

**Healing South Florida**

# NEWLIFE

**Expo for Rejuvenation and Enlightenment**

**FEBRUARY 24 & 25, 2018**

**Two Days of Natural Health & Enlightenment**

**PALM BEACH CONVENTION CENTER**

**West Palm Beach – Florida**



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Dr. Robert Young



Brian Clement



Mark Becker



Here II Here



Gail Thackray



Jill Dahne



Dr. Joel Wallach



David Young

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Lecture Saturday 4pm ROOM 2C  
Lecture Sunday 3pm ROOM 2A

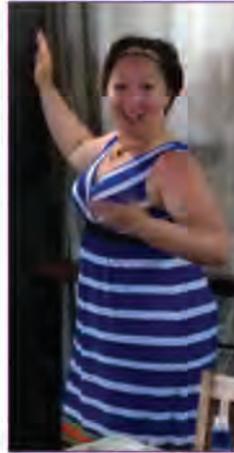
Lecture Saturday 5pm ROOM 2C  
Lecture Sunday 4pm ROOM 2A

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# The Dark Side of Fasting, The Bright Side of Fat-Burning

By Kat James

When the body and brain are truly using fat as their primary fuel, everything (and I mean everything) starts to go right. The hypothalamus of the brain perceives that it is experiencing "times of plenty," which is why hunger is shut off quickly by the fat-burning, "master hormone," leptin. Conversely, in a sugar-burning state (which most Americans unfortunately exist in), one is "wired" for fat storage to deal with a perceived famine. In metabolically-challenged people especially, fasting mimics famine (you are metabolically-challenged if you have gained belly fat, experience energy or mood dips, get up one or more times a night, or use "pick-me-ups" like juice, smoothies, carbs, or caffeine for energy). The photos show what happened to Brittney O'Leary between when she followed my regimen and stopped dieting:



Brittney BEFORE



Brittney AFTER

## Rebound Over-Eating

My own first binge-eating episodes arose out of periods of fasting and calorie restriction. Rebound eating<sup>1</sup> may not happen to people when they fast at first if they are relatively healthy. But it's interesting to note that rodent studies have shown a spike in dopamine levels from a meal, producing a drug-like effect and/or changes in regular feeding patterns after skipped meals or food restriction, including over-eating at the next meal. This didn't happen in mice fed at regular intervals. Now, some experts point out that eating at regular intervals was not possible for primitive man, and therefore, is not natural for us. But I would argue that our compromised metabolisms were not found in primitive mankind either.

Established low-carb, high-fat eaters who achieve the hallmarks of recovered function of leptin (i.e., sudden and pronounced drop in appetite, deepened sleep, steady energy, clearing of brain fog, loss of fat, inflammation, and related fluid, for starters) really don't do famine well, and part of the function of leptin is to sense the scarcity of food. By contrast, sugar-burners (the body will immediately use sugar as its primary fuel after even one gulp of juice, or bite of starch) are set up well for famine and fat storage and do fasting well. And one needn't eat sugar, per se, to be a sugar burner. Starches, alcohol, most fruits, and even caffeine can cause enough rise in insulin (especially as we age) to prevent the countless functions of leptin (search leptin and any issue affecting you to understand its range of regulating affects).

## Calorie Restriction as Nature Intended

As for intentional calorie restriction, primitive man was never designed to purposely deny himself food. Only with recovered leptin function will calorie reduction automatically happen, without hunger, the way nature intended.

By contrast, for those who are not in a fat-burning mode, there can be temporary upsides to fasting, not the least of which is often a break from blood-sugar-spiking, or harmful foods (remember that even natural, whole foods can cause a rise in insulin). Also interesting is that eating a little fat before bed (don't try this if you're not fat-adapted) also improves sleep and fat-burning, again, if you're leptin is functioning.

## Who Can Fast Without Harm?

Finally I've only seen one type of person who has been able to fast without consequence: the healthy, non-metabolically-challenged, naturally-slim, genetically gifted person, whom I sometimes call the "Tarzan type." Now many former Tarzan types think they'll always be a "Tarzan type." But if any fat has accumulated in the belly area, or if you skip breakfast then find yourself going for second helpings at night, you should beware of fasting.

Catch award-winning author, Kat James' NewLife Expo lectures Saturday, February 24 at 4pm and Sunday, February 25 at 10am and find out why she's been called "a master of self-transformation" by SELF magazine in response to her self-guided, stunning recovery from liver, autoimmune, and eating disorders that nearly took her life. Her controversial and pioneering dietary method—now recommended at top neurology, fertility, functional medicine, and even dental clinics—has left countless dramatic success stories in its wake and been featured at top spas and institutions such as Omega Institute and Canyon Ranch, as well as on "Today," Fox, and, PBS among, others. To learn more about her original Total Transformation® Programs (including upcoming Scotland and Florida retreats), visit: [www.informedbeauty.com](http://www.informedbeauty.com)

Lecture Saturday 4pm ROOM 2A

Lecture Sunday 10am ROOM 2B

# PRODUCER'S NOTE



Hello NEWLIFERS,

I am happy to say that the *NEWLIFE EXPO* is returning to West Palm Beach at the Palm Beach Convention Center better than ever on February 24 & 25.

Renaissance Man Entrepreneur, celebrating his 70th birthday with an awesome Celebration Concert with Here II Here, David Young and surprise guests, refreshments and dancing has done it again. *NEWLIFE* has been instrumental in opening up people's minds to all possibilities by bringing experts from around the world in the fields of holistic health, spirituality, consciousness and human potential, showcasing over 100 innovative cutting-edge exhibitors and speakers for over 27 years

For only \$12 (in advance) or \$15 at the door or \$20 for the whole weekend (in advance) or \$25 at the door you will be able to attend three lectures going on every hour for these two days. Some of the keynotes are Dr. Robert Young, Dr. Joel Wal-lach, Brian Clement, Gail Thackray, Brenda Cobb, Kat James, Antoine, and Jill Dahne, Visit the 50 exhibit booths (most of which you will only see at *NEWLIFE EXPO* and sample their products and share their knowledge. Listen to the music and dance performance of Here II Here as you meet thousands of like-minded people.

Take a weekend out of your ordinary life and enjoy an extraordinary world of possibilities. Who knows, you might even fall in love. One thing I can promise is that your life will never be the same. Aren't you worth \$12 for a day or \$20 (in advance) for the whole weekend and explore what may be tomorrow's new healing discoveries?

For preregistration discounts, or to exhibit, or to volunteer go to [www.newlife-expo.com](http://www.newlife-expo.com) or email [mark@newlifemag.com](mailto:mark@newlifemag.com).

And Remember.... It's a NEWLIFE!!!!

Om Shalom

Mark Becker

Mention *NEWLIFE* and receive hotel discounts at the Best Western in Palm Beach Lakes (\$159). This includes transportation to and from the airport and the convention center and continental breakfast. For reservations call 561-683-8810 or go to [www.bestwesternwestpalm.com](http://www.bestwesternwestpalm.com).

# NEWLIFE EXPO

## FEBRUARY 24 & 25, 2018

PALM BEACH CONVENTION CENTER  
WEST PALM BEACH • FLORIDA

[www.NewLifeExpo.com](http://www.NewLifeExpo.com)

EXPO INFORMATION : 516-897-0900

EXPO HOURS

**Saturday & Sunday • FEBRUARY 24 & 25 • 10am-7pm**

**REGISTRATION** : REGISTRATION IS ON THE SECOND FLOOR

**PARKING** : ON PREMISES

**LECTURES, CLASSES, MUSIC, PANEL, SPECIAL EVENTS** : ALL ON SECOND FLOOR.

**PRE-REGISTRATION** : Order tickets early through the website at [NewLifeExpo.com](http://NewLifeExpo.com) to receive discounts, avoid long lines and avoid being closed out of an event. You can pick up your tickets at the Pre-Registration booth.

**LECTURES** : Approximately 45 minutes. FREE WITH DAY PASS.

**PANELS** : Approximately 1 hour & 45 minutes. FREE WITH DAY PASS.

**FREE WORKSHOPS** : Approximately 1 hour & 30 minutes.

**SPECIAL EVENTS** : Approximately 1 hour & 45 minutes. ADDITIONAL FEE.

**SPECIAL HOTEL DISCOUNTS** : Mention *NEWLIFE* and receive hotel discounts at the Best Western in Palm beach Lakes (\$159). This includes transportation to and from the airport and the convention center and continental breakfast. For reservations, call 561-683-8810 or go to [www.bestwesternwestpalm.com](http://www.bestwesternwestpalm.com).

# NEWLIFE EXPO WEST PALM BEACH, FL FEBRUARY 24 & 25, 2018

## PRE-REGISTRATION

PRE-REGISTRATION DEADLINE : FEBRUARY 22, 2018 at 6pm

SENIOR CITIZENS (65 & over)  
and STUDENTS (21 & under) with ID:  
Weekend Pass: \$20 Saturday OR Sunday: \$15 EACH DAY  
Special Events: \$20

**SENIORS MUST REGISTER AT THE DOOR ONLY**

REGISTRATION ONLINE at [www.NewLifeExpo.com](http://www.NewLifeExpo.com)  
or through PayPal at [mark@newlifemag.com](mailto:mark@newlifemag.com)

### REFUND POLICY

All speakers have been confirmed at the time of this printing. The Expo is not responsible for subsequent cancellations. In the unlikely event that a workshop is cancelled or filled to capacity your workshop pass may be used for any other workshop. Doors for workshops close 30 minutes after the workshop begins. Latecomers are not permitted.

### DAY PASS INCLUDES UNLIMITED LECTURES, PANELS, CLASSES, CONCERTS

QTY.	TYPE	COST
___	<b>DAY PASS</b> (SATURDAY OR SUNDAY): \$12 IN ADVANCE (\$15 AT DOOR) ..... \$	_____
	<i>INCLUDES EXHIBIT HALL AND UNLIMITED LECTURES, WORKSHOPS, PANELS, CONCERTS</i>	
___	<b>WEEKEND PASS</b> : \$20 IN ADVANCE (\$25 AT DOOR) .....	\$ _____
___	<b>GOLD VIP PASS</b> : \$70 IN ADVANCE (\$100 AT DOOR) .....	\$ _____
	<i>WEEKEND PASS INCLUDES FRONT ROW SEATING FOR EVERYTHING</i>	
___	<b>GAIL THACKRAY FREE WORKSHOP</b> : Saturday 4pm ROOM 2B \$25 FOR Front Row Seating & Individual Cord Cutting <i>REQUIRES DAY PASS..</i>	\$ _____
___	<b>GAIL THACKRAY SPECIAL EVENT</b> : Sunday 5pm ROOM 2B \$20 (\$25 AT DOOR) <i>REQUIRES DAY PASS</i> .....	\$ _____
___	<b>BIRTHDAY CONCERT BASH CELEBRATION</b> : Saturday 7pm ROOM 2A \$15 (\$20 AT DOOR) <i>REQUIRES DAY PASS BEFORE 6PM.</i> .....	\$ _____

NO REFUNDS — ALL SALES FINAL

TOTAL \$ \_\_\_\_\_

Saturday • February 24 • 7-10 PM

# Mark Becker's 70th Birthday Bash Celebration Concert



**Here II Here David Young**  
IN CONCERT

MUSIC — DANCING — REFRESHMENTS — SURPRISE GUESTS

\$15 IN ADVANCE — \$20 AT THE DOOR — EXPO DAY PASS REQUIRED BEFORE 6PM



PANEL Saturday 2pm room 2A

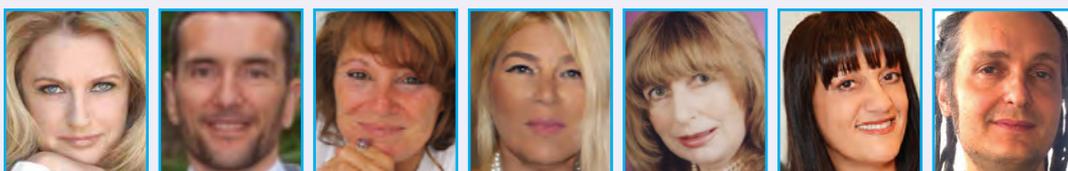


**NUTRITION PANEL**

**Dr. Robert Young, Dr. Brian Clement, Brenda Cobb, Kat James, Dr. Joel Wallach**

You Are What You Eat. Learn about how Nutrition, Superfoods, Raw Foods, Cleansing, Acid-Alkaline Balance and Different Diets affect our emotional physical and spiritual health as our experts discuss how Nutrition has emerged as an alternative and adjunctive therapy for virtually all areas of health care. Learn about how to choose a diet and what supplements to take. The nineties have shown that learning the proper diet and nutrient supplementation is the key to health. Medical research has shown that nutrition is necessary in the prevention and treatment of cancer, heart disease and diabetes. The National Cancer Institute has stated that over 30% of all cancers could be avoided through diet modification and as much as 90% could be prevented if environmental carcinogens are avoided." This is going to be a must see for the health conscious individual given by these leading nutritionists. Remember "You Are What You Eat." This is our most controversial panel.

PANEL Sunday 10am room 2A



**STRANGE UNIVERSE PANEL**

**Gail Thackray, Antoine Chevalier, Lori Spagna, Jill Dahne, Lai Uberuud, Sarah Spiritual, Will-I-Am Ankuphara**

Where are we going and where did we come from? What are the real reasons for the events that are happening on the planet right now. This is a panel you will not want to miss. This is probably the first time that these incredible, unique, intelligent experts have been in the same room together. So come early, hold on to your seats, and enjoy the show as you are going on a ride that you will never forget. Meet and ask questions as Sean Morton, our one in a million emcee with his incredible vision into how we got here and where we are going, Using their psychic abilities, their contacts with alien beings and remote viewing they will help you to change your channel as you begin to understand what is really going on.

PANEL Sunday 5pm room 2A



**GODDESS PANEL**

**Lisa Lumiere, Christopher Barrett, Michelle Alva, Becca Tebon, Terje Kulu, Lourdes Starshower**

This panel explores the many aspects of being a goddess as well as dealing with goddesses in the areas of relationships, leadership roles, sexuality, artistic expression, family, business, friendship, nurturing, compassion love and Spirituality... Conscious men are especially encouraged to attend as they are directly involved in the rise of the goddess!. With the panel of Goddess's you will rediscover and reconnect with your inner Goddess... and learn together how to live as Goddesses. So ladies let our goddesses show you how to open up and reclaim and surrender to the goddess within you and how you can attract the man you deserve to surrender to the goddess within you. So dear conscious men, if you want to open up your inner Goddess and learn how to treat your woman as a goddess so they can treat you as the God u are. Please join us for a blissful and sacred journey.

FREE WORKSHOP Saturday 4pm room 2B



**GAIL THACKRAY**

**Cutting Negative Relationship Cords**

We create cords with anyone significant in our life. These can be good cords but they can also be negative. A difficult relationship of any nature is a sign of negative cords that have anchored and attached and can make you quite sick. Sometimes good cords can get strangled by negative black cords which cause distrust, jealousy, fear and anger in our relationships. Sometimes cords are attached to old negative patterns which cause career problems and financial issues. Cords can hold us to our past and can even be rooted in past lives. Gail is a psychic medium able to not only see these cords but dissolve and remove them bringing healing in your relationships and release from the past. Discover cords that are holding you back. Releasing negative cords can cause impressive results. Learn cutting cord techniques you can use on yourself and your loved ones. Gail will perform cutting cords for everyone

**VIPs will sit in the front rows and will receive an individual cord cutting from Gail.**

FREE WORKSHOP Sunday 11am room 2B



## DR. ROBERT YOUNG

### *Beliefs Contro; Genetics*

The pH Miracle of Love, The "placebo effect" is in reality the perception or belief effect. Your beliefs and those of your care-takers are implanted on the anatomical elements or the intelligent physical beings that make up your genetics and all living cells. Our beliefs effect our behaviors! These behaviors require electron energy at the genetic and cellular level powered by the universal power of love. The scientific equation is as follows: feelings <=> thoughts <=> love <The power of the gut brain and the head brain is causing many of the changes in the health or sickness of the human body. If you believe, the 'placebo effect' takes over and increases the effectiveness of any health or fitness protocol by up to 80%. What YOU believe does matter and can make the difference in achieving your goals - whatever they MIGHT BE. Power your beliefs with love and watch pH Miracles take place in your life. Learn during this workshop how to alter your destiny (Genetics).

FREE WORKSHOP Sunday 12pm room 2C



## CHRIS MACKLIN

### *Divine Healing Experience*

Enter the God space and experience the power of Divine Healing with renowned British healer Christopher Macklin. Prior to the group healing, Christopher will explain how Divine Healing works, how Angelic Beings assist him with Esoteric Operations, how he utilizes Tachyon energy, and how negative energies, earthbound spirits, and manipulations can affect one's health. He will also show you how to keep your vibrational level up, and how to re-energize your food to maximize its nutritional value. All attendees will receive Christopher's powerful healing from the ultimate dimension.

SPECIAL EVENT Sunday 5pm room 2B



## GAIL THACKRAY

### *Calculate Trauma Dates To Heal Yourself & Others*

Learn to pin point actual dates when an energy block or karmic issue first started for you or your client. Sometimes issues start in our early childhood, sometimes we are not consciously aware of them and some actually start in past lives. These affect us for many lifetimes until we finally absorb the lesson and release the karma. Determining the starting point helps you to understand the origin and receive a permanent release. This workshop is for people already doing healing work as well as total beginners. You will learn to become a medical intuitive and read energy. Learn to feel and sense energy blocks and to read the messages that they hold for your client. You will be working with a pendulum time line grid and communication cards. For professional psychics and readers this is a tool that your clients will love. All attendees will receive an individual psychic opening attunement to become a medical intuitive and receive messages from spirit.

FREE WORKSHOP Sunday 5pm room 2C



## ANTOINE CHEVALIER

### *Holographic Meditation*

Antoine Chevalier is the living proof that we do live in a Holographic Universe. Antoine is a world-renowned psychic medium (Japan, France, Peru). He is your unique mediator between you and the spirits of your departed loved ones. He breaks free from the holographic matrix creating the illusion of separation. After two minutes of staring in his eyes, you will be able to SEE the face of your departed loved ones projected right in front of his face. He will share with telepathic communications from them. Antoine will show you how holographic mediation is done. You will experience a profound shift that will strengthen the connection with your own spirit.

# EXHIBITORS

EXHIBITOR	BOOTH NUMBER
<b>ACU-WELLNESS GROUP</b> ..... <b>table</b> CBD clinic products and promotion for acupuncture and wellness services. Acuwellnessgroup.com 561-557-6556	
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<b>CHRIS MACKLIN MINISTRIES</b> ..... <b>101</b> Christopher Macklin born in Chester, England, is a powerful Melchizedek Being from the Infinite Dimension. Chris is also a channeling medium and healer, utilizing Divine Healing techniques cultivated through Divine knowledge from God and the spirit world for over 30 years. His new book: Dissolving the Enigma of Divine Healing, is now available on Amazon.com www.christophermacklinministries.com	
<b>CRYSTAL TONES - CRYSTAL BOWLS</b> ..... <b>107</b> Visit our Crystal Tones Temple, the crystal sound oasis and vibrational heart of the NewLife Expo. Our Alchemy Crystal Singing Bowls are the highest frequency transformative tools today. Join with our Crystal Bowl Master Alchemists, clothed in white to support peace, as they introduce you to your own alchemy crystal singing bowls. Contact: info@crystaltones.com, 800.358.9492/801.486.6833 Fax 801.463.2617 Website : www.crystalsingingbowls.com www.facebook.com/crystaltones	
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<b>LIVING FOODS INSTITUTE</b> ..... <b>212</b> Living Foods Institute. Since 1999 Living Foods Institute has helped thousands of people create optimum health with organic raw and living foods, cleansing, and emotional healing. Their Programs teach how to naturally heal the mental, emotional, physical and spiritual self. www.livingfoodsintstitute.com 800-844-9876.	
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**SEE and TALK to your spirit guides and  
deceased loved ones**  
Through holographic mediumship

# THE Light PORTAL

*Antoine's face disappears, allowing your spirit guides  
to appear in front of you*

**Other Services:**

- ✧ Channeling
- ✧ Merkaba Reiki
- ✧ **RSA or Remote soul alignment** (txt your photo and first name  
to Antoine and your frequency will be raised and your life will change,  
Donation based)
- ✧ Spiritual Path Coaching
- ✧ Metaphysical Training
- ✧ Sacred Geometry

## **ANTOINE**

Holographic Medium

(301) 768-7374

[www.light-portal.com](http://www.light-portal.com)

[www.holographicmedium.com](http://www.holographicmedium.com)

Radio interview: <http://tobtr.com/s/7549353>

Lecture Sunday 12pm ROOM 2A

Free Workshop Sunday 5pm ROOM 2C

# SPEAKERS

**ALVA, MICHELE**  
Goddess Panel Sunday 5pm.....ROOM 2A

**ANKUPHARA, WILL-I-AM**  
Lecture Saturday 6pm.....ROOM 2A

**BARRETT, CHRISTOPHER**  
Goddess Panel Sunday 5pm.....ROOM 2A

**BROTHERTON, JOSH & NADINE MUHAMMAD**  
Lecture Saturday 10am.....ROOM 2B

**CAPPELMAN, ERIKA**  
Lecture Saturday 11am.....ROOM 2A

**CHEVALIER, ANTOINE**  
Lecture Sunday 12pm.....ROOM 2A  
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**CLEMENT, DR. BRIAN**  
Lecture Saturday 1pm.....ROOM 2A  
Lecture Sunday 1pm.....ROOM 2A

**COBB, BRENDA**  
Lecture Saturday 4pm.....ROOM 2C  
Lecture Sunday 3pm.....ROOM 2A

**DAHNE, JILL**  
Lecture Saturday 3pm.....ROOM 2B  
Lecture Sunday 3pm.....ROOM 2B

**FEILONG, QI**  
Lecture Saturday 2pm.....ROOM 2B

**GODDESS PANEL**  
Sunday 5pm.....ROOM 2A

**GOODGOLD, PETER**  
Lecture Saturday 11am.....ROOM 2B

**HADLEY, ANNETTE**  
Lecture Saturday 2pm.....ROOM 2C  
Lecture Sunday 2pm.....ROOM 2C

**HERE II HERE**  
Birthday Concert Saturday 7pm.....ROOM 2A

**HESS, SHARI**  
Lecture Saturday 11am.....ROOM 2C

**HOLMES, JANE**  
Lecture Saturday 5pm.....ROOM 2C  
Lecture Sunday 4pm.....ROOM 2A

**JAMES, KAT**  
Lecture Saturday 4pm.....ROOM 2A  
Lecture Sunday 10am.....ROOM 2B

**KULU, TERJE**  
Goddess Panel Sunday 5pm.....ROOM 2A

**LUMIERE, LISA**  
Goddess Panel Sunday 5pm.....ROOM 2A

**LUPITO**  
Lecture Saturday 12pm.....ROOM 2C

**MACKLIN, CHRIS**  
Lecture Saturday 12pm.....ROOM 2B  
Free Workshop Sunday 12pm.....ROOM 2C

**MARK BECKER BIRTHDAY BASH CELEBRATION CONCERT**  
Lecture Saturday 7pm.....ROOM 2A

**NORMAN, LAURA**  
Lecture Sunday 2pm.....ROOM 2B

**NUTRITION PANEL**  
Saturday 2pm.....ROOM 2A

**PAJUNEN, DR. GRAZYNA**  
Lecture Saturday 1pm.....ROOM 2C  
Lecture Sunday 4pm.....ROOM 2C

**RYAN, JULIE**  
Lecture Saturday 6pm.....ROOM 2B

**SARAHSPIRITUAL**  
Lecture Saturday 1pm.....ROOM 2B  
Lecture Sunday 1pm.....ROOM 2B

**SESSLER, DONNA**  
Lecture Sunday 11am.....ROOM 2C

**SODERMAN, WENDY**  
Lecture Saturday 10am.....ROOM 2C

**SPAGNA, LORI**  
Lecture Saturday 3pm.....ROOM 2C  
Lecture Sunday 4pm.....ROOM 2B

**STRANGE UNIVERSE PANEL**  
Sunday 10am.....ROOM 2A

**TEBON, BECCA**  
Goddess Panel Sunday 5pm.....ROOM 2A

**THACKRAY, GAIL**  
Free Workshop Saturday 4pm.....ROOM 2B  
Lecture Sunday 2pm.....ROOM 2A  
Special Event Sunday 5pm.....ROOM 2B

**UBBERUD, LAI**  
Lecture Saturday 10am.....ROOM 2A

**UTZ, PAUL**  
Lecture Sunday 3pm.....ROOM 2C

**WALLACH, DR. JOEL**  
Lecture Saturday 5pm.....ROOM 2A  
Lecture Sunday 10am.....ROOM 2C

**WYETH, SHARON LYNN**  
Lecture Saturday 6pm.....ROOM 2C

**YOUNG, DAVID**  
Birthday Concert Saturday 7pm.....ROOM 2A

**YOUNG, DR. ROBERT**  
Lecture Saturday 12pm.....ROOM 2A  
Free Workshop Sunday 11am.....ROOM 2B

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*Before*



*After*



*Before*



*After*



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Lecture Saturday 1pm room 2C

Lecture Sunday 4pm room 2C

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<b>Face &amp; Ear Reflexology Certification</b>	July 18, 19, 20 <small>Mon, Tues, Wed: 9am-6pm</small>
<b>Foot Reflexology 1</b>	July 22, 23, 24 <small>Fri, Sat, Sun: 9am-6pm</small>
<b>Foot Reflexology 2</b>	July 26, 27, 28 <small>Tues, Wed, Thur: 9am-6pm</small>
<b>Foot Reflexology 3</b>	July 29, 30, 31 <small>Fri, Sat, Sun: 9am-6pm</small>
<b>Hand Reflexology Certification</b>	August 1, 2, 3, 4 <small>Mon, Tues, Wed, Thur: 9am-6pm</small>



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Lecture Sunday 2pm room 2B

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PAUL UTZ  
The Divine Quantum

Lecture Saturday 12pm ROOM 2C

Lecture Sunday 3pm ROOM 2C



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# Christopher Macklin Ministries

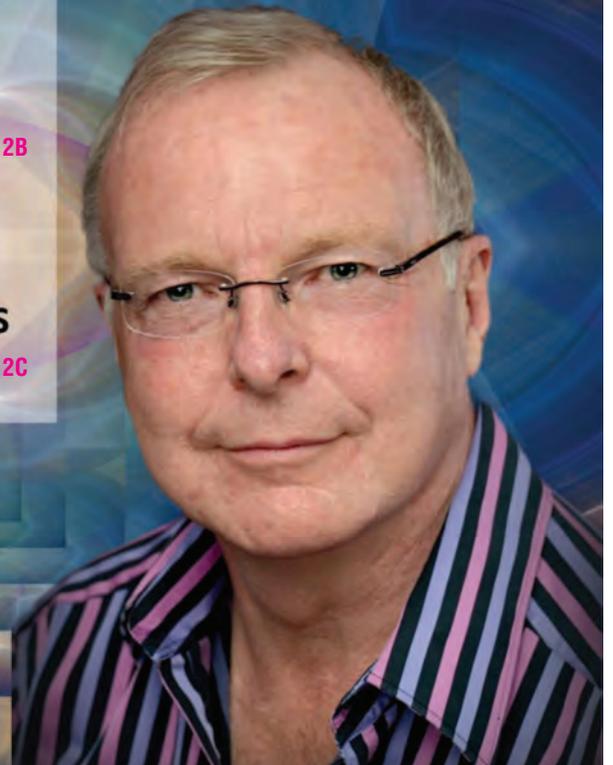
An internationally renowned healer, born in Chester, England. Christopher is a Melchizedek Being from the Ultimate Dimension. Using divinely channeled healing techniques, and wisdom from God and the Angelic Realm he helps people heal their bodies and restore their lives. He has helped thousands of people globally, giving them newfound hope and inspiration.

**Lecture:** "What's Going on in the World"  
Energetic Manipulation, Corruptions,  
Radionics, Lymes, and Morgellons.

Lecture Saturday 12pm room 2B

**Workshop:** "Divine Healing"  
How emotions and manipulations  
effect us, and how esoteric operations  
work.

Free Workshop Sunday 12pm room 2C



# SATURDAY

## FEBRUARY 24

	ROOM 2A	ROOM 2B	ROOM 2C
10 am	Lai Ubberud	Josh Brotherton & Nadine Muhammad	Wendy Soderman
11 am	Erika Cappelman	Peter Goodgoldf	Shari Hess
12 pm	Dr. Robert Young	Chris Macklin	Lupito
1 pm	Dr. Brian Clement	SarahSpiritual	Dr. Grazyna Pajunen
2 pm	NUTRITION PANEL	Qi Feilong	Annette Hadley
3 pm		Jill Dahne	Lori Spagna
4 pm	Kat James	GAIL THACKRAY FREE WORKSHOP	Brenda Cobb
5 pm	Dr. Joel Wallach		Jane Holmes
6 pm	Will-I-Am Ankuphara	Julie Ryan	Sharon Lynn Wyeth
7 pm	BIRTHDAY BASH CONCERT Here II Here David Young		

# SUNDAY

## FEBRUARY 25

	ROOM 2A	ROOM 2B	ROOM 2C
10 am	STRANGE UNIVERSE PANEL	Kat James	Dr. Joel Wallach
11 am		DR. ROBERT YOUNG FREE WORKSHOP	Donna Sessler
12 pm	Antoine Chevalier		CHRIS MACKLIN FREE WORKSHOP
1 pm	Dr. Brian Clement	SarahSpiritual	
2 pm	Gail Thackray	Laura Norman	Annette Hadley
3 pm	Brenda Cobb	Jill Dahne	Paul Utz
4 pm	Jane Holmes	Lori Spagna	Dr. Grazyna Pajunen
5 pm	GODDESS PANEL	GAIL THACKRAY SPECIAL EVENT	ANTOINE CHEVALIER FREE WORKSHOP
6 pm			
7 pm			

FREE LECTURES : 45 minutes

FREE PANELS : 90 minutes

BIRTHDAY BASH CONCERT

SPECIAL EVENTS : 105 minutes

FREE WORKSHOPS : 90 minutes



# Lori Spagna

Best Selling Author, Speaker, Luminary, Visionary

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Ascension, The 5th Dimension & Beyond  
Activating Your Dormant DNA & Dormant Potential  
Our True Galactic & Star Family Heritage  
Energy Healing & Sacred Activations

**Lecture Saturday 3pm ROOM 2C**

### **The Root Cause & The CURE of EVERY Disease**

Discover The Root Causes and The Cures of EVERY Disease ~ What Your Doctor and Health Food Expert Does NOT Yet Know & How YOU Can Heal Every Disease ~ For People & Animals Too

**Lecture Sunday 4pm ROOM 2B**

### **Strange Universe Panel**

Get the latest updates with respect to Ascension and The Shift of Consciousness

**Panel Sunday 10am ROOM 2A**

**FREE with Your Expo Ticket!**

Expand Your Consciousness & Actively Participate in Shifting Global Consciousness & Serving The Greater Good of Humanity.

Ascension Training & Enlightenment for Spiritually Minded Animal Lovers & Awakening Lightworkers, Wayshowers & Starseeds.

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Lori Spagna is a Best Selling Author, Spiritual Teacher, Ascension Guide, Intuitive, Multi-Dimensional Channel, Animal Communicator, Energy Healer, Lightworker and Starseed who has transformed the lives of thousands of humans and animals via her Channeled Ascension Guidance, Intuition, Energy Healing, Sacred Key Code and Dormant DNA Activations and Animal Telepathy & Communication.



**Get 4 FREE mp3 classes** entitled: 'Are YOU a Lightworker and a Starseed?', 'Activate Your Dormant DNA', 'Develop Your Intuitive Gifts', and 'Learn Animal Communication & Telepathy', plus a **FREE** Juicy Living ebook when you join the community at: [www.LoriSpagna.com](http://www.LoriSpagna.com).

LECTURE Saturday 10am room 2A



**LAI UBBERUD**  
*Direct Past Lives*

Lai explains the repetitive patterns in our lives and also why we have certain phobias, likes or dislikes for things, people or places. She also tells about the principles of reincarnation and she will answer questions about reincarnations. She will also give one past life to as many members of the audience as possible and time allows. Lai European Psychic <http://www.laiubberud.com> Winner of the Award for the "Best Psychic of 2005" and the "Best Pet Psychic of 2007" from the Houston Press. Member of the "American Association of Psychics"

LECTURE Saturday 10am room 2B



**JOSH BROTHERTON & NADINE MUHAMMAD**  
*Marconics - The Human Upgrade*

MARCONICS is a multidimensional Ascension energy healing modality, handed down by Spirit, for the evolution of Humanity – The Human Upgrade. The Marconics Energy Healing Protocols bring the client into alignment with Source energy in preparation for merger with multiple aspects of Higher Self, each introducing a higher vibration into the physical body, in a Jacob's Ladder style Ascension process. Learn about its origins, the differences from other healing modalities and more including information on our upcoming Florida practitioner training classes.

LECTURE Saturday 10am room 2C



**WENDY SODERMAN**  
*Embrace Life: Finding Gifts In Adversity*

Join us for a passionate, multimedia presentation as renowned motivational speaker, Wendy Soderman, shares transformational strategies on how you can face adversity with an "Above the Line" optimistic perspective. After participating in Wendy's inspirational talk you will be empowered to face challenges head on and turn them into gifts of wisdom to create your own authentic life journey. Wendy is the Founder of the IDEAL SCHOOL of Leadership in West Palm Beach, FL. Her life story was featured in a documentary with Robert Downey, Jr.

LECTURE Saturday 11am room 2A



**ERIKA CAPPELMAN**  
*Natural Solutions For Your Health & Home*

Using essential oils can be a safe, natural option to protect and maintain your family's health and wellness. Learn about a large selection of natural wellness products for a customizable health and beauty routine that's right for you. I love empowering families to maintain health in a natural way and teach you how to be empowered to use essential oils safely and effectively in your own home and be an advocate for your own health.

LECTURE Saturday 11am room 2B



**PETER GOODGOLD**  
*Healing With Hydrogen Water*

The discovery and documentation of the "healing" and "curative" waters of Nordenau, Germany; Tla-cote, Mexico; and Hita Tenryosui, Japan waters all contain dissolved hydrogen gas. Molecular Hydrogen has been shown in over 500 studies to have positive effects on 100 different human diseases. The antioxidant properties and anti-apoptotic (anti-cell death) activity of molecular hydrogen has finally piqued the interest of the biomedical field. Peter Goodgold, shares the complex healing powers of his "Infinity Hydrogen Water Generator". Attendees receive free gift

LECTURE Saturday 11am room 2C



**SHARI HESS**  
*Rebuild Your Immune System & Take Back The Health Of Your Gut*

There is a new crisis in our food supply that is affecting the health of our guts. Find out what the World Health Organization, The European Union, and California has ruled as being toxic and a known carcinogen which happens to be in 75-80% of our food. If you suffer from any of the following symptoms, the health of your gut could be compromised: chronic fatigue, joint pain, difficulty losing weight, headaches, diarrhea, IBS, brain fog, lack of energy, depression, leaky gut syndrome, acid reflux, constipation, rheumatoid arthritis, diabetes, crohns.

LECTURE Saturday 12pm room 2A



**DR. ROBERT YOUNG**  
*Are Your Thoughts Killing You?*

Your thoughts require energy and when energy is being used acidic wastes from those thoughts are produced. If your acidic waste products from your thoughts are not eliminated through the four channels of elimination (urination, defecation, perspiration and respiration) then these poisonous waste products will be stored in the connective and fatty tissues which can lead to first enervation, then irritation, followed by inflammation, induration (solidification leading to plaque and stones), ulceration and finally degeneration (cancer). Learn more about the 7 Stages of Acidosis leading to ALL sickness and disease.

LECTURE Saturday 12pm room 2B



**CHRIS MACKLIN**  
*What's Going On In The World*

A question many of us ponder throughout our lives is the origin of mankind. How did we get here, where did we come from? Take a look into Creator Gods and Sacred Geometry of Communication. It seems that we are surrounded by forces of negativity at times, what is it that we are experiencing? Why are people in so much fear? Where is it all coming from? And what about our World leaders – how are they all connected? How do Manipulations affect Dowsing & Intuition? What is Time Space Continuum?

LECTURE Saturday 12pm room 2C



**LUPITO**  
*The Crystalline Matrix*

Join this crystalline sound portal of self transformation with Alchemy Crystal Bowl Master Lupito, Founder of Crystal Tones who will be demonstrating Bowl Master techniques and uses of the Alchemy Crystal Bowls. While playing the Rose, Ruby, Diamond, Gold, and Divine Kryon bowls alchemistries we will be activating the light in the liquid crystals of our cells bringing us to a higher state of awareness and bliss for profound healing!

LECTURE Saturday 1pm room 2A



**DR. BRIAN CLEMENT**  
*History Of Life*

The history of life spans from the beginning to our current understanding of how people lived, what they consumed and the way that we can all thrive. For more than 60 years, Hippocrates Health Institute, that Brian Clement has directed since 1980, has utilized lifestyle in the conquest of disease and premature aging. Hundreds of thousands have attended their life transformation program and many achieved miraculous results by adapting man's original diet. Clement will reveal the deep knowledge via clinical research how you can achieve complete health and longevity.s.

LECTURE Saturday 1pm room 2B



**SARAH SPIRITUAL**  
*The Shift: Feel It, See It, Create It*

Have you been working to create change, and nothing's changed? Is this the year you want to make a Shift? In this FREE lecture Sarah Spiritual teaches you to find the missing piece in your manifestation process. Identify your limiting beliefs and the importance of "feeling" your desired manifestation. Learn ways to restructure your self-talk, adjust for conditioned beliefs, feel the exhilaration of a dream life and create the reality. This lecture will include exercises a handout and a meditation.

LECTURE Saturday 1pm room 2C



**DR. GRAZYNA PAJUNEN**  
*Breakthrough In Anti-Aging – Natural Cartilage Regeneration And Wrinkle Removal*

No pain or wrinkles without surgeries, medications or injections. Come learn about Liquid BioCell Collagen and Jusuru, a liquid nutraceutical with a patented primary ingredient called Liquid BioCell Collagen. Jusuru is natural with no additives and preservatives. It is 100% bio-available, highly effective, and safe. This is the only source of collagen and hyaluronic acid that our body recognizes and utilizes as our own. Grazyna Pajunen has a Ph.D. and has 25 years of experience in biomedical research at UCLA and FAU

# Jill Dahne

World Renowned Love Psychic...

Featured Speaker Sat. 3pm & Sun. 4pm



**“Jill Dahne is the #1 Love Psychic in the World”**

— as quoted in the book  
*100 Top Psychics*

Dateline NBC says “Jill is so on target with her predictions, we were amazed.” Sought after Psychic to the Stars, her lifetime of work has catapulted her to World Renowned Fame. Her life was chronicled on Lifetime Television as the #1 Love Psychic for all of the marriages and relationships she has predicted throughout her life, over 1,000 to date. Jill is embedded in *Ripley’s Believe it or Not* as the Most Amazing Teenage Psychic (1977) and has been on Radio and Television since she was 6 years old. Jill’s accurate predictions have been spotlighted around the Globe on Major TV networks such as MSNBC which were “...astonished over the prediction of exact date & time of the capture of Saddam Hussein and the bombing in Madrid.” CBS covered Jill’s “on target” Presidential elections and has been on Court TV for unsolved murder cases and missing children as well as FOX’s yearly Celebrity Love Predictions and ABC with her Super Bowl prediction.

[www.JillDahne.com](http://www.JillDahne.com)

**Mini-Readings at Booth**

Lecture Saturday 3pm ROOM 2B  
Lecture Sunday 3pm ROOM 2B

For Phone Readings or Personal Readings call...

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PANEL Saturday 2pm room 2A



**NUTRITION PANEL**

**Dr. Robert Young, Dr. Brian Clement, Brenda Cobb, Kat James, Dr. Joel Wallach**

You Are What You Eat. Learn about how Nutrition, Superfoods, Raw Foods, Cleansing, Acid-Alkaline Balance and Different Diets affect our emotional physical and spiritual health as our experts discuss how Nutrition has emerged as an alternative and adjunctive therapy for virtually all areas of health care. Learn about how to choose a diet and what supplements to take. The nineties have shown that learning the proper diet and nutrient supplementation is the key to health. Medical research has shown that nutrition is necessary in the prevention and treatment of cancer, heart disease and diabetes. The National Cancer Institute has stated that over 30% of all cancers could be avoided through diet modification and as much as 90% could be prevented if environmental carcinogens are avoided." This is going to be a must see for the health conscious individual given by these leading nutritionists. Remember "You Are What You Eat." This is our most controversial panel.

LECTURE Saturday 2pm room 2B



**QI FEILONG**  
*Energy Healing  
And Kungfu Demonstration*

World renowned Qigong Master Qi Feilong, who was invited to Harvard Medical School to demonstrate Qigong as an alternative therapy, will provide a free demonstration of Qi Energy. Watch how internal healing energy can set newspaper on fire, stop a clock, twist a steel spoon and break chopsticks with a \$20 bill! Whether the concern is ADD, self-defense or total body health, you will learn how Qigong holistic therapies can help to restore and maintain total body health.

LECTURE Saturday 2pm room 2C



**ANNETTE HADLEY**  
*Crap And Creativity:  
Surviving Trauma*

In this interactive and creative session, trauma survivor and thriver, artist, writer, storyteller and nurse Annette Hadley will teach you a little about trauma and a LOT about healing through creativity. Soak up the energy of the stories behind her paintings. Come away encouraged and inspired in your own journey towards optimal health and well-being. Materials include a personal "Hidden Unresolved Trauma" assessment, along with a list of healing resources. Ideal as a precursor to These Ain't Your Mama's Mandalas!

LECTURE Saturday 3pm room 2B



**JILL DAHNE**  
*Love & Relationships*

Listed as the #1 Love Psychic in America, Jill wants to get America back on track with relationships. Most women and men want to have a significant other, but do they know what they are really seeking?\_ Online dating: the pros, the cons and why more people are turning to it. Soul mates: What do you really know about them and do they exist?\_ Share some of my secrets in finding true love. Why good people find bad matches? Jill will answer audience questions and give insights to their current relationship.

LECTURE Saturday 3pm room 2C



**LORI SPAGNA**  
*5th Dimensional Living:  
Vibrating & Aligning With  
The 5th Dimension & Beyond*

Expand Your Consciousness & Actively Participate in Shifting Global Consciousness & Serving The Greater Good of Humanity. Receive Ascension Updates .Learn About The 5th Dimension, The 6th Dimension Through 12th Dimensions & Beyond. Activate Your Dormant DNA and Your Dormant Potential. Hear About Our True Galactic & Star Family Heritage and The Galactic Timeline for Humanity's Awakening.. Align with Your God Self & The Divine Source within YOU! Understand Vibrational Energy Healing, Sacred Activations & Cellular Codes of Awakening for You & Your Animal Companions.

LECTURE Saturday 4pm room 2A



**KAT JAMES**  
*Total Transformation:  
The True "Extreme Makeover"  
For Your Health, Your Looks,  
And Your Life*

Twenty-five years ago, award-winning author Kat James saved herself-and has since helped free countless others-from multiple digestive, autoimmune, metabolic, emotional, addictive, skin, and weight disorders after doctors gave up. Today, we see a tidal wave of scientific research in support of her once-controversial methods. calibration, and doctor-verified outcomes in successfully harnessing the incredible power of the master hormone, leptin. Unlock the key to your own extreme natural makeover-without surgery or suffering-with the woman SELF calls "a master of self-transformation."

LECTURE Saturday 4pm room 2C



**BRENDA COBB**  
*I Healed Cancer Naturally*

In 1999 I was diagnosed with breast and cervical cancer. Doctors said I had to do surgery, chemo and radiation or I would die in six months to a year. I didn't do it! Instead I ate organic raw and living foods, detoxified, cleansed and emotionally healed. In six months I was cancer free and that was 18 years ago. Learn the 5 reasons the body develops cancer and other diseases and the 5 most important things to do to heal and stay healthy all your life.!

FREE WORKSHOP Saturday 4pm room 2B



**GAIL THACKRAY**  
*Cutting Negative Relationship Cords*

We create cords with anyone significant in our life. These can be good cords but they can also be negative. A difficult relationship of any nature is a sign of negative cords that have anchored and attached and can make you quite sick. Sometimes good cords can get strangled by negative black cords which cause distrust, jealousy, fear and anger in our relationships. Sometimes cords are attached to old negative patterns which cause career problems and financial issues. Gail is a psychic medium who is able to see these cords and dissolve and remove them bringing healing in your relationships and release from the past. Learn cutting cord techniques healers can do on their clients or you can use on yourself and your loved ones. Gail will perform cutting cords for everyone. **VIPs will sit in the front rows and will receive an individual cord cutting from Gail. Tickets \$XX, VIP add \$25**

LECTURE Saturday 5pm room 2A



**DR. JOEL WALLACH**  
*Immortality / Immortality /  
Dead Doctors Don't Lie*

Live chronologically to 120 while being biologically 50 years of age! Learn the common and secrets of the top 20 longevity cultures on earth. Learn how to employ high ORAC values, calorie restricted diets the "mighty 90" supplement program and the avoidance of "bad" health practices to add 25 to 50 healthful years to year life! These cultures have one hundred year old pet 250 of their population - Americans have one hundred year old per 10,000 of our population Dr. Wallach will reveal their secrets!!

# Dead Doctors Don't Lie

Live chronologically to 120 while being biologically 50 years of age! Learn the common and secrets of the top 20 longevity cultures on earth. Learn how to employ high ORAC values, calorie restricted diets the "mighty 90" supplement program and the avoidance of "bad" health practices to add 25 to 50 healthful years to year life! These cultures have one hundred year old per 250 of their population – Americans have one hundred year old per 10,000 of our population.



Lecture Saturday 5pm ROOM 2A  
Lecture Sunday 10am ROOM 2C

**Wendy Soderman**

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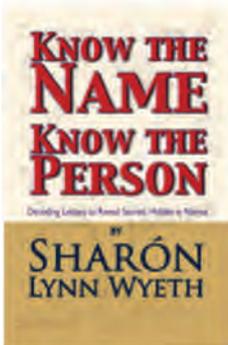
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Lecture Saturday 10am ROOM 2C

# What Does Your Name Say About You?

Does your name shape your destiny? Come find out what your name says about you and how you can use the information hidden in names to connect with others.



**Sharón Lynn Wyeth**  
[www.KnowTheName.com](http://www.KnowTheName.com)

Author of bestselling book "Know the Name; Know the Person" and Creator of **Neimology® Science**

Lecture Saturday 6pm ROOM 2C

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**LECTURE Saturday 5pm room 2C**



**JANE HOLMES**  
*Emotions Can Heal You Or Make You Sick*

There is an emotional reason for the creation of every illness and disease. When the emotional self heals the physical body instantly heals. Sounds easy, but how do you heal your emotional self? Learn how you can heal even the most deep-seated emotional stuff; even if it is buried so deep inside that you don't know what it is or where it is hidden. You can embrace your life with optimum health, prosperity, joy and happiness and create exactly what you want. Learn what emotions are holding you back and how to heal, release, forgive and embrace your full potential every single day.

**LECTURE Saturday 6pm room 2A**



**WILL-I-AM ANKUPHARA**  
*Break the Matrix*

Experience a new level of spiritual transformation with Will I AM (Ankuphara Melchizedek), founder of the Yotolon Mystery School as he decodes the matrix of illusion to reveal humanities highest potentials. Explore a dynamic lecture covering a wide range of metaphysical topics pertaining to the multidimensional nature reality and consciousness. Utilize ageless wisdom to transcend the karmic distortions of negative social programming and activate your ability to succeed current challenges.

**LECTURE Saturday 6pm room 2B**



**JULIE RYAN**  
*Psychic And Medical Intuitive Scans - Live*

Have world-renowned Psychic and Medical Intuitive Julie Ryan get answers for you. Talk with deceased loved ones, get a medical scan or a pet scan, info on a past life, spirit guides and more. Julie can sense what medical conditions and illnesses a person has and facilitate energetic healings. Julie is the author of "Angelic Attendants" and host of the Ask Julie Ryan podcast, heard by millions in over 100 countries throughout the world. [www.askjulieriyan.com](http://www.askjulieriyan.com)

**LECTURE Saturday 6pm room 2C**



**SHARON LYNN WYETH**  
*Know Your Name: Know The Genius In You*

In this fun and exciting program, you will gain the power to access others' personalities and motivations quickly by grasping the gifts and challenges hidden within their names. Plus, when you apply this powerful information, you will make better decisions by knowing yourself better. By giving you the ability to instantly interpret the letters in a name, you'll know what to expect and how to work with people for the benefit of all and will give you the ability to better relate with anyone at any time!

**CONCERT Saturday 7-10pm room 2A**

**MARK BECKER BIRTHDAY BASH CELEBRATION CONCERT**



**HERE II HERE & DAVID YOUNG IN CONCERT**

MUSIC  
DANCING  
REFRESHMENTS  
SURPRISE GUESTS




Meet Annette Hadley, trauma survivor and thriver, nurse, artist, writer, storyteller, teacher, creative entrepreneur and founder/owner of Abundance Art LLC.

Amazon #1 bestselling author of the From Fear to Love book series and Not Your Mama's Mandalas!

Be sure to attend my interactive, creative and fun presentations:  
- Crap and Creativity: learn a little about trauma and a lot about healing through creativity.  
- These Ain't Your Mama's Mandalas: learn how to draw and interpret your own mandalas.

Stop by the Abundance Art booth to say hi, sign up, grab a freebie and buy autographed books.  
Take home your own "Bit of Abundance" 2x3- includes easel!

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YouTube: Abundance Art  
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**Lecture Saturday 2pm ROOM 2C**  
**Lecture Sunday 2pm ROOM 2C**

# Ask Julie Ryan

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Medical Scan  
Pet Scan  
Past Lives  
Spirit Guides  
And more ...**

**Lecture Saturday 6pm ROOM 2B**

[www.askjulieriyan.com](http://www.askjulieriyan.com)

PANEL Sunday 10am room 2A



**STRANGE UNIVERSE PANEL**

**Gail Thackray, Antoine Chevalier, Lori Spagna, Jill Dahne, Lai Uberuud, Sarah Spiritual, Will-I-Am Ankuphara**

Where are we going and where did we come from? What are the real reasons for the events that are happening on the planet right now. This is a panel you will not want to miss. This is probably the first time that these incredible, unique, intelligent experts have been in the same room together. So come early, hold on to your seats, and enjoy the show as you are going on a ride that you will never forget. Meet and ask questions as Sean Morton, our one in a million emcee with his incredible vision into how we got here and where we are going. Using their psychic abilities, their contacts with alien beings and remote viewing they will help you to change your channel as you begin to understand what is really going on.

LECTURE Sunday 10am room 2B



**KAT JAMES**

**Total Transformation:  
The True "Extreme Makeover"  
For Your Health, Your Looks,  
And Your Life**

Twenty-five years ago, award-winning author Kat James saved herself-and has since helped free countless others-from multiple digestive, autoimmune, metabolic, emotional, addictive, skin, and weight disorders after doctors gave up. Today, we see a tidal wave of scientific research in support of her once-controversial methods. calibration, and doctor-verified outcomes in successfully harnessing the incredible power of the master hormone, leptin. Unlock the key to your own extreme natural makeover-without surgery or suffering-with the woman SELF calls "a master of self-transformation."

LECTURE Sunday 10am room 2C



**DR. JOEL WALLACH**

**Immortality/Immortality /  
Dead Doctors Don't Lie**

Live chronologically to 120 while being biologically 50 years of age! Learn the common and secrets of the top 20 longevity cultures on earth. Learn how to employ high ORAC values, calorie restricted diets the "mighty 90" supplement program and the avoidance of "bad" health practices to add 25 to 50 healthful years to year life! These cultures have one hundred year old pet 250 of their population - Americans have one hundred year old per 10,000 of our population Dr. Wallach will reveal their secrets!!

LECTURE Sunday 11am room 2C



**DONNA SESSLER**

**Spiritual Gemology –  
Choosing, Using And Wearing  
Gemstones & Crystals  
Consciously**

Donnareyna will pass around & share many of her gemstones with their healing benefits and specific qualities relating to the rainbow colors. She will lead a chakra meditation beginning with the black grounding crystals and completing with the white ascension stones. Instructions will be given for cleansing and purification of crystals & jewelry (heirlooms & antiques) with the 4 elements. A sacred crystal grid will be set up in the room that can be duplicated anywhere at any time.

FREE WORKSHOP Sunday 11am room 2B



**DR. ROBERT YOUNG**

**Beliefs Control Genetics**

The pH Miracle of Love, The "placebo effect" is in reality the perception or belief effect. Your beliefs and those of your care-takers are implanted on the anatomical elements or the intelligent physical beings that make up your genetics and all living cells. Our beliefs effect our behaviors! These behaviors require electron energy at the genetic and cellular level powered by the universal power of love. The scientific equation is as follows: feelings <=> thoughts <=> love <=> The power of the gut brain and the head brain is causing many of the changes in the health or sickness of the human body. If you believe, the 'placebo effect' takes over and increases the effectiveness of any health or fitness protocol by up to 80%. What YOU believe does matter and can make the difference in achieving your goals - whatever they might be. Power your beliefs with love and watch pH Miracles take place in your life. Learn during this workshop how to alter your destiny (Genetics)

LECTURE Sunday 12pm room 2A



**ANTOINE CHEVALIER**

**Holographic Meditation**

Antoine is a world-renowned psychic medium (Japan, France, Peru). He is your unique mediator between you and the spirits of your departed loved ones. He breaks free from the holographic matrix creating the illusion of separation. After two minutes of staring in his eyes, you will be able to SEE the face of your departed loved ones projected right in front of his face. He will share with telepathic communications from them.

FREE WORKSHOP Sunday 12pm room 2C



**CHRIS MACKLIN**

**Divine Healing Experience**

Enter the God space and experience the power of Divine Healing with renowned British healer Christopher Macklin. Prior to the group healing, Christopher will explain how Divine Healing works, how Angelic Beings assist him with Esoteric Operations, how he utilizes Tachyon energy, and how negative energies, earthbound spirits, and manipulations can affect one's health. He will also show you how to keep your vibrational level up, and how to re-energize your food to maximize its nutritional value. All attendees will receive Christopher's powerful healing from the ultimate dimension.

LECTURE Sunday 1pm room 2A



**DR. BRIAN CLEMENT**

**Sugar, the Kiss of Death**

Sugar is the most addictive substance known to man. Recent research revealed that all forms are 20 times more addictive than cocaine. This substance feeds viruses, bacteria, mold, yeast, fungus, low and high blood sugar and yes; even cancer! Clement's book Sweet Disease will be presented in an enthralling, revealing and eye opening presentation. Hippocrates Health Institute, the center he has directed since 1980, has researched the effect that sugar has on aging and illness and Clement will reveal the shocking truth about this nemesis to life..

LECTURE Sunday 1pm room 2B



**SARAH SPIRITUAL**  
*Power Of The Spoken Word*

The Energy of your words is constantly creating. Understand the importance of your words and thoughts in the manifestation process. Learn how to align your words with the Universal Frequencies and harness the power of the "I AM". This FREE lecture includes powerful decrees and a handout to empower your life with SarahSpiritual.

LECTURE Sunday 2pm room 2A



**GAILTHACKRAY**  
*Guides, Angels & Power Animals*

Angels, guides, power animals & healing spirits. Learn to communicate, to invoke them & ask for assistance. Meet your main guides. Receive tools to communicate with them through objects and signals. Develop your psychic language, get yes/no answers and detailed direction. Travel to the underworld, meet your power animal, and invoke animal medicine for healing and readings. How to call in guides for specific task and the best way to contact guides for healing others.

LECTURE Sunday 2pm room 2B



**LAURA NORMAN**  
*Transform Your Life With Holistic Reflexology*

Ready to transform your life? Discover, and experience, how to reduce stress, increase your energy, and improve your health with Laura's internationally renowned Holistic Method. Laura will show you how your feet are the gateway to regaining your sense of overall balance and well-being. Laura Norman, considered the leading expert in Reflexology worldwide, author of the best-selling book, 'Feet First: A Guide to Foot Reflexology', and an educator with three masters degrees in Education, offers private sessions and Holistic Reflexology Certification Training Programs in The Berkshires, NYC and South Florida.

LECTURE Sunday 2pm room 2C



**ANNETTE HADLEY**  
*These Ain't Your Mama's Mandalas*

In this creative and fun session, trauma survivor and thriver, artist, writer, storyteller and nurse Annette Hadley will lead you through calming breathing exercises with a bit of bubbly! She will then teach you how to draw and interpret your own mandalas, step by gentle step using a technique learned in her trauma recovery. Materials include pen, paper and crayons. The workbook *These Ain't Your Mama's Mandalas* can be purchased as well. You don't want to miss this popular session!

LECTURE Sunday 3pm room 2A



**BRENDA COBB**  
*Raw and Living Foods Heal Cancer*

I completely healed both breast and cervical cancer naturally without using surgery, chemo or radiation. That was in 1999! Learn how I did it and how I have helped others to heal without toxic drugs by using raw and living foods nutrition, emotional healing, cleansing and detoxification. The body was created to heal itself if you give it what it needs! This works and everyone should know about it!

LECTURE Sunday 3pm room 2B



**JILL DAHNE**  
*Love & Relationships*

Listed as the #1 Love Psychic in America, Jill wants to get America back on track with relationships. Most women and men want to have a significant other, but do they know what they are really seeking?\_ Online dating:the pros, the cons and why more people are turning to it. Soul mates: What do you really know about them and do they exist?\_Share some of my secrets in finding true love.Why good people find bad matches? Jill will answer audience questions and give insights to their current relationship.

LECTURE Sunday 3pm room 2C



**PAUL UTZ**  
*Divine Quantum Connection*

Join with *Alchemy Crystal Bowl Master Paul Utz* co-founder of *Crystal Tones*. An exploration of the divine quantum crystalline connection between the universal self and our divine spirit. Explore the unique frequencies of alchemy singing bowls and how they affect the different dimensionalities of our human body, thereby bringing about transformational awareness and quantum healing for truth in our lives. Experience the divinity within you now.

LECTURE Sunday 4pm room 2A



**JANE HOLMES**  
*Emotions Can Heal You Or Make You Sick*

There is an emotional reason for the creation of every illness and disease. When the emotional self heals the physical body instantly heals. Sounds easy, but how do you heal your emotional self? Learn how you can heal even the most deep-seated emotional stuff; even if it is buried so deep inside that you don't know what it is or where it is hidden. You can embrace your life with optimum health, prosperity, joy and happiness and create exactly what you want. Learn what emotions are holding you back and how to heal, release, forgive and embrace your full potential every single day.

LECTURE Sunday 4pm room 2B



**LORI SPAGNA**  
*Discover The Root Cause & The Cure Of Every Disease For You & Your Animals Too*

What Your Doctor and Health experts and Even Nutritionists Don't Know and Can't Tell You.Learn How You Can Heal Yourself, Your Loved Ones and Your Animals including physical, emotional, mental and even 'phantom type' illnesses. Expand Your Knowledge and Wisdom of REAL Health Care & Deepen Your Understanding of Energy, Vibrations, Animal Communication & Telepathy. Lori Spagna is a Best Selling Author, Speaker, Visionary, Lightworker and Starseed

LECTURE Sunday 4pm room 2C



**DR. GRAZYNA PAJUNEN**  
*Breakthrough In Anti-Aging - Natural Cartilage Regeneration And Wrinkle Removal*

No pain or wrinkles without surgeries, medications or injections. Come learn about *Liquid BioCell Collagen* and *Jusuru*, a liquid nutraceutical with a patented primary ingredient called *Liquid BioCell Collagen*. *Jusuru* is natural with no additives and preservatives. It is 100% bio-available, highly effective, and safe. This is the only source of collagen and hyaluronic acid that our body recognizes and utilizes as our own. *Grazyna Pajunen* has a Ph.D. and has 25 years of experience in biomedical research at *UCLA* and *FAU*.

FREE WORKSHOP Sunday 5pm room 2C



**ANTOINE CHEVALIER**  
*Holographic Meditation*

Antoine Chevalier is the living proof that we do live in a Holographic Universe. Antoine is a world-renowned psychic medium (Japan, France, Peru). He is your unique mediator between you and the spirits of your departed loved ones. He breaks free from the holographic matrix creating the illusion of separation. After two minutes of staring in his eyes, you will be able to SEE the face of your departed loved ones projected right in front of his face. He will share with telepathic communications from them. Antoine will show you how holographic mediation is done. You will experience a profound shift that will strengthen the connection with your own spirit.

PANEL Sunday 5pm room 2A



**GODDESS PANEL**

**Lisa Lumiere, Christopher Barrett, Michelle Alva, Becca Tebon, Terje Kulu, Lourdes Starshower**

This panel explores the many aspects of being a goddess as well as dealing with goddesses in the areas of relationships, leadership roles, sexuality, artistic expression, family, business, friendship, nurturing, compassion love and Spirituality... Conscious men are especially encouraged to attend as they are directly involved in the rise of the goddess!! With the panel of Goddess's you will rediscover and reconnect with your inner Goddess... and learn together how to live as Goddesses. So ladies let our goddesses show you how to open up and reclaim and surrender to the goddess within you and how you can attract the man you deserve to surrender to the goddess within you. So dear conscious men, if you want to open up your inner Goddess and learn how to treat your woman as a goddess so they can treat you as the God u are. Please join us for a blissful and sacred journey.

SPECIAL EVENT Sunday 5pm room 2B



**GAIL THACKRAY**

***Calculate Trauma Dates To Heal Yourself & Others***

Learn to pin point actual dates when an energy block or karmic issue first started for you or your client. Sometimes issues start in our early childhood, sometimes we are not consciously aware of them and some actually start in past lives. These affect us for many lifetimes until we finally absorb the lesson and release the karma. Determining the starting point helps you to understand the origin and receive a permanent release. This workshop is for people already doing healing work as well as total beginners. You will learn to become a medical intuitive and read energy. Learn to feel and sense energy blocks and to read the messages that they hold for your client. Then learn to communicate with healing guides to determine when and how these blocks were first formed. You will be working with a pendulum time line grid and communication cards. For professional psychics and readers this is a tool that your clients will love. **All attendees with receive an individual psychic opening attunement to become a medical intuitive and receive messages from spirit.**



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**FREE CONSULTATION**

**Psychic Jessi**

a fourth generation born gifted psychic, and energy reader, discovered her abilities at the age of three when she first started experiencing them. She has an extensive ten year professional career including events for PGA National and breast cancer awareness, as well as being seen on TLC. Specializing in love and relationships, Jessi first works with clients making sure they are ready for the right partnership. She speaks, "it is a soul to soul connection in a relationship, that means you must be ready spiritually for it." Psychic Jessi can tell about the past, present and future of an individual to help guide and develop their spiritual energies. She has traveled around the world to help clients in their need for love and spiritual guidance. Jessi does energy work and Energy attunments, as well as chakra alignments, and has worked with Several Shamans and healers around the world. Located in Boca Raton, FL. Call for "One Free Question!"  
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for quads,  
hamstring  
& glutes

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for shoulders &  
triceps



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for biceps

ARMS



V-SIT:  
for abdominals



AB PLANK:  
for upper  
abdominals

ABS



LOWER  
BACK:  
for lower back,  
neck & shoulders



SEATED  
FORWARD  
STRETCH:  
for hamstrings,  
glutes &  
lower back

BACK



UPPER  
ARM  
MASSAGE:  
for upper  
body



CALF  
MASSAGE:  
for lower  
body

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THE SHIFT: Feel It, See It, Create It **Lecture Saturday 1pm ROOM 2B**

Power of the Spoken Word **Lecture Sunday 1pm ROOM 2B**

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