are not just a number.

In addition to being a "mercury-free" and "mercury-safe" office, I believe in the use of hypoallergenic and non-carcinogenic materials. I follow the Dr. Hal Huggins Protocol, including nutritional and detoxification support.

My practice offers a clean and modern setting, offering many advanced services in addition to Holistic dentistry. Cosmetic, Invisible Braces and "metal-free" crowns, just to name a few. To protect your health, I always exceed the ADA sterilization guidelines.

Insurance plans welcome, interest-free financing available.

31-49 Steinway Street, Astoria, NY 11103
 (R & M train to Steinway subway station)
718-545-7175 www.drbalica.com

DOCTORS



I can help you!

Robert H. Sorge, N.D., Ph.D.
 Doctor of Naturopathic Medicine Since 1964

Nutrition Testing And Personal Health Evaluation

Represents 50% of the cure of any health problem according to Hippocrates the Father of all Medicine.

Abunda Life's unique nutrition testing is not available from your regular doctor or local hospital.

The testing combines the latest scientific breakthrough in laboratory blood analysis with the most detailed symptoms questionnaires developed to date.

21st century computer technology provides 50 pages of computer data explaining your exact nutritional needs.

Definitive nutritional recommendations are made with a personal protocol base on your individual bio-chemistry.

- Uncover the hidden cause of your health problems
- Discover your exact nutritional needs

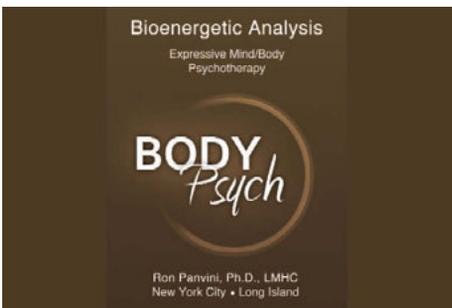
- Learn if your cells are oxygen deficient
- Discover the foods you need to avoid
- Discover the foods you need to eat
- Special profile available to reveal your exact hormonal needs

• Profile available to catch diabetes, heart disease, cancer and Alzheimer's years in advance of an official diagnosis.

Abunda Life Medical Nutritional Testing Clinic
 208 Third Ave. Asbury Park, NJ 07712
 (Steps to the Ocean and NYC bus stop)

Call Now for Free Phone Consultation: **732-775-7575**
 Or pre-recorded information message
 Visit our Website www.AbundaLife.com

PSYCHOLOGY & THERAPY



To get what we want in life we must move beyond the limits of our history. We need to change in mind and body. When we do so, we alter the course of our lives and create the chance for embodying new possibilities. Bioenergetic Analysis is the in-depth, mind/body psychotherapy that goes beyond words to help us fulfill our deepest dreams.

- inhibition, social phobia
- anxiety, depression
- career issues
- relationships, communication
- artistic issues
- self-expression, public speaking, performing, writing

I've been in private practice since 1988 with current offices on Manhattan's Upper West Side and in Nassau County, Long Island. I am a Doctor of Clinical Psychology, a NYS Licensed Mental Health Counselor and a Certified Bioenergetic Therapist. The integration of my extensive performing arts background with my clinical training and years of experience has deepened my understanding of human expression enabling me to help others find resolution and healing for a broad range of problems.

Ron Panvini, Ph.D., LMHC
Certified Bioenergetic Therapist
212-595-4952
www.bodypsych.com